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Level 3 – 4th July, 2019

Smoking can damage the eyes

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<https://breakingnewsenglish.com/1907/190704-eye-damage.html>

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Please try Levels 0, 1 and 2 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

Scientists are warning that people who smoke are in danger of damaging their eyes. The scientists say smokers are two times more likely to lose their vision than non-smokers. Everyone knows that smoking can damage the lungs and heart, but not many people know it could damage the eyesight. The scientists are from the Association of Optometrists (AOP) in the United Kingdom. The AOP has started a campaign to raise awareness of the danger of smoking to the eyes. The campaign is called "Stub it out". The word "stub" means put out a cigarette by pushing the end against something hard; "stub it out" is saying, "stop smoking". The AOP said only one in five people think smoking can damage the eyes.

The AOP explained why smoking is so harmful to the eyes. Cigarette smoke gets in the eyes and causes or worsens a number of different eye problems. Cigarette smoke contains toxic chemicals that can irritate and damage the eyes. Smoke contains tiny pieces of metals like lead and copper. These can get into the eyes and lead to cataracts - a condition that causes the eye lens to become cloudy. People with cataracts usually need an operation to restore their sight. Smoke can also increase the chance of worsening sight problems for people with diabetes. The AOP said smokers are also three times more likely to damage the eyes' muscles. The AOP has encouraged smokers to quit.

Sources: <https://www.dentistry.co.uk/2019/07/02/smoking-significantly-increases-risk-developing-eye-disease/>
<https://www.bbc.com/news/health-48824720>
<https://www.aop.org.uk/advice-and-support/for-patients/eye-conditions/smoking-and-eye-health>

WARM-UPS

1. EYE DAMAGE: Students walk around the class and talk to other students about eye damage. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

scientists / smoke / smokers / lungs / heart / eyesight / campaign / cigarette / eyes / harmful / toxic chemicals / metal / cataracts / cloudy / operation / chance / diabetes

Have a chat about the topics you liked. Change topics and partners frequently.

3. BANNED: Students A **strongly** believe smoking should be banned worldwide; Students B **strongly** believe it shouldn't. Change partners again and talk about your conversations.

4. BAD HABITS: How can people quit their bad habits? How difficult is it? Complete this table with your partner(s). Change partners often and share what you wrote.

	How To Quit	How Difficult It Is
Smoking		
Being late		
Nail biting		
Junk food		
Smartphone overuse		
Overspending		

5. VISION: Spend one minute writing down all of the different words you associate with the word "vision". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. BAD FOR OUR EYES: Rank these with your partner. Put the worst things for our eyes at the top. Change partners often and share your rankings.

- smoke
- sunlight
- not enough sleep
- TV screens
- rubbing your eyes
- smartphone use
- poor diet
- reading by torchlight

VOCABULARY MATCHING

Paragraph 1

- | | |
|--------------|---|
| 1. warning | a. Hurting or harming. |
| 2. damaging | b. An organized course of action to achieve a particular goal. |
| 3. likely | c. The ability of being able to see; eyesight. |
| 4. vision | d. Might happen or be true; probable. |
| 5. campaign | e. Telling someone that something bad, harmful or dangerous is coming. |
| 6. awareness | f. Put out a lighted cigarette by pressing the lighted end against something. |
| 7. stub | g. Knowledge or understanding of a situation or fact. |

Paragraph 2

- | | |
|----------------|--|
| 8. worsen | h. An action of doctors cutting the body open to repair. |
| 9. irritate | i. Make or become less good. |
| 10. tiny | j. A medical problem; a problem or illness in the body. |
| 11. lead | k. Gave support, confidence, or hope to someone. |
| 12. condition | l. Very, very, very small. |
| 13. operation | m. Cause or create. |
| 14. encouraged | n. Cause discomfort or pain in a part of the body. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- a. Smokers are twice as likely of damaging their eyes as non-smokers. **T / F**
- b. The article says not many people know smoke can damage eyesight. **T / F**
- c. A campaign to get people to quit smoking is called "Stab It Out". **T / F**
- d. Just one in five people thinks that smoking causes eye damage. **T / F**
- e. Smoke worsens existing eye problems. **T / F**
- f. The article says smoke contains metals such as iron and silver. **T / F**
- g. The article says there is not cure for cataracts. **T / F**
- h. Smokers are ten times likelier to damage eye muscles. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|-----------------------|------------------|
| 1. warning | a. poisonous |
| 2. damaging | b. understanding |
| 3. campaign | c. urged |
| 4. awareness | d. harming |
| 5. stop | e. adds to |
| 6. worsens | f. cautioning |
| 7. toxic | g. bits |
| 8. pieces | h. misty |
| 9. cloudy | i. drive |
| 10. encouraged | j. quit |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|---------------------------------------|-------------------------|
| 1. smokers are two times more likely | a. an operation |
| 2. smoking can damage the | b. sight problems |
| 3. a campaign to raise | c. out a cigarette |
| 4. "stub" means put | d. to lose their vision |
| 5. only one | e. gets in the eyes |
| 6. The AOP explained why smoking | f. awareness |
| 7. Cigarette smoke | g. smokers to quit |
| 8. People with cataracts usually need | h. is so harmful |
| 9. increase the chance of worsening | i. in five people |
| 10. The AOP has encouraged | j. lungs and heart |

