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Level 3 – 3rd April, 2019

Japanese women rebel against high heels

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<https://breakingnewsenglish.com/1904/190403-high-heels.html>

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Please try Levels 0, 1 and 2 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

Women across Japan are fed up with having to wear high-heeled shoes to work. One woman is so fed up that she started a movement to end the requirement for female employees to wear the shoes. The movement has the hashtag KuToo. This is a combination of the Japanese words "*kutsu*" (which means shoe) and "*kutsuu*" (which is the Japanese word for pain). The movement was started by Japanese actress Yumi Ishikawa. She tweeted about her belief that employers in Japan should not require female workers to wear high heels. Ms Ishikawa also launched an online petition. It asks Japan's Ministry of Health, Labor and Welfare to forbid employers from requiring women to wear certain types of shoes.

Ishikawa's tweet is now spreading across other parts of Asia. Many women in China and South Korea have started their own campaigns against having to wear high heels. Ishikawa told TIME magazine: "I thought that if there are so many people who feel the same as me, why not start some sort of movement." Many women supported Ishikawa on social media. They complained about sore feet, bleeding heels, back pain and other health issues. A visually impaired woman in her 20s who has to wear high heels at work said it is difficult for her to keep her balance and not fall over. A recent survey found that over 70 per cent of women working in Tokyo wear high heels to work at least once a week.

Sources: <http://time.com/5548873/japan-kutoo-high-heels-metoo/>
<https://www.nippon.com/en/news/yjj2019022501075/more-women-in-japan-complaining-of-being-forced-to-wear-heels.html>
<https://japantoday.com/category/features/lifestyle/high-heel-requirement-for-japanese-women-at-work-sparks-online-movement>

WARM-UPS

1. HIGH HEELS: Students walk around the class and talk to other students about high heels. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

women / Japan / movement / combination / words / pain / actress / belief / employers shoes / Asia / campaigns / social media / sore feet / heels / balance / once a week

Have a chat about the topics you liked. Change topics and partners frequently.

3. ANYTHING: Students A **strongly** believe people should be able to wear anything to work; Students B **strongly** believe the opposite. Change partners again and talk about your conversations.

4. FED UP: What are you fed up with about these things? Why? What can you do about it? Complete this table and share what you wrote with your partner(s). Change partners often.

	What?	Why?	What Can You Do?
English			
Your town			
Your friends			
The world			
Your routine			
Your looks			

5. HASHTAG: Spend one minute writing down all of the different words you associate with the word "hashtag". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. FOOTWEAR: Rank these with your partner. Put the best footwear at the top. Change partners often and share your rankings.

- high heels
- jogging shoes
- rain boots
- slippers
- sandals
- loafers
- lace-up shoes
- flip-flops

VOCABULARY MATCHING

Paragraph 1

- | | |
|----------------|--|
| 1. fed up | a. A campaign by a group of people working together to change the world. |
| 2. movement | b. Something someone thinks is true or real. |
| 3. requirement | c. The joining of two or more things together. |
| 4. combination | d. A thing that is needed; a necessary condition. |
| 5. belief | e. Angry or upset at a situation or treatment. |
| 6. employer | f. A list signed by many people to ask governments or organizations to change something. |
| 7. petition | g. A person or organization that has people working for them. |

Paragraph 2

- | | |
|-----------------------|---|
| 8. campaign | h. Not being able to see well (or at all). |
| 9. social media | i. An organized course of action to achieve a particular goal. |
| 10. complained | j. Losing blood from a part of the body. |
| 11. sore | k. Being able to stand up straight without falling over. |
| 12. bleeding | l. Said you were unhappy, angry or annoyed about something. |
| 13. visually impaired | m. Painful or aching. |
| 14. balance | n. Websites and apps that let users to create and share things or to join in social networking. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- a. A woman in Japan started a movement against wearing high heels. **T / F**
- b. The hashtag #KuToo is a combination of two Japanese words. **T / F**
- c. The woman is a politician. **T / F**
- d. The woman petitioned Japan's government about employers. **T / F**
- e. The article says the woman's tweet has spread across South America. **T / F**
- f. The woman spoke to TIME magazine about her feelings. **T / F**
- g. The article said women complained about bleeding toes. **T / F**
- h. A survey said women in Tokyo wear high heels at least twice a week. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|-----------------------|------------------|
| 1. fed up | a. opinion |
| 2. movement | b. protested |
| 3. combination | c. prohibit |
| 4. belief | d. mixture |
| 5. forbid | e. circulating |
| 6. spreading | f. tired of |
| 7. feel | g. backed |
| 8. supported | h. questionnaire |
| 9. complained | i. campaign |
| 10. survey | j. believe |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|---|------------------------|
| 1. Women across Japan are fed | a. employees |
| 2. female | b. least once a week |
| 3. the Japanese word | c. types of shoes |
| 4. should not require female workers | d. feet |
| 5. requiring women to wear certain | e. other parts of Asia |
| 6. Ishikawa's tweet is now spreading across | f. her balance |
| 7. there are so many people who | g. to wear high heels |
| 8. complained about sore | h. feel the same as me |
| 9. it is difficult for her to keep | i. for pain |
| 10. wear high heels to work at | j. up |

