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Level 0 - 19th January 2023

Woman runs record 150 marathons in 150 days

FREE online quizzes, mp3 listening and more for this lesson here:

https://breakingnewsenglish.com/2301/230119-record-marathon-runner-0.html

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From https://breakingnewsenglish.com/2301/230119-record-marathon-runner-0.html

It's hard to run the 42 km of a marathon. This seems easy for a 32-year-old Australian runner. She just ran one every day for 150 days. She ran 6,300 km across Australia for over five months. She easily beat the old world record of 106 marathons. The woman did not qualify for the Olympics, so she ran the marathons instead.

The woman broke the record to raise awareness of animals in danger. Many animals in Australia are dying out. She raised \$70,000 for a wildlife charity. The marathons were very hard, but she knew she could finish. She was "covered in sweat and flies, and everything ached". She kept giving herself lots of tiny goals.

Sources: https://www.bbc.com/news/world-australia-64286469

https://www.theage.com.au/national/victoria/i-m-so-stoked-woman-wraps-up-150-marathons-in-

150-days-with-tan-track-dash-20230116-p5ccul.html

https://www.abc.net.au/news/2023-01-17/erchana-murraybartlett-runs-150-marathons-in-a-row-

breaks-record/101861080

PHRASE MATCHING

From https://breakingnewsenglish.com/2301/230119-record-marathon-runner-0.html

PARAGRAPH ONE:

- 1. It's hard
- 2. the 42 km of
- 3. This seems
- 4. a 32-year-old
- 5. She just ran one every
- 6. She easily beat
- 7. qualify for
- 8. she ran the marathons

- a. Australian runner
- b. the old world record
- c. instead
- d. a marathon
- e. the Olympics
- f. day for 150 days
- g. to run
- h. easy

PARAGRAPH TWO:

- 1. raise
- 2. She raised \$70,000 for
- 3. The marathons were
- 4. she knew she could
- 5. She was covered
- 6. everything
- 7. She kept giving
- 8. tiny

- a. ached
- b. awareness
- c. goals
- d. a wildlife charity
- e. herself lots
- f. very hard
- q. in sweat and flies
- h. finish

LISTEN AND FILL IN THE GAPS

From https://breakingnewsenglish.com/2301/230119-record-marathon-runner-0.html

It's (1)	the 42 km of a marathon. This
(2) a	32-year-old Australian runner. She
just ran (3)	for 150 days. She ran 6,300
km across Australia (4)	months. She
easily (5)	world record of 106 marathons.
The woman did not	qualify for the Olympics,
(6) the	e marathons instead.
The woman broke the (7)	awareness of
animals in danger.	Many animals in Australia
(8)	. She raised \$70,000 for
(9) T	The marathons were very hard, but
she knew (10)	She was "covered in sweat
and flies, (11)	". She kept giving
(12) tii	ny goals.

PUT A SLASH (/)WHERE THE SPACES ARE

From https://breakingnewsenglish.com/2301/230119-record-marathon-runner-0.html

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knewshecouldfinish. Shewas "coveredinsweat and flies, and everythin gached". Shekeptgivingherselflotsofting goals.

MARATHONS SURVEY

From https://breakingnewsenglish.com/2301/230119-record-marathon-runner-0.html

Write five GOOD questions about marathons in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

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WRITING

From https://breakingnewsenglish.com/2301/230119-record-marathon-runner-0.html

Write about maratho	ons for 10 minutes	s. Read and talk about yo	our partner's paper.