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Level 0 – 4th July, 2020

Red light could help improve vision in old age

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<https://breakingnewsenglish.com/2007/200704-red-light-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2007/200704-red-light-0.html>

Scientists can help older people to see better. They have a special red light. Looking at it for three minutes a day could help our eyes. A scientist said people should not buy any red light. They need a special one with the right wavelength. The scientists are looking for a partner to make the lights. They will cost around \$20.

Researchers did tests on 24 people. They found that vision was worse in older people. The red light helped the older people to see better. Their sight got better by 22 per cent. A doctor said poorer eyesight will be a big problem. He said: "If you can't see clearly... you fall down and break bones."

Sources: <https://www.newsweek.com/staring-red-light-3-minutes-appears-improve-eyesight-over-40s-1514344>
<https://www.mirror.co.uk/science/staring-red-light-three-minutes-22276312>
<https://www.slashgear.com/aging-vision-significantly-improved-by-recharging-daily-with-red-light-30627085/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2007/200704-red-light-0.html>

PARAGRAPH ONE:

- | | |
|-------------------------------|----------------------|
| 1. help the eyes | a. for two weeks |
| 2. looking at | b. people see better |
| 3. three minutes a day | c. at around \$20 |
| 4. make them see | d. wavelength |
| 5. red light could help older | e. of older people |
| 6. just go and | f. better |
| 7. produce the right | g. a red light |
| 8. price them | h. buy a red light |

PARAGRAPH TWO:

- | | |
|---------------------------|-------------------|
| 1. Researchers did tests | a. ready for this |
| 2. eye cells used | b. better |
| 3. see different colours | c. down |
| 4. poorer | d. to see light |
| 5. He said we need to get | e. bones |
| 6. If you can't | f. eyesight |
| 7. fall | g. see clearly |
| 8. break | h. on 24 people |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2007/200704-red-light-0.html>

Scientists (1) _____ people to see better. They have (2) _____ light. Looking at it for three minutes a day could (3) _____. A scientist said people should not (4) _____ light. They need a special one (5) _____ wavelength. The scientists are looking for a partner to make the lights. They (6) _____ \$20.

Researchers (7) _____ 24 people. They found that vision (8) _____ older people. The red light helped the older people (9) _____. Their sight got better by 22 per cent. A doctor (10) _____ will be a big problem. He said: "If (11) _____ clearly... you fall down (12) _____."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2007/200704-red-light-0.html>

Scientists can help older people to see better. They have a special red light
. Looking at it for three minutes a day could help our eyes. A scientist said
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wavelength. The scientists are looking for a partner to make the lights. The
y will cost around \$20. Researchers did tests on 24 people. They found that
vision was worse in older people. The red light helped the older people to
see better. Their sight got better by 22 percent. A doctor said poor eyesig
ht will be a big problem. He said: "If you can't see clearly... you fall down an
d break bones."

EYESIGHT SURVEY

From <https://breakingnewsenglish.com/2007/200704-red-light-4.html>

Write five GOOD questions about eyesight in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