GAP FILL

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

Women across Japan are (1) _____ with having to wear high-heeled shoes to work. One woman is so fed up that she started a (2) _____ to end the requirement for female employees to wear the shoes. The movement has the hashtag KuToo. This is a (3) _____ of the Japanese words "kutsu" (which means shoe) and "kutsuu" (which is the Japanese word for pain). The movement was started by Japanese actress Yumi Ishikawa. She tweeted about her (4) _____ that employers in Japan should not (5) _____ female workers to wear high heels. Ms Ishikawa also launched an online (6) _____. It asks Japan's Ministry of Health, Labor and Welfare to forbid (7) _____ from requiring women to wear (8) _____ types of shoes.

movement
belief
petition
certain
fed up
employers
combination
require

Ishikawa's tweet is now spreading across other (1) _____ of Asia. Many women in China and South Korea have started their (2) _____ campaigns against having to wear high heels. Ishikawa told TIME magazine: "I thought that if there are (3) _____ many people who feel the same as me, why not start some (4) _____ of movement." Many women supported Ishikawa on social media. They complained about (5) _____ feet, bleeding heels, back (6) _____ and other health issues. A visually impaired woman in her 20s who has to wear high heels at work said it is difficult for her to keep her (7) _____ and not fall over. A recent survey found that over 70 per cent of women working in Tokyo wear high heels to work at (8) _____ once a week.

so
sore
least
parts
own
balance
sort
pain

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

- 1) Women across Japan are fed up with having to wear high-heeled _____
 - a. shoe to work
 - b. shoes two works
 - c. shoes to work
 - d. shoes to works
- 2) One woman is so fed up that she started _____
 - a. a move meant
 - b. a moved meant
 - c. a movie meant
 - d. a movement
- 3) The movement has the _____
 - a. hashed tag KuToo
 - b. hash stag KuToo
 - c. hashtag KuToo
 - d. hash tags KuToo
- 4) Ms Ishikawa also launched an _____
 - a. online petitioning
 - b. online petition
 - c. online petitioned
 - d. online petitions
- 5) forbid employers from requiring women to wear _____ shoes
 - a. certain type of
 - b. certain types off
 - c. certain type off
 - d. certain types of
- 6) Ishikawa's tweet is now spreading across _____ Asia
 - a. other parties off
 - b. other part of
 - c. other parts of
 - d. other parts off
- 7) I thought that if there are so many people who feel the _____
 - a. same as me
 - b. some has me
 - c. sane as me
 - d. same was me
- 8) They complained about sore feet, bleeding heels, back pain and _____
 - a. other health tissues
 - b. other health reissues
 - c. other health issues
 - d. other health issue
- 9) who has to wear high heels at work said it is difficult for her to _____
 - a. have her balance
 - b. reap her balance
 - c. clap her balance
 - d. keep her balance
- 10) women working in Tokyo wear high heels to work at _____ week
 - a. last once a
 - b. list once a
 - c. least once a
 - d. leased once a

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

Women across Japan are fed (1) _____ to wear high-heeled shoes to work. One woman is so fed up that she started a movement to end (2) _____ female employees to wear the shoes. The movement has the hashtag KuToo. This is (3) _____ the Japanese words "kutsu" (which means shoe) and "kutsuu" (which is the Japanese word for pain). The movement was started by Japanese actress Yumi Ishikawa. She tweeted about (4) _____ employers in Japan should not require female workers to wear high heels. Ms Ishikawa also launched (5) _____. It asks Japan's Ministry of Health, Labor and Welfare to forbid employers from requiring women to wear (6) _____ shoes.

