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## Scientists make skin look 30 years younger – 14th April, 2022

### Level 0

People spend billions of dollars on creams and pills trying to look younger. Scientists tried for many years to slow down the ageing process. Now, they have found a new technique to turn back the ageing clock in cells by 30 years. Their work is still at an early stage. It could help people look younger in the future.

The new technique could change medicine. A researcher was excited because it could help to treat skin problems, like burns and acne. It could also heal cuts more quickly. It could be quicker to heal wounds. The scientists' work might help to reverse the ageing process. This could make us look younger.

### Level 1

People spend billions of dollars trying to look younger. Companies make thousands of creams and pills for our skin. Scientists tried for decades to slow down the ageing process. Now, they have made a breakthrough. They have found a method to "time jump" skin cells. The scientists say they can turn back the ageing clock in cells by 30 years. Their work is still at an early stage, but it could help people look younger in the future.

The new technique could change medicine. A researcher said: "We've only tested this technique in skin cells. We're excited to see if we can [use it] across other cell types." It could be used to treat skin problems, such as burns and acne. It could also heal cuts more quickly. Another researcher said: "If you cut yourself, it'll take quicker to heal the wound." The scientists' work might help to reverse the ageing process and make us look younger.

### Level 2

People spend billions of dollars trying to look younger. Companies make thousands of creams and pills for our skin to look younger. Scientists have tried for decades to slow down the ageing process. Now, scientists made a breakthrough. They have found a method to "time jump" cells in our skin. The scientists are from a research institute in the UK. They say they can turn back the ageing clock in cells by 30 years. This could make our skin look younger. The scientists say their work is still at an early stage, but it could help people look younger in the future.

The scientists' new technique could change medicine and health. Researcher Dr Diljeet Gill said: "We've only tested this technique in skin cells. We're excited to see if we can [use it] across other cell types." It could be used to help other parts of the body. It could also be used to treat skin problems, such as burns and acne. The new technique could also help to heal cuts more quickly. Another researcher said: "If you cut yourself, it'll take quicker to heal the wound." The scientists said their work might help us look younger. It could actually reverse the ageing process.

#### Level 3

People around the world spend billions of dollars every year trying to look younger. Companies produce thousands of creams, pills and treatments for our skin to look younger. In addition, scientists have worked for decades on trying to slow down the ageing process. This week, scientists made a breakthrough. They have developed a method to "time jump" cells in human skin. The scientists are from the Babraham Institute in Cambridge, UK. They say they can turn back the ageing clock in cells by 30 years. They added that this could make skin look younger. Skin cells in their tests kept all of the important functions. The scientists say their work is still at an early stage, but it could help people look younger in the future.

The technique developed by the scientists could change medicine and health. The lead researcher, Dr Diljeet Gill, said: "So far, we've only tested this technique in skin cells. We're excited to see if we can translate it across other cell types." This means it could be used to treat skin problems, such as burns, acne and eczema. The scientists hope their technique could also be used to help other parts of the body. Their new method could additionally help to heal cuts more quickly, especially in older people. Researcher Dr Wolf Reik said: "If you cut yourself, it'll take quicker to heal the wound." The scientists said their work might one day help us look younger. It could actually reverse the ageing process.

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