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Wristband lets others know your mood – 20th January, 2021

## Level 0

A wristband called Moodbeam lets people know your mood. A company designed it to help hospital workers. It wanted staff to monitor their mood. Wearers can check their mood by logging in to their information in the cloud. Employers can see the data stored in the cloud. They can find out how workers are feeling.

A worried mother thought of the idea. She wanted to know how her daughter was feeling. Moods are hard to explain and difficult to talk about. The company wants to change the way we see mood and make it easier to talk about it. We can have better conversations with those we care about. We can also lead happier lives.

## Level 1

A device lets people know your mood. It is a wristband called Moodbeam. A company and a healthcare provider designed it. The company wanted to help hospital workers. The healthcare provider wanted its staff to monitor their mood. Wearers can check their mood by logging in to their account. Their information is stored in the cloud. Employers can see the data stored in the cloud. They can find out how workers are feeling at work.

A worried mother thought of the idea. She wanted to know how her daughter was feeling. The company website says: "Moods are hard to capture, tough to talk about and often invisible." It wants to change the way the world sees mood, "by making it easier to...talk about how we feel". It gives us a better understanding of how we feel. We can have more meaningful conversations with those we care about. We can also lead happier lives.

## Level 2

A new device can let people know your mood. It is a wristband called Moodbeam. A UK company and a healthcare provider designed it. The company wanted to make a self-reporting device to help hospital workers. The healthcare provider wanted its staff to be able to monitor their mood. Wearers of the device can check their mood by logging in to their account. Information on their mood is stored in the cloud. Employers and managers can see the data stored in the cloud on a dashboard. This can let them know how workers are feeling and dealing with their work.

The idea for the wristband came from a worried mother. She wanted to know how her daughter was feeling. The company website says: "Moodbeam is built on the unfortunate truth that...[moods are] hard to capture, tough to talk about and often invisible." It wants to transform the way the world sees mood, "by making it easier to understand and talk about how we feel". It added "The device allows for better understanding of how we feel, creates more meaningful conversations with those we care about and helps us lead happier lives."

## Level 3

A new wearable device can let other people know your mood. The device is a wristband. It is called a Moodbeam and is made by a UK company with the same name. The wristband was designed by the company and a healthcare provider. The company wanted to make a self-reporting device to help doctors and medical staff. The healthcare provider wanted its workers to be able to monitor their mood. Wearers of the device can check their mood by logging in to their Moodbeam account. Information on their mood will be stored in the cloud. Employers and managers can also see the data stored in the cloud on a dashboard. This can let them know how workers and teams are feeling and coping at work.

The original idea for the Moodbeam wristband came from a worried mother. She wanted to know how her daughter was feeling when she wasn't with her. The company website says: "Moodbeam is built on the unfortunate truth that whilst how we feel is so important to our wellbeing, it's hard to capture, tough to talk about and often invisible....Moodbeam was created with the ambition to transform the way the world sees mood, by making it easier to understand and talk about how we feel." It added the device: "Allows for better understanding of how we feel, creates more meaningful conversations with those we care about and helps us lead happier lives."

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