Ishikawa's tweet (7) _____ across other parts of Asia. Many women in China and South Korea have started (8) _____ against having to wear high heels. Ishikawa told TIME magazine: "I thought that if there are so many people who (9) _____ as me, why not start some sort of movement." Many women supported Ishikawa on social media. They complained (10) _____, bleeding heels, back pain and other health issues. A visually impaired woman in her 20s who has to wear high heels at work said it is difficult for her to (11) _____ and not fall over. A recent survey found that over 70 per cent of women working in Tokyo wear high heels to work at (12) _____ week.

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

1. How do women in Japan feel about having to wear high heels?
2. What did one woman start?
3. What is KuToo?
4. What is the woman's job?
5. What did the woman start online?
6. Where did the woman's tweet spread to?
7. What is the name of the magazine the woman spoke to?
8. What two things did woman complain about?
9. What did a visually impaired woman find it hard to do in high heels?
10. How often do working women in Tokyo wear high heels?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

- 1) How do women in Japan feel about having to wear high heels?
 - a) excited
 - b) bored
 - c) sad
 - d) fed up
- 2) What did one woman start?
 - a) a shoe company
 - b) a campaign
 - c) a fight
 - d) a website
- 3) What is KuToo?
 - a) a website
 - b) a foot disease
 - c) a shoe
 - d) a hashtag
- 4) What is the woman's job?
 - a) website designer
 - b) shoe designer
 - c) actress
 - d) foot doctor
- 5) What did the woman start online?
 - a) a revolution
 - b) a game
 - c) a fight
 - d) a petition
- 6) Where did the woman's tweet spread to?
 - a) the north of Japan
 - b) her company
 - c) other parts of Asia
 - d) New York
- 7) What is the name of the magazine the woman spoke to?
 - a) TIME
 - b) FOOT
 - c) HEELS
 - d) PAIN
- 8) What two things did woman complain about?
 - a) squashed toes and blisters
 - b) sore feet and squashed toes
 - c) sore feet and bleeding heels
 - d) bunions and blisters
- 9) What did a visually impaired woman find it hard to do in high heels?
 - a) walk straight
 - b) keep her balance
 - c) put them on
 - d) polish them
- 10) How often do working women in Tokyo wear high heels?
 - a) at least once a week
 - b) once or twice a week
 - c) three times a week
 - d) every day

ROLE PLAY

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

Role A – High Heels

You think high heels are the best shoes. Tell the others three reasons why. Tell them what is wrong with their shoes. Also, tell the others which are the worst of these (and why): rain boots, slippers or flip-flops.

Role B – Rain Boots

You think rain boots are the best shoes. Tell the others three reasons why. Tell them what is wrong with their shoes. Also, tell the others which are the worst of these (and why): high heels, slippers or flip-flops.

Role C – Slippers

You think slippers are the best shoes. Tell the others three reasons why. Tell them what is wrong with their shoes. Also, tell the others which are the worst of these (and why): rain boots, high heels or flip-flops.

Role D – Flip-Flops

You think flip-flops are the best shoes. Tell the others three reasons why. Tell them what is wrong with their shoes. Also, tell the others which are the worst of these (and why): rain boots, slippers or high heels.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'high' and 'heels'.

high	heels

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• end• hashtag• combination• belief• online• certain	<ul style="list-style-type: none">• own• feel• supported• sore• balance• least
---	---

HIGH HEELS SURVEY

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

Write five GOOD questions about high heels in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

HIGH HEELS DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'high'?
3. What do you think of high heels?
4. Why do companies require women to wear high heels?
5. Have you ever been fed up with your shoes?
6. Should high heels have a health warning?
7. Are employers who require women to wear high heels bad?
8. Have you ever signed an online petition?
9. What advice do you have for women who have to wear heels?
10. What three adjectives best describe high heels?