GAP FILL

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

Scientists are (1) _____ that people who smoke are in danger of (2) _____ their eyes. The scientists say smokers are two times more likely to lose their (3) _____ than non-smokers. Everyone knows that smoking can damage the lungs and heart, but not many people know it could damage the eyesight. The (4) _____ are from the Association of Optometrists (AOP) in the United Kingdom. The AOP has started a campaign to (5) _____ awareness of the danger of smoking to the eyes. The (6) _____ is called "Stub it out". The word "stub" means (7) _____ out a cigarette by pushing the end against something hard; "stub it out" is saying, "stop smoking". The AOP said only (8) _____ in five people think smoking can damage the eyes.

scientists
campaign
warning
one
damaging
raise
put
vision

The AOP explained why smoking is so (9) _____ to the eyes. Cigarette smoke gets in the eyes and causes or (10) _____ a number of different eye problems. Cigarette smoke contains toxic chemicals that can (11) _____ and damage the eyes. Smoke contains tiny pieces of metals like lead and copper. These can get into the eyes and (12) _____ to cataracts - a condition that causes the eye lens to become cloudy. People with cataracts usually need an (13) _____ to restore their sight. Smoke can also increase the (14) _____ of worsening sight problems for people with diabetes. The AOP said smokers are also three times more (15) _____ to damage the eyes' muscles. The AOP has encouraged smokers to (16) _____.

irritate
operation
likely
harmful
quit
worsens
chance
lead

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

- 1) Scientists are warning that people who smoke are in danger of _____
 - a. damaging them eyes
 - b. damaging their eyes
 - c. damaging they eyes
 - d. damaging there eyes
- 2) The scientists say smokers are two times more likely to _____
 - a. loose their vision
 - b. lost their vision
 - c. losing their vision
 - d. lose their vision
- 3) Everyone knows that smoking can damage the _____
 - a. lungs and heart
 - b. rung and hearty
 - c. lungs and hearty
 - d. rungs and heart
- 4) The AOP has started a campaign to _____
 - a. raise awareness
 - b. erases awareness
 - c. raised awareness
 - d. erase awareness
- 5) The word "stub" means put out a cigarette by pushing the end _____
 - a. against some things
 - b. again something
 - c. again stump thing
 - d. against something
- 6) The AOP explained why smoking is so _____ eyes
 - a. harm full to the
 - b. harmful to the
 - c. harmed full to the
 - d. farm full to the
- 7) Cigarette smoke contains toxic chemicals that can _____ the eyes
 - a. irritate and damages
 - b. irritates and damage
 - c. irritate and damage
 - d. irritates and damages
- 8) a condition that causes the eye lens to _____
 - a. become crowded
 - b. become cloudy
 - c. become cloud
 - d. become a cloud
- 9) The AOP said smokers are also three times _____
 - a. more like Lee
 - b. more like me
 - c. more likelihood
 - d. more likely
- 10) The AOP has encouraged _____
 - a. smokers to quite
 - b. smokers to quiet
 - c. smokers to quit
 - d. smokers to quilt

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

Scientists are warning that people who smoke (1) _____ of damaging their eyes. The scientists say smokers are two times more likely to (2) _____ than non-smokers. Everyone knows that smoking can damage the (3) _____, but not many people know it could damage the eyesight. The scientists are from the Association of Optometrists (AOP) in the United Kingdom. The AOP has started a campaign (4) _____ of the danger of smoking to the eyes. The campaign is called "Stub it out". The word "stub" (5) _____ a cigarette by pushing the end against something hard; "stub it out" is saying, "stop smoking". The AOP said only one in five people think smoking (6) _____ eyes.

