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**Level 2 – 5th June, 2021**

## **More young people suffering from 'eco-anxiety'**

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/2106/210605-eco-anxiety-2.html>

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**Please try Levels 0, 1 and 3. They are (a little) harder.**

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# THE READING

From <https://breakingnewsenglish.com/2106/210605-eco-anxiety-2.html>

More children are suffering from "eco-anxiety". This is a condition that makes people worry about the future of Earth. People worry about climate change, pollution and biodiversity loss. Teachers want more lessons in schools about climate change, wildlife and the environment. They say schools teach very little about climate change. Some teachers believe it should be taught to all year groups. A campaign group found that only four per cent of schoolchildren knew enough about the climate crisis. The group said this is making more children suffer from eco-anxiety.

Another campaign group, Earth Rangers, has taken action about eco-anxiety. It said: "Eco-anxiety is not an official...disorder. However, it does affect children in very real ways. This includes feelings of fear...and despair." It wants to understand how to help children find strategies to cope with negative feelings. It said schools should make conservation activities, and help children to teach their parents about how to protect nature. The Earth Rangers president said more action was needed to help children. She said: "Children are on the front lines of climate change."

Sources: <https://news.sky.com/story/youngsters-suffering-from-eco-anxiety-as-campaigners-demand-more-climate-change-teaching-in-schools-12321819>  
<https://www.globenewswire.com/news-release/2021/06/02/2240546/0/en/New-research-from-Earth-Rangers-Ipsos-mental-health-experts-shows-rising-climate-concerns-among-children-can-be-healthy-with-the-right-support.html>  
<https://www.reuters.com/article/us-climate-change-health-idUSKCN2D7206>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/2106/210605-eco-anxiety-2.html>

## PARAGRAPH ONE:

- |                                    |                         |
|------------------------------------|-------------------------|
| 1. More children are suffering     | a. of Earth             |
| 2. a condition that makes          | b. loss                 |
| 3. the future                      | c. knew enough          |
| 4. People worry                    | d. from "eco-anxiety"   |
| 5. biodiversity                    | e. to all year groups   |
| 6. it should be taught             | f. group                |
| 7. A campaign                      | g. people worry         |
| 8. four per cent of schoolchildren | h. about climate change |

## PARAGRAPH TWO:

- |                                    |                      |
|------------------------------------|----------------------|
| 1. Eco-anxiety is not an           | a. feelings          |
| 2. This includes feelings of       | b. their parents     |
| 3. cope with negative              | c. of climate change |
| 4. conservation                    | d. official disorder |
| 5. help children to teach          | e. to help children  |
| 6. how to protect                  | f. activities        |
| 7. action was needed               | g. nature            |
| 8. Children are on the front lines | h. fear              |

# LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2106/210605-eco-anxiety-2.html>

More children are suffering from "eco-anxiety". This (1) \_\_\_\_\_ that makes people worry about the future of Earth. People worry about climate change, pollution (2) \_\_\_\_\_. Teachers want more lessons in schools about climate change, (3) \_\_\_\_\_ environment. They say schools teach (4) \_\_\_\_\_ climate change. Some teachers believe it should be taught to all year groups. A (5) \_\_\_\_\_ that only four per cent of schoolchildren knew enough about (6) \_\_\_\_\_. The group said this is making more children suffer from eco-anxiety.

Another campaign group, Earth Rangers, (7) \_\_\_\_\_ about eco-anxiety. It said: "Eco-anxiety is (8) \_\_\_\_\_...disorder. However, it does affect children in very real ways. This includes feelings of (9) \_\_\_\_\_." It wants to understand how to help children find strategies to (10) \_\_\_\_\_ feelings. It said schools should make conservation activities, and help children to teach their parents about how (11) \_\_\_\_\_. The Earth Rangers president said more action was needed to help children. She said: "Children are on (12) \_\_\_\_\_ of climate change."

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2106/210605-eco-anxiety-2.html>

More children are suffering from "eco-anxiety". This is a condition that makes people worry about the future of Earth. People worry about climate change, pollution and biodiversity loss. Teachers want more lessons in schools about climate change, wildlife and the environment. They say schools should teach very little about climate change. Some teachers believe it should be taught to all year groups. A campaign group found that only four percent of school children knew enough about the climate crisis. The group said this is making more children suffer from eco-anxiety. Another campaign group, Earth Rangers, has taken action about eco-anxiety. It said: "Eco-anxiety is not an official... disorder. However, it does affect children in very real ways. This includes feelings of fear... and despair." It wants to understand how to help children find strategies to cope with negative feelings. It says schools should make conservation activities, and help children to teach their parents about how to protect nature. The Earth Rangers president said more action was needed to help children. She said: "Children are on the frontlines of climate change."

# ECO-ANXIETY SURVEY

From <https://breakingnewsenglish.com/2106/210605-eco-anxiety-2.html>

Write five GOOD questions about eco-anxiety in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*More young people suffering from 'eco-anxiety' – 5th June, 2021*  
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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