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HIGH HEELS DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'heels'?
13. What do you think about what you read?
14. What was the person who invented high heels thinking?
15. Why don't men wear high heels?
16. What are the dangers of high heels?
17. Are high heels worth the pain?
18. Should all workers wear the most comfortable footwear?
19. How can a company ask a visually impaired woman to wear heels?
20. What questions would you like to ask Ms Ishikawa?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

Women across Japan are fed (1) _____ with having to wear high-heeled shoes to work. One woman is (2) _____ fed up that she started a movement to end the requirement for female employees to wear the shoes. The movement has the (3) _____ KuToo. This is a combination of the Japanese words "kutsu" (which means shoe) and "kutsuu" (which is the Japanese word for pain). The movement was started by Japanese actress Yumi Ishikawa. She tweeted about her (4) _____ that employers in Japan should not require female workers to wear high heels. Ms Ishikawa also (5) _____ an online petition. It asks Japan's Ministry of Health, Labor and Welfare to forbid employers from requiring women to wear (6) _____ types of shoes.

Ishikawa's tweet is now spreading across (7) _____ parts of Asia. Many women in China and South Korea have started their (8) _____ campaigns against having to wear high heels. Ishikawa told TIME magazine: "I thought that if there are so many people who feel the same (9) _____ me, why not start some sort of movement." Many women supported Ishikawa on social media. They complained about sore feet, bleeding heels, back (10) _____ and other health issues. A visually impaired woman in her 20s who has to wear high heels at work said it is difficult for her to keep her (11) _____ and not fall over. A recent survey found that over 70 per cent of women working in Tokyo wear high heels to work at (12) _____ once a week.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|---------------|--------------|--------------|----------------|
| 1. | (a) down | (b) up | (c) in | (d) over |
| 2. | (a) such | (b) so | (c) then | (d) how |
| 3. | (a) ampersand | (b) comma | (c) period | (d) hashtag |
| 4. | (a) believe | (b) belief | (c) believer | (d) believing |
| 5. | (a) lunched | (b) launched | (c) latched | (d) landed |
| 6. | (a) contain | (b) curtain | (c) certain | (d) cretin |
| 7. | (a) another | (b) others | (c) other | (d) the others |
| 8. | (a) down | (b) sown | (c) own | (d) town |
| 9. | (a) is | (b) was | (c) has | (d) as |
| 10. | (a) pain | (b) painful | (c) hurt | (d) sore |
| 11. | (a) balance | (b) weight | (c) scales | (d) even |
| 12. | (a) last | (b) lost | (c) least | (d) lest |

SPELLING

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

Paragraph 1

1. a movement to end the quemerneirt
2. This is a ocnaitmobn
3. eeruqri female workers
4. launched an online pneitiot
5. forbid pemryseol
6. wear critnea types of shoes

Paragraph 2

7. started their own capnigsam
8. on social maied
9. A luavlsyi impaired woman
10. keep her calaben
11. A cnetre survey
12. at slaet once a week

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

Number these lines in the correct order.

- () and South Korea have started their own campaigns against having to wear high heels. Ishikawa told TIME
- () fed up that she started a movement to end the requirement for female employees to wear the
- () workers to wear high heels. Ms Ishikawa also launched an online petition. It asks Japan's
- () survey found that over 70 per cent of women working in Tokyo wear high heels to work at least once a week.
- () Ishikawa's tweet is now spreading across other parts of Asia. Many women in China
- () at work said it is difficult for her to keep her balance and not fall over. A recent
- (**1**) Women across Japan are fed up with having to wear high-heeled shoes to work. One woman is so
- () feet, bleeding heels, back pain and other health issues. A visually impaired woman in her 20s who has to wear high heels
- () by Japanese actress Yumi Ishikawa. She tweeted about her belief that employers in Japan should not require female
- () (which means shoe) and "kutsuu" (which is the Japanese word for pain). The movement was started
- () magazine: "I thought that if there are so many people who feel the same as me, why not start some
- () shoes. The movement has the hashtag KuToo. This is a combination of the Japanese words "kutsu"
- () Ministry of Health, Labor and Welfare to forbid employers from requiring women to wear certain types of shoes.
- () sort of movement." Many women supported Ishikawa on social media. They complained about sore

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

1. to high-heeled shoes to wear Having work .
2. she that movement . So fed up a started
3. to The the for women wear requirement shoes .
4. heels . workers wear not to require Should female
5. women of to types certain Requiring wear shoes .
6. Many China in campaigns . their started women own
7. many are feel same . people who There the
8. A visually woman her in impaired 20s .
9. balance fall over . not her and Keep
10. a least once at week . Wear heels high

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

Women across Japan are fed *down* / *up* with having to wear high-heeled shoes to work. One woman is *so* / *such* fed up that she started a movement to end the *requirement* / *require* for female employees to wear the shoes. The *moment* / *movement* has the hashtag KuToo. This is a *combine* / *combination* of the Japanese words "*kutsu*" (which means shoe) and "*kutsuu*" (which is the Japanese word for pain). The movement was started by Japanese actress Yumi Ishikawa. She tweeted about her *believe* / *belief* that employers in Japan should not *require* / *requirement* female workers to wear high heels. Ms Ishikawa also launched an *online* / *inline* petition. It asks Japan's Ministry of Health, Labor and Welfare to *outbid* / *forbid* employers from requiring women to wear certain types *for* / *of* shoes.

