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Level 5 – 23rd August, 2019

Parents happier after their children leave home

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<https://breakingnewsenglish.com/1908/190823-having-children-5.html>

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Please try Levels 4 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1908/190823-having-children-5.html>

People believe that having children is the key to happiness and a perfect family life. This image is true for some, but researchers say that in reality, children make parents happiest when they fly the nest - when they leave home. Researchers looked at data from a survey of 55,000 over 50-year-olds in Europe. The respondents were quizzed about their emotional wellbeing. They discovered that most parents were happier with life after their offspring had left home. Researchers say this could be because raising children creates financial worries, stress, tiredness and anxiety.

The lead researcher, Christoph Becker, concluded that a big reason for parents being happiest when their children leave home is the tables are turned and children provide more support to their parents. The parents suffer from less depression and are more positive about life. Regarding the role reversal in providing support, Mr Becker said: "Children's roles as caregivers, providers of financial support or simply as a means of social contact might outweigh the negative aspects of parenthood." He added that healthy family relationships stave off loneliness in ageing parents.

Sources: <https://www.usatoday.com/story/life/parenting/2019/08/20/empty-nest-parents-happier-when-kids-move-out-study-finds/2052323001/>
<https://www.independent.co.uk/news/science/children-happiness-study-parents-stress-money-christoph-becker-at-heidelberg-university-a9068926.html>
<https://www.yahoo.com/lifestyle/children-happier-study-084040058.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1908/190823-having-children-5.html>

PARAGRAPH ONE:

- | | |
|----------------------------------|----------------------|
| 1. the key | a. wellbeing |
| 2. a perfect family | b. financial worries |
| 3. when they fly | c. from a survey |
| 4. Researchers looked at data | d. to happiness |
| 5. quizzed about their emotional | e. and anxiety |
| 6. after their offspring | f. life |
| 7. raising children creates | g. the nest |
| 8. stress, tiredness | h. had left home |

PARAGRAPH TWO:

- | | |
|-----------------------------|-------------------|
| 1. lead | a. relationships |
| 2. the tables | b. researcher |
| 3. parents suffer from less | c. support |
| 4. role | d. off loneliness |
| 5. providers of financial | e. depression |
| 6. outweigh the negative | f. reversal |
| 7. healthy family | g. aspects |
| 8. stave | h. are turned |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1908/190823-having-children-5.html>

People believe that having children is the (1) _____ and a perfect family life. This image is true for some, but researchers say (2) _____, children make parents happiest when they (3) _____ - when they leave home. Researchers looked at data from a survey of 55,000 over 50-year-olds in Europe. The respondents were quizzed about (4) _____. They discovered that most parents were happier with life after (5) _____ left home. Researchers say this could be because raising children creates financial worries, stress, (6) _____.

The lead researcher, Christoph Becker, (7) _____ big reason for parents being happiest when their children leave home is the tables are turned and children (8) _____ to their parents. The parents suffer from (9) _____ are more positive about life. Regarding the (10) _____ providing support, Mr Becker said: "Children's roles as caregivers, providers of financial (11) _____ as a means of social contact might outweigh the negative aspects of parenthood." He added that healthy family relationships stave off loneliness (12) _____.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1908/190823-having-children-5.html>

People believe that having children is the key to happiness and a perfect family life. This image is true for some, but researchers say that in reality, children make parents happiest when they fly the nest - when they leave home. Researchers looked at data from a survey of 55,000 over 50-year-olds in Europe. The respondents were quizzed about their emotional well-being. They discovered that most parents were happier with life after their offspring had left home. Researchers say this could be because raising children creates financial worries, stress, tiredness and anxiety. The lead researcher, Christoph Becker, concluded that a big reason for parents being happiest when their children leave home is that the tables are turned and children provide more support to their parents. The parents suffer from less depression and are more positive about life. Regarding the role reversal in providing support, Mr Becker said: "Children's roles as caregivers, providers of financial support or simply as a means of social contact might outweigh the negative aspects of parenthood." He added that healthy family relationships stave off loneliness in ageing parents.

HAVING CHILDREN SURVEY

From <https://breakingnewsenglish.com/1908/190823-having-children-4.html>

Write five GOOD questions about having children in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

