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Level 1 – 27th December, 2020

Early humans may have hibernated in winter

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<https://breakingnewsenglish.com/2012/201227-early-humans-1.html>

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2012/201227-early-humans-1.html>

Animals keep food and hibernate for the winter. They escape the cold in a hole. Scientists think early humans also did this. They looked at the bones from our ancestors who lived 430,000 years ago. The scientists know a lot about ancient bones. Cuts and other damage on the bones were like those on the bones of animals who hibernate. Early humans hibernated to escape the cold. Winters were much colder hundreds of thousands of years ago.

There is evidence to show that early humans slowed down their metabolism. They could survive longer in winter without food. Humans could not do this like a bear. Bears can wake up after months of sleeping and their body will be the same. The bones showed that hibernating gave early humans health problems. Many of these were because of not getting enough vitamin D from sunlight. This made their bones weaker.

Sources: <https://www.theguardian.com/science/2020/dec/20/early-humans-may-have-survived-the-harsh-winters-by-hibernating>
<https://www.sciencealert.com/early-humans-may-have-hibernated-through-long-winters>
<https://sputniknews.com/science/202012201081521644-early-humans-may-have-slept-through-harsh-winters-new-study-finds/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2012/201227-early-humans-1.html>

PARAGRAPH ONE:

- | | |
|--------------------------------|-----------------------|
| 1. They escape the cold | a. escape the cold |
| 2. They looked at the bones | b. in a hole |
| 3. scientists know a lot about | c. of years ago |
| 4. Cuts and other damage | d. ancient bones |
| 5. bones of animals | e. colder |
| 6. Early humans hibernated to | f. from our ancestors |
| 7. Winters were much | g. who hibernate |
| 8. hundreds of thousands | h. on the bones |

PARAGRAPH TWO:

- | | |
|----------------------------------|-----------------------|
| 1. There is evidence to | a. months of sleeping |
| 2. slowed down their | b. show that |
| 3. survive longer in winter | c. weaker |
| 4. Humans could not do this | d. without food |
| 5. Bears can wake up after | e. from sunlight |
| 6. hibernating gave early humans | f. like a bear |
| 7. not getting enough vitamin D | g. metabolism |
| 8. This made their bones | h. health problems |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2012/201227-early-humans-1.html>

Animals (1) _____ hibernate for the winter. They escape the cold (2) _____. Scientists think early humans (3) _____. They looked at the bones from our ancestors who lived 430,000 years ago. The scientists know (4) _____ ancient bones. Cuts and other damage on the bones were (5) _____ the bones of animals who hibernate. Early humans hibernated to escape the cold. Winters were much colder (6) _____ of years ago.

There is evidence to show (7) _____ slowed down their metabolism. They could (8) _____ winter without food. Humans could not do this like a bear. Bears can (9) _____ months of sleeping and their body will be the same. The bones (10) _____ gave early humans health problems. Many of (11) _____ of not getting enough vitamin D from sunlight. This (12) _____ weaker.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2012/201227-early-humans-1.html>

Animals keep food and hibernate for the winter. They escape the cold in a hole. Scientists think early humans also did this. They looked at the bones from our ancestors who lived 430,000 years ago. The scientists know a lot about ancient bones. Cuts and other damage on the bones were like those on the bones of animals who hibernate. Early humans hibernated to escape the cold. Winters were much colder hundreds of thousands of years ago. There is evidence to show that early humans slowed down their metabolism. They could survive longer in winter without food. Humans could not do this like a bear. Bears can wake up after months of sleeping and their body will be the same. The bones showed that hibernating gave early humans health problems. Many of these were because of not getting enough vitamin D from sunlight. This made their bones weaker.

HIBERNATION SURVEY

From <https://breakingnewsenglish.com/2012/201227-early-humans-4.html>

Write five GOOD questions about hibernation in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

