

Breaking News English.com

Ready-to-Use English Lessons by Sean Banville

**"1,000 IDEAS & ACTIVITIES
FOR LANGUAGE TEACHERS"**

breakingnewsenglish.com/book.html

**Thousands more free lessons
from Sean's other websites**

www.freeeslmaterials.com/sean_banville_lessons.html

Level 2 – 21st April, 2022

Half the world's population get headaches

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2204/220421-headaches-2.html>

Contents

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

Please try Levels 0, 1 and 3. They are (a little) harder.

Twitter



twitter.com/SeanBanville

Facebook



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

THE READING

From <https://breakingnewsenglish.com/2204/220421-headaches-2.html>

Many people get headaches. A new report says over half of us get them. Researchers from a university in Norway looked at 357 different studies on headaches from 1961 to 2020. The studies were mainly from rich countries. They included data on general headaches, migraines, and headaches from tension. The researchers said that 52 per cent of people in their study had some kind of headache every year. The lead researcher, Lars Jacob Stovner, was surprised that so many people got headaches. The report is published in "The Journal of Headache and Pain".

The researchers found that women get more headaches than men. They said 17 per cent of women get migraines, compared to 9 per cent of men. Six per cent of women get headaches on 15 or more days a month, this number is three per cent for men. Mr Stovner said headaches are common worldwide and can be very painful. He said more people are getting headaches, and that migraine rates are increasing." He called for more research "to analyze the different causes of headaches and to target prevention and treatment more effectively".

Sources: <https://www.sciencealert.com/over-50-of-world-s-population-is-likely-affected-by-this-health-disorder-every-year>
https://www.upi.com/Health_News/2022/04/12/headaches-half-world/2751649783764/
<https://www.washingtonpost.com/health/2022/04/17/headache-disorders-migraines/>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2204/220421-headaches-2.html>

PARAGRAPH ONE:

- | | |
|---------------------------------|-------------------------|
| 1. Many people | a. headache every year |
| 2. over half of | b. on headaches |
| 3. 357 different studies | c. and Pain |
| 4. The studies were mainly | d. us get them |
| 5. headaches from | e. people got headaches |
| 6. their study had some kind of | f. tension |
| 7. surprised that so many | g. get headaches |
| 8. The Journal of Headache | h. from rich countries |

PARAGRAPH TWO:

- | | |
|----------------------------------|------------------------|
| 1. women get more headaches | a. for men |
| 2. They said 17 per cent of | b. are increasing |
| 3. Six per cent of women | c. treatment |
| 4. this number is three per cent | d. get headaches |
| 5. headaches are common | e. of headaches |
| 6. migraine rates | f. worldwide |
| 7. the different causes | g. than men |
| 8. target prevention and | h. women get migraines |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2204/220421-headaches-2.html>

Many people get headaches. A new report says (1) _____ us get them. Researchers from a university in Norway looked at 357 (2) _____ headaches from 1961 to 2020. The studies were mainly from rich countries. They (3) _____ general headaches, migraines, and headaches from tension. The researchers said that 52 per cent of people (4) _____ had some kind of headache every year. The lead researcher, Lars Jacob Stovner, was surprised that (5) _____ got headaches. The report (6) _____ "The Journal of Headache and Pain".

The researchers found that women (7) _____ than men. They said 17 per cent of women get migraines, (8) _____ per cent of men. Six per cent of women get headaches on 15 or more (9) _____, this number is three per cent for men. Mr Stovner said headaches are common worldwide and can (10) _____. He said more people are getting headaches, and (11) _____ are increasing." He called for more research "to analyze the different causes of headaches (12) _____ prevention and treatment more effectively".

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2204/220421-headaches-2.html>

Many people get headaches. A new report says over half of us get them. Researchers from a university in Norway looked at 357 different studies on headaches from 1961 to 2020. The studies were mainly from rich countries. They included data on general headaches, migraines, and headaches from tension. The researchers said that 52 percent of people in their study had some kind of headache every year. The lead researcher, Lars Jacob Stovner, was surprised that so many people get headaches. The report is published in "The Journal of Headache and Pain". The researchers found that women get more headaches than men. They said 17 percent of women get migraines, compared to 9 percent of men. Six percent of women get headaches on 15 or more days a month, this number is three percent for men. Mr Stovner said headaches are common worldwide and can be very painful. He said more people are getting headaches, and that migraine rates are increasing. "He called for more research" to analyze the different causes of headaches and to target prevention and treatment more effectively".

HEADACHES SURVEY

From <https://breakingnewsenglish.com/2204/220421-headaches-2.html>

Write five GOOD questions about headaches in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

Half the world's population get headaches – 21st April, 2022
More free lessons at breakingnewsenglish.com

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