The AOP explained why smoking (7) _____ to the eyes. Cigarette smoke gets in the eyes and causes (8) _____ number of different eye problems. Cigarette smoke contains toxic chemicals (9) _____ and damage the eyes. Smoke contains tiny pieces of metals like lead and copper. These can get into the eyes and lead to cataracts - a condition that causes the eye lens (10) _____. People with cataracts usually need an operation to restore their sight. Smoke can also increase (11) _____ worsening sight problems for people with diabetes. The AOP said smokers are also three times more likely to damage the eyes' muscles. The AOP has encouraged (12) _____.

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

1. Who is warning of the dangers of smoke to the eyes?
2. How much likelier are smokers to damage their eyes?
3. According to the article, what do people know smoking damages?
4. What is the name of the campaign to raise awareness of the dangers?
5. Out of five people, how many think smoking can damage the eyes?
6. What kind of chemicals did the article say smoke contains?
7. What two metals did the article say smoke contains?
8. What eye problem was mentioned that needs an operation?
9. How much likelier are smokers to damage their eye muscles?
10. What has a group called the AOP encouraged people to quit?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

- 1) Who is warning of the dangers of smoke to the eyes?
 - a) opticians
 - b) smokers
 - c) scientists
 - d) non-smokers
- 2) How much likelier are smokers to damage their eyes?
 - a) two times likelier
 - b) three times likelier
 - c) five times likelier
 - d) 10 times likelier
- 3) According to the article, what do people know smoking damages?
 - a) walls and ceilings
 - b) the lungs and heart
 - c) the skin
 - d) the environment
- 4) What is the name of the campaign to raise awareness of the dangers?
 - a) Tabs It Out
 - b) Stab It Out
 - c) Sub It Out
 - d) Stub It Out
- 5) Out of five people, how many think smoking can damage the eyes?
 - a) two
 - b) three
 - c) one
 - d) four
- 6) What kind of chemicals did the article say smoke contains?
 - a) natural chemicals
 - b) toxic chemicals
 - c) harmless chemicals
 - d) deadly chemicals
- 7) What two metals did the article say smoke contains?
 - a) iron and aluminium
 - b) copper and iron
 - c) lead and iron
 - d) lead and copper
- 8) What eye problem was mentioned that needs an operation?
 - a) double vision
 - b) cataracts
 - c) colour blindness
 - d) near-sightedness
- 9) How much likelier are smokers to damage their eye muscles?
 - a) five times likelier
 - b) three times likelier
 - c) ten times likelier
 - d) 100 times likelier
- 10) What has a group called the AOP encouraged people to quit?
 - a) smoking
 - b) using contact lenses
 - c) rubbing their eyes
 - d) staring at smartphones

ROLE PLAY

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

Role A – Poor Diet

You think a poor diet is the worst thing for our eyes. Tell the others three reasons why. Tell them why their things aren't as bad. Also, tell the others which is the most manageable of these (and why): smoke, smartphone use or not enough sleep.

Role B – Smoke

You think smoke is the worst thing for our eyes. Tell the others three reasons why. Tell them why their things aren't as bad. Also, tell the others which is the most manageable of these (and why): a poor diet, smartphone use or not enough sleep.

Role C – Smartphone Use

You think smartphone use is the worst thing for our eyes. Tell the others three reasons why. Tell them why their things aren't as bad. Also, tell the others which is the most manageable of these (and why): smoke, a poor diet or not enough sleep.

Role D – Not Enough Sleep

You think not enough sleep is the worst thing for our eyes. Tell the others three reasons why. Tell them why their things aren't as bad. Also, tell the others which is the most manageable of these (and why): smoke, smartphone use or a poor diet.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'damage' and 'eyes'.

damage	eyes
---------------	-------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• damaging• likely• eyesight• raise• put• only	<ul style="list-style-type: none">•harmful•worsens•toxic•cloudy•diabetes•three
---	---

EYE DAMAGE SURVEY

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

Write five GOOD questions about eye damage in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

EYE DAMAGE DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'eye'?
3. What do you think of smoking?
4. Why do you think people smoke?
5. What do you think of cigarette smoke?
6. Why do you think smoking damages the eyes?
7. What other dangers of smoking are there?
8. What can people do to look after their eyesight?
9. Should smoking be banned all around the world?
10. What advice do you have for smokers?

