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### **Level 5** - 22nd May, 2021

### Working long hours kills hundreds of thousands

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https://breakingnewsenglish.com/2105/210522-working-hours-5.html

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Please try Levels 4 and 6. They are (a little) harder.

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#### THE READING

From https://breakingnewsenglish.com/2105/210522-working-hours-5.html

The WHO has issued a grim warning about the danger of overworking. It said working long hours causes the premature death of hundreds of thousands of people. The organization analysed the link between loss of life and long hours. The findings were sad. Around three-quarters of a million workers die early from strokes and heart attacks because of working over 55 hours a week. Most of these deaths were in people aged 60 to 70 who worked over 55 hours between the ages of 45 and 74. The WHO said men accounted for 72 per cent of the deaths.

The WHO said people who work at least 55 hours a week have a 42 per cent increased risk of stroke, and a 19 per cent increased chance of heart disease. Researchers looked at data from 154 countries from 1970 to 2018. The WHO said: "No job is worth the risk of stroke or heart disease. Governments, employers and workers need to work together to agree on limits to protect the health of workers." Over nine per cent of workers overwork. The WHO said the situation is "accelerating" because of the pandemic and that there is a "trend towards increased working time".

Sources: https://edition.cnn.com/2021/05/17/success/who-long-hours-intl-scli-wellness/index.html

https://www.cnet.com/health/working-too-much-can-kill-you-who-study-finds/

https://news.**sky.com**/story/covid-19-long-working-hours-killing-745-000-people-a-year-who-

study-finds-12308976

### **PHRASE MATCHING**

From https://breakingnewsenglish.com/2105/210522-working-hours-5.html

#### **PARAGRAPH ONE:**

1. The WHO has issued

2. the danger of b. death

3. premature c. aged 60 to 70

sad

a.

4. The organization analysed d. for 72 per cent

5. The findings were e. from strokes

6. die early f. a grim warning

7. in people g. the link

8. men accounted h. overworking

#### **PARAGRAPH TWO:**

1. a 42 per cent increased risk a. of workers

No job is worthworking time

3. workers need to c. of stroke

4. agree d. work together

5. protect the health e. accelerating

6. Over nine per cent of workers f. on limits

7. the situation is q. the risk

8. a trend towards increased h. overwork

### LISTEN AND FILL IN THE GAPS

From <a href="https://breakingnewsenglish.com/2105/210522-working-hours-5.html">https://breakingnewsenglish.com/2105/210522-working-hours-5.html</a>

The WHO has (1)	warning about the danger
of overworking. It said workin	g long hours causes the
(2) hundred	s of thousands of people. The
organization analysed the link between	en (3)
and long hours. The findings were sa	ad. Around three-quarters of a
million workers die (4)	and heart attacks
because of working over 55	hours a week. Most
(5) were in	people aged 60 to 70 who
worked over 55 hours between the	ages of 45 and 74. The WHO
said (6) 72 p	er cent of the deaths.
The WHO said people who (7)	55 hours a
week have a 42 per cent increased (8	, and
a 19 per cent increased chance of hea	art disease. Researchers looked
at data from 154 countries from 197	0 to 2018. The WHO said: "No
(9) the risk	of stroke or heart disease.
Governments, employers and worke	ers need to work together to
(10) to prote	ct the health of workers." Over
nine per cent of workers over	work. The WHO said the
(11) becaus	e of the pandemic and that
	<b>-</b>

### PUT A SLASH ( / ) WHERE THE SPACES ARE

From https://breakingnewsenglish.com/2105/210522-working-hours-5.html

The WHO has is sued a grimwarning about the danger of overworking. Its aidworkinglonghourscausestheprematuredeathofhundredsofthous andsofpeople. Theorganization analysed the link between loss of life and longhours. The findings were sad. Around three-quarters of a million wor kersdieearlyfromstrokesandheartattacksbecauseofworkingover55h oursaweek. Mostofthese deaths were in people aged 60 to 70 who worke dover55hoursbetweentheagesof45and74.TheWHOsaidmenaccount edfor72percentofthedeaths.TheWHOsaidpeoplewhoworkatleast55 hoursaweekhavea42percentincreasedriskofstroke,anda19percenti ncreasedchanceofheartdisease.Researcherslookedatdatafrom154c ountriesfrom1970to2018.TheWHOsaid:"Nojobisworththeriskofstro keorheartdisease. Governments, employers and workers need to work t ogethertoagreeonlimitstoprotectthehealthofworkers."Overnineper centofworkersoverwork. The WHO said the situation is "accelerating" b ecauseofthepandemicandthatthereisa"trendtowardsincreasedwork ingtime".

### **WORKING HOURS SURVEY**

From <a href="https://breakingnewsenglish.com/2105/210522-working-hours-4.html">https://breakingnewsenglish.com/2105/210522-working-hours-4.html</a>

Write five GOOD questions about working hours in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

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	QUESTIONS & ASK YOUR PARTNE
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### **WRITING**

 $\textbf{From} \quad \underline{\text{https://breakingnewsenglish.com/2105/210522-working-hours-5.html}}$ 

Write about <b>wor</b> l paper.	<b>king hours</b> for 10 n	ninutes. Read and t	alk about your partner's