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Level 4 – 28th April, 2021

Volunteers experience 40 days of isolation in a cave

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2104/210428-isolation-4.html>

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Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2104/210428-isolation-4.html>

Could you survive without your smartphone? Could you live in a cave for 40 days? Fifteen people did just that. They took part in a project called Deep Time to see if they could totally disconnect from the modern world. Scientists examined how they adapted to basic living conditions in a cave with no sunlight for six weeks. They had no contact with the outside world. They only had their body clock to know when to wake up, go to sleep and eat.

Most volunteers enjoyed the total isolation. They wanted to stay underground longer to finish projects they had started. Deep Time's director said the experience would, "test humans' ability to adapt to the loss of their frame of reference for time and space". He said: "Our future as humans on this planet will evolve. We must learn to better understand how our brains are capable of finding new solutions, whatever the situation."

Sources: <https://www.abc.net.au/news/2021-04-25/deep-time-experiment-sees-people-spend-40-days-in-cave/100093966>
<https://www.france24.com/en/live-news/20210424-french-volunteers-leave-cave-after-40-day-endurance-trial>
<https://www.theguardian.com/world/2021/apr/25/deep-time-team-ends-40-days-underground-in-french-cave>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2104/210428-isolation-4.html>

PARAGRAPH ONE:

- | | |
|---------------------------------------|---------------------|
| 1. survive without | a. the modern world |
| 2. live | b. in a project |
| 3. Fifteen people did | c. outside world |
| 4. They took part | d. in a cave |
| 5. they could totally disconnect from | e. conditions |
| 6. Scientists examined how | f. just that |
| 7. basic living | g. they adapted |
| 8. no contact with the | h. your smartphone |

PARAGRAPH TWO:

- | | |
|------------------------------------|--------------------------|
| 1. volunteers enjoyed the total | a. on this planet |
| 2. They wanted to stay underground | b. situation |
| 3. test humans' ability to | c. reference |
| 4. their frame of | d. isolation |
| 5. time and | e. finding new solutions |
| 6. Our future as humans | f. space |
| 7. our brains are capable of | g. longer |
| 8. whatever the | h. adapt |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2104/210428-isolation-4.html>

Could you survive (1) _____? Could you live in a cave for 40 days? Fifteen people did just that. They took (2) _____ project called Deep Time to see if they (3) _____ from the modern world. Scientists examined how they (4) _____ living conditions in a cave with no sunlight for six weeks. They (5) _____ with the outside world. They only had their (6) _____ know when to wake up, go to sleep and eat.

Most volunteers enjoyed (7) _____. They wanted to stay underground (8) _____ projects they had started.

Deep Time's director said the experience would, "test humans' (9) _____ to the loss of their frame of reference (10) _____ space". He said: "Our future as humans on this (11) _____. We must learn to better understand how our brains are capable of finding new solutions, (12) _____."

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2104/210428-isolation-4.html>

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ISOLATION SURVEY

From <https://breakingnewsenglish.com/2104/210428-isolation-4.html>

Write five GOOD questions about isolation in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