Smoking can damage the eyes – 4th July, 2019
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EYE DAMAGE DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'smoking'?
13. What do you think about what you read?
14. What do you think of smokers?
15. What can countries do to stop people smoking?
16. What do you think of smoky places?
17. Should non-smokers be able to sue smokers for eye damage?
18. Why is it difficult for people to quit smoking?
19. What three adjectives best describe smoking?
20. What questions would you like to ask the researchers?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

Scientists are warning that people who smoke are (1) _____ danger of damaging their eyes. The scientists say smokers are two times more (2) _____ to lose their vision than non-smokers. Everyone knows that smoking can (3) _____ the lungs and heart, but not many people know it could damage the eyesight. The scientists are from the Association of Optometrists (AOP) in the United Kingdom. The AOP has started a campaign (4) _____ raise awareness of the danger of smoking to the eyes. The campaign is called "Stub it out". The word "stub" means put out a cigarette (5) _____ pushing the end against something hard; "stub it out" is saying, "stop smoking". The AOP said only (6) _____ in five people think smoking can damage the eyes.

The AOP explained why smoking is so (7) _____ to the eyes. Cigarette smoke gets in the eyes and causes or worsens a (8) _____ of different eye problems. Cigarette smoke contains toxic chemicals that can irritate and damage the eyes. Smoke contains tiny pieces of metals like lead and copper. These can (9) _____ into the eyes and lead to cataracts - a condition that causes the eye lens to become cloudy. People with cataracts usually need an (10) _____ to restore their sight. Smoke can also increase the chance of (11) _____ sight problems for people with diabetes. The AOP said smokers are also three times more likely to damage the eyes' muscles. The AOP has encouraged smokers to (12) _____.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|-------------|---------------|-------------|---------------|
| 1. | (a) by | (b) on | (c) in | (d) of |
| 2. | (a) likely | (b) liken | (c) likes | (d) liked |
| 3. | (a) damage | (b) damaged | (c) damages | (d) damaging |
| 4. | (a) to | (b) for | (c) at | (d) on |
| 5. | (a) up | (b) of | (c) at | (d) by |
| 6. | (a) once | (b) ones | (c) one's | (d) one |
| 7. | (a) harmful | (b) harms | (c) harm | (d) harmed |
| 8. | (a) numbing | (b) numbers | (c) numeral | (d) number |
| 9. | (a) get | (b) look | (c) move | (d) smoke |
| 10. | (a) optic | (b) operation | (c) surgery | (d) eye liner |
| 11. | (a) worsen | (b) worsening | (c) worsens | (d) worsened |
| 12. | (a) quit | (b) quite | (c) quilt | (d) quiet |

SPELLING

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

Paragraph 1

1. The nsiesicstt say smokers are...
2. two times more ilyelk
3. lose their onivis
4. damage the gehtyies
5. a icmangpa to raise awareness
6. pushing the end gsinaat something

Paragraph 2

7. why smoking is so lhmufr to the eyes
8. causes or osnsrwe a number
9. smoke contains tcxio chemicals
10. a idnonctio that causes the eye lens
11. an eorpaitno to restore their sight
12. The AOP has enueraodcg smokers to quit

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

Number these lines in the correct order.

- () hard; "stub it out" is saying, "stop smoking". The AOP said only one in five people think smoking can damage the eyes.
- () worsening sight problems for people with diabetes. The AOP said smokers are also three
- () the United Kingdom. The AOP has started a campaign to raise awareness of the danger of smoking to the eyes. The campaign
- () and damage the eyes. Smoke contains tiny pieces of metals like lead and copper. These can get into the eyes and lead to
- (**1**) Scientists are warning that people who smoke are in danger of damaging their
- () is called "Stub it out". The word "stub" means put out a cigarette by pushing the end against something
- () The AOP explained why smoking is so harmful to the eyes. Cigarette smoke gets in the eyes and causes
- () operation to restore their sight. Smoke can also increase the chance of
- () non-smokers. Everyone knows that smoking can damage the lungs and heart, but not many people
- () know it could damage the eyesight. The scientists are from the Association of Optometrists (AOP) in
- () or worsens a number of different eye problems. Cigarette smoke contains toxic chemicals that can irritate
- () times more likely to damage the eyes' muscles. The AOP has encouraged smokers to quit.
- () eyes. The scientists say smokers are two times more likely to lose their vision than
- () cataracts - a condition that causes the eye lens to become cloudy. People with cataracts usually need an

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

1. in damaging are eyes . danger their Smokers of
2. to their vision . more lose times likely Two
3. knows the smoking that lungs . Everyone can damage
4. of smoking . the of awareness Raise danger
5. cigarette Put a out end . pushing the by
6. smoking harmful so Why eyes . is the to
7. eye a problems . number Worsens of different
8. causes eye the become lens to That cloudy .
9. of worsening sight Increase chance the problems .
10. AOP smokers to encouraged The quit . has