Ishikawa's tweet is now spreading across *another* / *other* parts of Asia. Many women in China and South Korea have started their *down* / *own* campaigns against having to wear high heels. Ishikawa *told* / *tell* TIME magazine: "I thought that if there are *so much* / *many* people who feel the same *was* / *as* me, why not start some sort of movement." Many women supported Ishikawa on social media. They *complained* / *compiled* about sore feet, bleeding heels, back pain and other health issues. A visually *repaired* / *impaired* woman *in* / *on* her 20s who has to wear high heels at work said it is difficult for her to keep her balance and not fall *under* / *over*. A recent survey found that over 70 per cent of women working in Tokyo wear high heels to work at *least* / *lest* once a week.

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

W_m_n _c_r_s_s J_p_n _r_ f_d _p w_t_h h_v_n_g t_
w__r h_g_h - h__l_d s_h__s t_ w_r_k . O_n_ w_m_n
s s f_d _p t_h_t s_h_ s_t_r_t_d _m_v_m_n_t t_ _n
d t_h_ r_q__ r_m_n_t f_r f_m_l_ _m_p_l_y__s t_ w
__r t_h_ s_h__s . T_h_ m_v_m_n_t h_s t_h_ h_s_h_t_g
K_T__ . T_h_s _s _c_m_b_n_t__n _f t_h_ J_p_n_s_
w_r_d_s " k_t_s_" (w_h_c_h m__n_s s_h__) _n_d "
k_t_s__" (w_h_c_h _s t_h_ J_p_n_s_ w_r_d f_r p__n
) . T_h_ m_v_m_n_t w_s s_t_r_t_d b_y J_p_n_s_ _c_t
r_s_s Y_m_ I_s_h_k_w_ . S_h_ t_w__t_d _b__t h_r
b_l__f t_h_t _m_p_l_y_r_s _n J_p_n s_h__l_d n_t
r_q__r_ f_m_l_ w_r_k_r_s t_ w__r h_g_h h__l_s . M
s I_s_h_k_w_ _l_s _l__n_c_h_d _n _n_l_n_ p_t_t__n . I
t _s_k_s J_p_n's M_n_s_t_r_y _f H__l_t_h , L_b_r_n
d W_l_f_r_ t_ f_r_b_d _m_p_l_y_r_s f_r_m r_q__r_n_g
w_m_n t_ w__r c_r_t__n t_y_p_s _f s_h__s .

I_s_h_k_w_'s t_w__t _s n_w s_p_r__d_n_g _c_r_s_s _t
h_r p_r_t_s _f A_s__ . M_n_y w_m_n _n C_h_n_ _n_d
S__t_h K_r__ h_v_ s_t_r_t_d t_h__r _w_n c_m_p__g
n_s _g__n_s_t h_v_n_g t_ w__r h_g_h h__l_s . I_s
h_k_w_ t_l_d T_I_M_E m_g_z_n_ : " I t_h__g_h_t t_h_t
_f t_h_r_ _r_s_ m_n_y p__p_l_ w_h_ f__l t_h_ s_m_
s m , w_h_y n_t s_t_r_t s_m_ s_r_t _f m_v_m_n_t
." M_n_y w_m_n s_p_p_r_t_d I_s_h_k_w_ _n s_c__l
m_d__ . T_h_y c_m_p_l__n_d _b__t s_r_ f__t , b
l__d_n_g h__l_s , b_c_k p__n _n_d _t_h_r h__l_t_h
_s_s__s . A v_s__l_l_y _m_p__r_d w_m_n _n h_r 2
0_s w_h_ h_s t_ w__r h_g_h h__l_s t_ w_r_k s__
d _t _s d_f_f_c_l_t f_r h_r t_ k__p h_r b_l_n_c_
_n_d n_t f_l_l _v_r . A r_c_n_t s_r_v_y f__n_d t
h_t _v_r 70 p_r c_n_t _f w_m_n w_r_k_n_g _n
T_k_y_ w__r h_g_h h__l_s t_ w_r_k t_ l__s_t _n_c_
_ w__k .

