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Level 4 - 15th January 2024

Love is a drug called dopamine, say scientists

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https://breakingnewsenglish.com/2401/240115-dopamine-and-love-4.html

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Please try Levels 5 and 6. They are (a little) harder.

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THE READING

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love-4.html

Writers have long-claimed that love is a drug. Scientists have gone a step further to prove this. They did tests on the relationships of prairie voles. Different pairs of voles were tested for levels of dopamine, which plays a role in our seeking pleasure. The researchers said the voles released a lot of dopamine when they were with their "established partner". Parts of the voles' brains lit up "like a glow stick" when they saw their mates.

The study shows how complex human relationships are. It says dopamine is released when we fall in love. A researcher said: "Our entire social world is...defined by different degrees of selective desire to interact with different people, whether it's your romantic partner or your close friends." She added: "Certain people leave a unique chemical imprint on our brain." Research also suggests that women get over breakups faster than men.

Sources: https://www.theguardian.com/science/2024/jan/12/biological-changes-in-brain-may-help-ingetting-over-an-ex-study-finds

https://nypost.com/2024/01/12/lifestyle/yes-you-will-get-over-being-dumped-were-wired-to-

hounce-back/

https://medicalxpress.com/news/2024-01-neuroscientists-chemical-imprint-desire.html

PHRASE MATCHING

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love-4.html

PARAGRAPH ONE:

- 1. Writers have long-
- 2. Scientists have gone a step further
- 3. voles were tested for levels
- 4. a role in our seeking
- 5. the voles released a
- 6. Parts of the voles'
- 7. lit up like
- 8. when they saw their

- a. mates
- b. claimed that
- c. lot of dopamine
- d. a glow stick
- e. of dopamine
- f. to prove this
- q. brains
- h. pleasure

PARAGRAPH TWO:

- 1. how complex human
- 2. It says dopamine
- 3. when we fall
- 4. Our entire social
- 5. defined by different degrees
- 6. interact with
- 7. leave a unique chemical imprint
- 8. women get over breakups

- a. on our brain
- b. in love
- c. faster than men
- d. is released
- e. different people
- f. of selective desire
- g. relationships are
- h. world

LISTEN AND FILL IN THE GAPS

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love-4.html

| Writers have (1) | love | is a drug. S | Scientists | have |
|-------------------------------|----------------------|----------------|------------|--------|
| gone a step (2) | this | s. They did | tests on | the |
| relationships of prairie v | oles. Different | pairs of | voles | were |
| (3) | of dopamine, w | hich plays | a role in | our |
| seeking pleasure. The | researchers | said | the v | oles |
| (4) | of dopamine | when the | y were | with |
| (5) | Parts of the voles | ' brains lit ι | ıp "like a | glow |
| stick" when they (6) | | | | |
| The study (7) | human | relationship | os are. It | says |
| dopamine is released when | we fall in love. | A research | er said: | "Our |
| (8) | defined by | / differe | nt deg | ırees |
| (9) | to interact with dif | ferent peop | le, whethe | r it's |
| (10) | or your close frie | nds." She a | dded: "Ce | rtain |
| people leave a unique (11) | | our br | ain." Rese | arch |
| also suggests that women (12) | | fast | ter than m | en. |

PUT A SLASH (/) WHERE THE SPACES ARE

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love-4.html

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LOVE SURVEY

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love-4.html

Write five GOOD questions about love in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

| | STUDENT 1 | STUDENT 2 | STUDENT 3 |
|------|-----------|-----------|-----------|
| Q.1. | | | |
| Q.2. | | | |
| Q.3. | | | |
| Q.4. | | | |
| Q.5. | | | |

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

| Love is a drug called dopamine, say scientists – 15th January 2024 |
|--|
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| |
| TE QUESTIONS & ASK YOUR PARTNER B: Do not show these to your speaking partner(s). |
| _ |
| _ |
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| _ |

WRITING

From https://breakingnewsenglish.com/2401/240115-dopamine-and-love-4.html

| Write about love for 10 minutes. Read and talk about your partner's paper. |
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