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

Scientists are *warning / warming* that people who smoke are *on / in* danger of damaging their eyes. The scientists say smokers are *two / twice* times more likely to lose their *visionary / vision* than non-smokers. Everyone knows that smoking can damage the *lungs / lung* and heart, but not many people know it could damage the eyesight. The *sciences / scientists* are from the Association of Optometrists (AOP) in the United Kingdom. The AOP has started a campaign to *rise / raise* awareness of the danger of smoking to the eyes. The campaign is called "Stub it out". The word "stub" *means / meaning* put out a cigarette by pushing the end *against / for* something hard; "stub it out" is saying, "stop smoking". The AOP said only *once / one* in five people think smoking can damage the eyes.

The AOP explained why smoking is so *harmed / harmful* to the eyes. Cigarette smoke gets in the eyes and causes or *worsens / worsen* a number of different eye problems. Cigarette smoke *contents / contains* toxic chemicals that can *irritate / irrigate* and damage the eyes. Smoke contains tiny pieces of metals *such / like* lead and copper. These can get into the eyes and lead to *contracts / cataracts* - a condition that causes the eye lens to become *cloudy / crowded*. People with cataracts usually need an operation to *store / restore* their sight. Smoke can also increase the chance of worsening *sight / slight* problems for people with diabetes. The AOP said smokers are also three times more likely to damage the eyes' muscles. The AOP has encouraged smokers to *quite / quit*.

Talk about the connection between each pair of words in italics, and why the correct word is correct.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

S c__ n t_s t s _r_ w_r n_n g t h_t p__ p l_ w h_ s
m_k_ r_ _n d_n g_r _f d_m_g_n g t h__ r _y_s . T
h_ s c__ n t_s t s s_y s m_k_r s _r_ t w_ t_m_s m_r_
l_k_l_y t_ l_s_ t h__ r v_s__ n t h_n n_n - s m_k_r s
. E v_r y_n_ k n_w s t h_t s m_k_n g c_n d_m_g_ t
h_ l_n g_s _n d h__ r t, b_t n_t m_n y p__ p l_ k
n_w _t c__ l d d_m_g_ t h_ _y_s_g h t. T h_ s c__ n
t_s t s _r_ f_r m t h_ A s s_c__ t__ n _f O p t_m_t_r s
t s (A O P) _n t h_ U n_t_d K_n g d_m . T h_ A O P
h_s s t_r t_d _ c_m p__ g n t_ r__ s _w_r n_s s _f t
h_ d_n g_r _f s m_k_n g t_ t h_ _y_s . T h_ c_m p__
g n _s c_l l_d " S t_b _t __ t" . T h_ w_r d " s t_b
" m__ n s p_t __ t _ c_g_r_t t_ b y p_s h_n g t h_
_n d _g__ n s t s_m_t h_n g h_r d; " s t_b _t __ t"
_s s_y_n g, " s t_p s m_k_n g" . T h_ A O P s__ d
_n l y _n_n f_v_ p__ p l_ t h_n k s m_k_n g c_n
d_m_g_ t h_ _y_s .

T h_ A O P _x p l__ n_d w h y s m_k_n g _s s_ h_r m
f_l t_ t h_ _y_s . C_g_r_t t_ s m_k_ g_t s _n t h_
_y_s _n d c__ s_s _r w_r s_n s _ n_m b_r _f d_f
f_r_n t _y_ p_r_b_l_m s . C_g_r_t t_ s m_k_ c_n t__ n s
t_x_c c_h_m_c_l s t h_t c_n _r_r_t_t_ _n d d_m_g_ t
h_ _y_s . S m_k_ c_n t__ n s t_n y p__ c_s _f m_t_l
s l_k_ l__ d _n d c_p_p_r . T h_s_ c_n g_t _n t_ t
h_ _y_s _n d l__ d t_ c_t_r_c_t s - _ c_n d_t__ n t
h_t c__ s_s t h_ _y_ l_n s t_ b_c_m_ c_l__ d y . P__
p l_ w_t h c_t_r_c_t s _s__ l l y _n__ d _n _p_r_t__ n
t_ r_s t_r_ t h__ r s_g h t . S m_k_ c_n _l_s_ _n c_r__
s_ t h_ c_h_n c_ _f w_r s_n_n g s_g h t p_r_b_l_m s
f_r p__ p l_ w_t h d__ b_t_s . T h_ A O P s__ d s
m_k_r s _r_ _l_s_ t h_r__ t_m_s m_r_ l_k_l_y t_
d_m_g_ t h_ _y_s' m_s c_l_s . T h_ A O P h_s _n c__
r_g_d s m_k_r s t_ q__ t .

