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# **Level 2 – 20th January, 2021**

# Wristband lets others know your mood

FREE online quizzes, mp3 listening and more for this lesson here:

https://breakingnewsenglish.com/2101/210120-moods-2.html

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Please try Levels 0, 1 and 3. They are (a little) harder.

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### THE READING

From <a href="https://breakingnewsenglish.com/2101/210120-moods-2.html">https://breakingnewsenglish.com/2101/210120-moods-2.html</a>

A new device can let people know your mood. It is a wristband called Moodbeam. A UK company and a healthcare provider designed it. The company wanted to make a self-reporting device to help hospital workers. The healthcare provider wanted its staff to be able to monitor their mood. Wearers of the device can check their mood by logging in to their account. Information on their mood is stored in the cloud. Employers and managers can see the data stored in the cloud on a dashboard. This can let them know how workers are feeling and dealing with their work.

The idea for the wristband came from a worried mother. She wanted to know how her daughter was feeling. The company website says: "Moodbeam is built on the unfortunate truth that...[moods are] hard to capture, tough to talk about and often invisible." It wants to transform the way the world sees mood, "by making it easier to understand and talk about how we feel". It added "The device allows for better understanding of how we feel, creates more meaningful conversations with those we care about and helps us lead happier lives."

Sources: https://moodbeam.co.uk/

https://www.bbc.com/news/business-55637328

https://www.mobihealthnews.com/news/emea/wearable-mood-device-provide-wellbeing-

support-nhs-staff

### PHRASE MATCHING

From https://breakingnewsenglish.com/2101/210120-moods-2.html

#### **PARAGRAPH ONE:**

- 1. A new device can let people
- 2. a healthcare
- 3. make a self-
- 4. monitor
- 5. logging in to
- 6. Information on their mood is stored
- 7. managers can see the
- 8. let them know how workers

- a. are feeling
- b. reporting device
- c. their mood
- d. their account
- e. know your mood
- f. data
- g. provider
- h. in the cloud

#### **PARAGRAPH TWO:**

- 1. The idea for
- 2. She wanted to know how her
- 3. the unfortunate
- 4. transform the way the world
- 5. easier to understand and
- 6. better understanding of how
- 7. conversations with those we care
- 8. helps us lead

- a. talk about
- b. about
- c. we feel
- d. happier lives
- e. truth
- f. the wristband
- g. sees mood
- h. daughter was feeling

# **LISTEN AND FILL IN THE GAPS**

From <a href="https://breakingnewsenglish.com/2101/210120-moods-2.html">https://breakingnewsenglish.com/2101/210120-moods-2.html</a>

A new device can let people (1) It is a
wristband called Moodbeam. A UK company and a healthcare
(2) The company wanted to make a self-
reporting device to help hospital workers. The healthcare provider
wanted its staff to be (3) their mood.
Wearers of the device can check their mood by logging in to their
account. Information on their (4) in the
cloud. Employers and managers can see (5)
in the cloud on a dashboard. This can let them know how workers
are feeling (6) their work.
The idea for the wristband came from (7)
She wanted to know how her daughter was feeling. The company
website says: "Moodbeam (8) the
unfortunate truth that[moods are] (9),
tough to talk about and often invisible." It wants to transform the
way the world sees mood, "by (10) to
understand and talk about how we feel". It added "The device
understanding of how we feel, creates
more meaningful conversations with those we care about and helps
(12)lives."

## PUT A SLASH ( / )WHERE THE SPACES ARE

From https://breakingnewsenglish.com/2101/210120-moods-2.html

Anewdevicecanletpeopleknowyourmood. It is a wrist band called Mood beam.AUKcompanyandahealthcareproviderdesignedit.Thecompan ywantedtomakeaself-reportingdevicetohelphospitalworkers. Thehe althcareproviderwanteditsstafftobeabletomonitortheirmood. Weare rsofthedevicecanchecktheirmoodbyloggingintotheiraccount.Inform ationontheirmoodisstoredinthecloud. Employers and managers can se ethedatastoredinthecloudonadashboard. This can let them know how workersarefeelinganddealingwiththeirwork. Theideaforthewristban dcamefromaworriedmother. Shewantedtoknowhowherdaughterwa sfeeling. The company websites ays: "Mood beam is built on the unfortun atetruththat...[moodsare]hardtocapture,toughtotalkaboutandofte ninvisible."Itwantstotransformthewaytheworldseesmood,"bymakin giteasiertounderstandandtalkabouthowwefeel". Itadded "Thedevice allowsforbetterunderstandingofhowwefeel, creates more meaningful conversations with those we care about and helps us lead happier lives."

### **MOODS SURVEY**

From <a href="https://breakingnewsenglish.com/2101/210120-moods-2.html">https://breakingnewsenglish.com/2101/210120-moods-2.html</a>

Write five GOOD questions about moods in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

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# **WRITING**

From <a href="https://breakingnewsenglish.com/2101/210120-moods-2.html">https://breakingnewsenglish.com/2101/210120-moods-2.html</a>

Write abou	t <b>moods</b>	for 10 minutes	s. Read and	d talk abou	t your partn	er's paper.	