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Level 0 – 4th October, 2019

Living by the sea makes us happier

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<https://breakingnewsenglish.com/1910/191004-living-by-the-sea-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/1910/191004-living-by-the-sea-0.html>

People who live near the sea are happier than those who live inland. Researchers looked at the happiness and income of 26,000 people. People who lived within one kilometer of the coast were 22 per cent less likely to have mental health problems. People over 50 kilometers from the coast had more mental health problems.

A researcher said living near the coast helped to protect people from mental health problems. Living on the coast could help poor and rich people. Another researcher said we needed to use spaces in towns and cities better. He said the coast is for everyone. He said we should stop damaging "our fragile coastal environments".

Sources: https://www.huffingtonpost.co.uk/entry/heres-why-living-by-the-sea-really-is-better-for-your-mental-health_uk
<https://metro.co.uk/2019/10/01/moving-closer-sea-make-happier-10839273/?ito=cbshare>
<https://www.independent.co.uk/life-style/health-and-families/mental-health-seaside-town-coast-study-depression-anxiety-income-a9127666.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/1910/191004-living-by-the-sea-0.html>

PARAGRAPH ONE:

- | | |
|------------------------------|--------------------|
| 1. People who live | a. health problems |
| 2. happier than those who | b. 26,000 people |
| 3. Researchers looked at the | c. of the coast |
| 4. income of | d. live inland |
| 5. within one kilometer | e. from the coast |
| 6. 22 per cent | f. happiness |
| 7. over 50 kilometers | g. less likely |
| 8. had more mental | h. near the sea |

PARAGRAPH TWO:

- | | |
|-------------------------|-----------------|
| 1. living near the | a. people |
| 2. helped to protect | b. stop |
| 3. mental health | c. and cities |
| 4. we needed to use | d. environments |
| 5. in towns | e. coast |
| 6. He said the coast is | f. spaces |
| 7. He said we should | g. problems |
| 8. fragile coastal | h. for everyone |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/1910/191004-living-by-the-sea-0.html>

People (1) _____ the sea are happier than those
(2) _____. Researchers looked at the happiness
and income of 26,000 people. People (3) _____
one kilometer of the coast were 22 per cent
(4) _____ have mental health problems.
(5) _____ kilometers from the coast
(6) _____ health problems.

A researcher said living (7) _____ helped to
protect (8) _____ health problems. Living on the
coast (9) _____ and rich people. Another
researcher said we (10) _____ spaces in towns
and cities better. He said (11) _____ for everyone.
He said we should stop damaging "(12) _____
environments".

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/1910/191004-living-by-the-sea-0.html>

People who live near the sea are happier than those who live inland. Researchers looked at the happiness and income of 26,000 people. People who lived within one kilometer of the coast were 22 percent less likely to have mental health problems. People over 50 kilometers from the coast had more mental health problems. A researcher said living near the coast helped to protect people from mental health problems. Living on the coast could help poor and rich people. Another researcher said we needed to use space in towns and cities better. He said the coast is for everyone. He said we should stop damaging "our fragile coastal environments".

THE SEA SURVEY

From <https://breakingnewsenglish.com/1910/191004-living-by-the-sea-4.html>

Write five GOOD questions about the sea in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