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

scientists are warning that people who smoke are in danger of damaging their eyes the scientists say smokers are two times more likely to lose their vision than nonsmokers everyone knows that smoking can damage the lungs and heart but not many people know it could damage the eyesight the scientists are from the association of optometrists aop in the united kingdom the aop has started a campaign to raise awareness of the danger of smoking to the eyes the campaign is called stub it out the word stub means put out a cigarette by pushing the end against something hard stub it out is saying stop smoking the aop said only one in five people think smoking can damage the eyes

the aop explained why smoking is so harmful to the eyes cigarette smoke gets in the eyes and causes or worsens a number of different eye problems cigarette smoke contains toxic chemicals that can irritate and damage the eyes smoke contains tiny pieces of metals like lead and copper these can get into the eyes and lead to cataracts a condition that causes the eye lens to become cloudy people with cataracts usually need an operation to restore their sight smoke can also increase the chance of worsening sight problems for people with diabetes the aop said smokers are also three times more likely to damage the eyes muscles the aop has encouraged smokers to quit.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1907/190704-eye-damage.html>

Scientists are warning that people who smoke are in danger of damaging their eyes. The scientist says smokers are two times more likely to lose their vision than non-smokers. Everyone knows that smoking can damage the lungs and heart, but not many people know it could damage the eyesight. The scientists are from the Association of Optometrists (AOP) in the United Kingdom. The AOP has started a campaign to raise awareness of the danger of smoking to the eyes. The campaign is called "Stub it out". The word "stub" means to put out a cigarette by pushing the end against something hard; "stub it out" is saying, "stop smoking". The AOP said only one in five people think smoking can damage the eyes. The AOP explained why smoking is so harmful to the eyes. Cigarette smoke gets in the eyes and causes or worsens a number of different eye problems. Cigarette smoke contains toxic chemicals that can irritate and damage the eyes. Smoke contains tiny pieces of metals like lead and copper. These can get into the eyes and lead to cataracts - a condition that causes the eye lens to become cloudy. People with cataracts usually need an operation to restore their sight. Smoking can also increase the chance of worsening sight problems for people with diabetes. The AOP said smokers are also three times more likely to damage the eyes' muscles. The AOP has encouraged smokers to quit.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. EYE DAMAGE: Make a poster about eye damage. Show your work to your classmates in the next lesson. Did you all have similar things?

4. SMOKING BAN: Write a magazine article about banning smoking worldwide. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on smoking. Ask him/her three questions about it. Give him/her three of your opinions on smoking and eye damage. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. e 2. a 3. d 4. c 5. b 6. g 7. f
8. i 9. n 10. l 11. m 12. j 13. h 14. k

TRUE / FALSE (p.5)

- a T b T c F d T e T f F g F h F

SYNONYM MATCH (p.5)

- | | |
|----------------|------------------|
| 1. warning | a. cautioning |
| 2. damaging | b. harming |
| 3. campaign | c. drive |
| 4. awareness | d. understanding |
| 5. stop | e. quit |
| 6. worsens | f. adds to |
| 7. toxic | g. poisonous |
| 8. pieces | h. bits |
| 9. cloudy | i. misty |
| 10. encouraged | j. urged |

COMPREHENSION QUESTIONS (p.9)

1. Scientists
2. Two times likelier
3. The lungs and heart
4. Stub It Out
5. One
6. Toxic chemicals
7. Lead and copper
8. Cataracts
9. Three times likelier
10. Smoking

WORDS IN THE RIGHT ORDER (p.20)

1. Smokers are in danger of damaging their eyes.
2. Two times more likely to lose their vision.
3. Everyone knows that smoking can damage the lungs.
4. Raise awareness of the danger of smoking.
5. Put out a cigarette by pushing the end.
6. Why smoking is so harmful to the eyes.
7. Worsens a number of different eye problems.
8. That causes the eye lens to become cloudy.
9. Increase the chance of worsening sight problems.
10. The AOP has encouraged smokers to quit.

MULTIPLE CHOICE - QUIZ (p.10)

1. c 2. a 3. b 4. d 5. c 6. b 7. d 8. b 9. b 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)