Breaking News English.com

Ready-to-Use English Lessons by Sean Banville

"1,000 IDEAS & ACTIVITIES FOR LANGUAGE TEACHERS" breakingnewsenglish.com/book.html Thousands more free lessons from Sean's other websites www.freeeslmaterials.com/sean_banville_lessons.html

Level 4 – 12th March, 2019

Dog walking can be harmful for older people

FREE online quizzes, mp3 listening and more for this lesson here: https://breakingnewsenglish.com/1903/190312-dog-walking-4.html

Contents

| The Reading | 2 |
|----------------------|---|
| Phrase Matching | 3 |
| Listening Gap Fill | 4 |
| No Spaces | 5 |
| Survey | 6 |
| Writing and Speaking | 7 |
| Writing | 8 |

Please try Levels 5 and 6. They are (a little) harder.



THE READING

From https://breakingnewsenglish.com/1903/190312-dog-walking-4.html

It is common sense that dog-walking is good for older people. It is a good excuse to get some healthy exercise. Research shows that dog-walking can be bad for seniors. A report in a medical journal says more seniors are getting injured because of dog-walking. Researchers found over 32,000 cases of over-65s suffering fractures after dog-walking. Some injuries were serious and the senior needed emergency surgery.

Researchers advised of possible dangers to walking a dog. They said older adults with weaker bones must think about these dangers. The researchers said just one injury could cause a deadly hip fracture. It could also cause lifelong complications and lost independence. Researchers blamed a "small person/big dog" scenario for many accidents. Big dogs are often mismatched with weak seniors. An elderly dog owner said old people need dogs.

Sources: https://www.**foxnews.com**/health/dog-walking-may-be-hazardous-to-seniors-health-studysuggests https://edition.**cnn.com**/2019/03/06/health/dog-walking-injuries-study/index.html https://www.**sciencedaily.com**/releases/2019/03/190306110620.htm

PHRASE MATCHING

From https://breakingnewsenglish.com/1903/190312-dog-walking-4.html

PARAGRAPH ONE:

- 1. dog-walking is good for older
- 2. get some healthy
- 3. dog-walking can be bad
- 4. A report in a medical
- 5. getting injured because
- 6. cases of over-65s
- 7. Some injuries were
- 8. emergency

PARAGRAPH TWO:

- Researchers advised of possible
 older adults with weaker
 think
 a deadly hip
 It could also cause lifelong
 a "small person/big dog"
 dogs are often mismatched
- 8. An elderly

- a. of dog-walking
- b. surgery
- c. journal
- d. exercise
- e. serious
- f. for seniors
- g. people
- h. suffering fractures

- a. dog owner
- b. scenario
- c. complications
- d. with weak seniors
- e. bones
- f. fracture
- g. dangers
- h. about these dangers

LISTEN AND FILL IN THE GAPS

From https://breakingnewsenglish.com/1903/190312-dog-walking-4.html

It is (1) ______ dog-walking is good for older people. It is a good excuse to (2) ______ exercise. Research shows that dog-walking can be (3) ______. A report in a medical journal says more seniors (4) _____ because of dog-walking. Researchers found over 32,000 (5) -65s suffering fractures after dog-walking. Some (6) _____ and the senior needed emergency surgery. Researchers (7) dangers to walking a dog. They said older adults with (8) ______ think about these dangers. The researchers said just one injury could (9) _____ hip fracture. It could (10) _____ complications and lost independence. Researchers blamed a "small (11) _____" scenario for many accidents. Big dogs are often mismatched with weak seniors. An elderly dog owner said (12) _____ dogs.

PUT A SLASH (/)WHERE THE SPACES ARE

From https://breakingnewsenglish.com/1903/190312-dog-walking-4.html

Itiscommonsensethatdog-walkingisgoodforolderpeople. Itisagoode xcusetogetsomehealthyexercise.Researchshowsthatdog-walkingc anbebadforseniors.Areportinamedicaljournalsaysmoreseniorsareg ettinginjuredbecauseofdog-walking.Researchersfoundover32,000c asesofover-65ssufferingfracturesafterdog-walking.Someinjuriesw ereseriousandtheseniorneededemergencysurgery.Researchersadvi sedofpossibledangerstowalkingadog.Theysaidolderadultswithweak erbonesmustthinkaboutthesedangers.Theresearcherssaidjustonein jurycouldcauseadeadlyhipfracture.Itcouldalsocauselifelongcomplic ationsandlostindependence.Researchersblameda"smallperson/big dog"scenarioformanyaccidents.Bigdogsareoftenmismatchedwithw eakseniors.Anelderlydogownersaidoldpeopleneeddogs.

DOG-WALKING SURVEY

From https://breakingnewsenglish.com/1903/190312-dog-walking-4.html

Write five GOOD questions about dog-walking in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

| | STUDENT 1 | STUDENT 2 | STUDENT 3 |
|------|-----------|-----------|-----------|
| Q.1. | | | |
| Q.2. | | | |
| Q.3. | | | |
| Q.4. | | | |
| Q.5. | | | |

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

| a) | | |
|----|------|------|
| b) | | |
| c) | | |
| d) | | |
| e) | | |
| f) | | |
| ') | | |

Dog walking can be harmful for older people – 12th March, 2019 More free lessons at breakingnewsenglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

| a) | | |
|----|------|------|
| b) | | |
| c) | | |
| d) | | |
| e) | | |
| f) | | |
| | | |

Level · 4Dog walking can be harmful for older people – 12th March, 2019

WRITING

From https://breakingnewsenglish.com/1903/190312-dog-walking-4.html

Write about **dog-walking** for 10 minutes. Read and talk about your partner's paper.