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

women across japan are fed up with having to wear highheeled shoes to work one woman is so fed up that she started a movement to end the requirement for female employees to wear the shoes the movement has the hashtag kutoo this is a combination of the Japanese words *kutsu* which means shoe and *kutsuu* which is the japanese word for pain the movement was started by japanese actress yumi ishikawa she tweeted about her belief that employers in japan should not require female workers to wear high heels ms ishikawa also launched an online petition it asks japans ministry of health labor and welfare to forbid employers from requiring women to wear certain types of shoes

ishikawas tweet is now spreading across other parts of asia many women in china and south korea have started their own campaigns against having to wear high heels ishikawa told time magazine i thought that if there are so many people who feel the same as me why not start some sort of movement many women supported ishikawa on social media they complained about sore feet bleeding heels back pain and other health issues a visually impaired woman in her 20s who has to wear high heels at work said it is difficult for her to keep her balance and not fall over a recent survey found that over 70 per cent of women working in tokyo wear high heels to work at least once a week.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1904/190403-high-heels.html>

Women across Japan are fed up with having to wear high-heeled shoes to work. One woman is so fed up that she started a movement to end the requirement for female employees to wear the shoes. The movement has the hashtag #KuToo. This is a combination of the Japanese words "kutsu" (which means shoe) and "kutsuu" (which is the Japanese word for pain). The movement was started by Japanese actress Yumi Ishikawa. She tweeted about her belief that employers in Japan should not require female workers to wear high heels. Ms Ishikawa also launched an online petition. It asks Japan's Ministry of Health, Labor and Welfare to forbid employers from requiring women to wear certain types of shoes. Ishikawa's tweet is now spreading across other parts of Asia. Many women in China and South Korea have started their own campaigns against having to wear high heels. Ishikawa told TIME magazine: "I thought that if there are so many people who feel the same as me, why not start some sort of movement." Many women supported Ishikawa on social media. They complained about sore feet, bleeding heels, back pain and other health issues. A visually impaired woman in her 20s who has to wear high heels at work said it is difficult for her to keep her balance and not fall over. A recent survey found that over 70 percent of women working in Tokyo wear high heels to work at least once a week.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. HIGH HEELS: Make a poster about high heels. Show your work to your classmates in the next lesson. Did you all have similar things?

4. WORKPLACE CLOTHES: Write a magazine article about people being able to wear what they want in the workplace. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on high heels. Ask him/her three questions about them. Give him/her three of your opinions on high heels. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. e 2. a 3. d 4. c 5. b 6. g 7. f
8. i 9. n 10. l 11. m 12. j 13. h 14. k

TRUE / FALSE (p.5)

- a T b T c F d T e F f T g F h F

SYNONYM MATCH (p.5)

- | | |
|----------------|------------------|
| 1. fed up | a. tired of |
| 2. movement | b. campaign |
| 3. combination | c. mixture |
| 4. belief | d. opinion |
| 5. forbid | e. prohibit |
| 6. spreading | f. circulating |
| 7. feel | g. believe |
| 8. supported | h. backed |
| 9. complained | i. protested |
| 10. survey | j. questionnaire |

COMPREHENSION QUESTIONS (p.9)

1. Fed up
2. A movement
3. The name of a hashtag
4. Actress
5. A petition
6. Other parts of Asia
7. TIME
8. Sore feet and bleeding heels
9. Keep her balance
10. At least once a week

WORDS IN THE RIGHT ORDER (p.20)

1. Having to wear high-heeled shoes to work.
2. So fed up that she started a movement.
3. The requirement for women to wear the shoes.
4. Should not require female workers to wear heels.
5. Requiring women to wear certain types of shoes.
6. Many women in China started their own campaigns.
7. There are many people who feel the same.
8. A visually impaired woman in her 20s.
9. Keep her balance and not fall over.
10. Wear high heels at least once a week.

MULTIPLE CHOICE - QUIZ (p.10)

1. d 2. b 3. d 4. c 5. d 6. c 7. a 8. c 9. b 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)