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Level 5 – 15th May, 2019

Doctors give better care in the morning

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<https://breakingnewsenglish.com/1905/190515-decision-fatigue-5.html>

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Please try Levels 4 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue-5.html>

The quality of care you get from doctors could depend on the time of the day you visit a hospital. A study from a university in the USA found a big difference in the decision-making of physicians at different times of the day. The study concluded that our chances of getting screened for cancer were a lot higher in the morning than in the late afternoon. Researchers investigated the number of women assigned to breast cancer screening. They found that in the hour after 8am, doctors ordered screenings for 64% of women who were eligible for tests. This figure dropped to 48% at 5pm.

The researchers said the reduction in screenings as the day progressed could be due to "decision fatigue" - a mental burn-out that interrupts a person's ability to make decisions the longer they work. A researcher said his study added to, "the growing evidence that the time of the day and decision fatigue impacts patient care". Another researcher agreed, saying: "The downward trend of ordering screenings may be the result of decision fatigue, where people may be less inclined to consider a new decision after they've been making them all day." She also blamed overworked doctors.

Sources: <https://medicalxpress.com/news/2019-05-cancer-screening-decline-patients-doctors.html>
<https://www.marketwatch.com/story/why-it-matters-what-time-of-day-you-visit-the-doctor-2019-05-10>
<https://www.mirror.co.uk/news/uk-news/overworked-doctors-administer-fewer-life-15026848>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue-5.html>

PARAGRAPH ONE:

- | | |
|---------------------------|----------------------------|
| 1. The quality of | a. afternoon |
| 2. depend | b. times of the day |
| 3. found a big | c. were eligible for tests |
| 4. at different | d. on the time of the day |
| 5. our chances of getting | e. cancer screening |
| 6. in the late | f. care you get |
| 7. breast | g. screened for cancer |
| 8. 64% of women who | h. difference |

PARAGRAPH TWO:

- | | |
|----------------------------------|-------------------------|
| 1. as the day | a. of decision fatigue |
| 2. interrupts a person's ability | b. impacts patient care |
| 3. the growing | c. doctors |
| 4. decision fatigue | d. to make decisions |
| 5. The downward | e. evidence |
| 6. may be the result | f. new decision |
| 7. less inclined to consider a | g. trend |
| 8. She also blamed overworked | h. progressed |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue-5.html>

The (1) _____ you get from doctors could depend on the time of the day you visit a hospital. A study from a university in the USA found a big difference in the decision-making (2) _____ different times of the day. The study concluded that (3) _____ getting screened for cancer were a lot higher in the morning than in (4) _____. Researchers investigated the number of (5) _____ breast cancer screening. They found that in the hour after 8am, doctors ordered screenings for 64% of women who were eligible for tests. This (6) _____ 48% at 5pm.

The researchers said (7) _____ screenings as the day progressed could be due to "decision fatigue" - a (8) _____ that interrupts a person's ability to make decisions (9) _____ work. A researcher said his study added to, "the growing evidence that the time of the day and decision (10) _____ care". Another researcher agreed, saying: "The downward (11) _____ screenings may be the result of decision fatigue, where people may be less inclined to consider (12) _____ after they've been making them all day." She also blamed overworked doctors.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue-5.html>

The quality of care you get from doctors could depend on the time of the day you visit a hospital. A study from a university in the USA found a big difference in the decision-making of physicians at different times of the day. The study concluded that our chances of getting screened for cancer were a lot higher in the morning than in the late afternoon. Researchers investigated the number of women assigned to breast cancer screening. They found that in the hour after 8am, doctors ordered screenings for 64% of women who were eligible for tests. This figure dropped to 48% at 5pm. The researchers said the reduction in screenings as the day progressed could be due to "decision fatigue" - a mental burn-out that interrupts a person's ability to make decisions the longer they work. A researcher said his study added to "the growing evidence that the time of the day and decision fatigue impact patient care". Another researcher agreed, saying: "The downward trend of ordering screenings may be the result of decision fatigue, where people may be less inclined to consider a new decision after they've been making them all day." She also blamed overworked doctors.

DECISION FATIGUE SURVEY

From <https://breakingnewsenglish.com/1905/190515-decision-fatigue-4.html>

Write five GOOD questions about decision fatigue in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____

