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**Level 0 – 20th June 2024**

## **Top US doctor wants social media health warnings**

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/2406/240620-social-media-health-warnings-0.html>

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**Please try Levels 1, 2 and 3. They are (a little) harder.**

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# THE READING

From <https://breakingnewsenglish.com/2406/240620-social-media-health-warnings-0.html>

Social media has changed the world. The USA's top doctor said it can cause mental health problems in young people. Dr Vivek Murthy wants mental health warnings on social media sites. He said youngsters see too much sex and violence online. He wants warnings that say social media can harm mental health.

In Dr Murthy's recent warning, he said: "The mental health crisis among young people is an emergency." He said young people spend too much time online. He said teenagers "who spend more than three hours a day on social media [could] double the risk of anxiety and depression".

Sources: <https://www.foxbusiness.com/politics/us-surgeon-general-calls-social-media-platforms-display-mental-health-warnings>  
<https://www.theverge.com/2024/6/17/24180005/surgeon-general-warning-labels-social-media-mental-health>  
<https://apnews.com/article/surgeon-general-social-media-mental-health-df321c791493863001754401676f165c>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/2406/240620-social-media-health-warnings-0.html>

## PARAGRAPH ONE:

- |                               |                       |
|-------------------------------|-----------------------|
| 1. Social media has           | a. much               |
| 2. The USA's top              | b. people             |
| 3. it can cause mental health | c. mental health      |
| 4. young                      | d. doctor             |
| 5. warnings on                | e. changed the world  |
| 6. He said youngsters see too | f. violence online    |
| 7. sex and                    | g. problems           |
| 8. social media can harm      | h. social media sites |

## PARAGRAPH TWO:

- |                           |                   |
|---------------------------|-------------------|
| 1. In Dr Murthy's recent  | a. and depression |
| 2. mental health          | b. young people   |
| 3. among                  | c. risk           |
| 4. young people spend too | d. crisis         |
| 5. time                   | e. much           |
| 6. more than three hours  | f. warning        |
| 7. double the             | g. online         |
| 8. anxiety                | h. a day          |

# LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2406/240620-social-media-health-warnings-0.html>

Social (1) \_\_\_\_\_ the world. The USA's top doctor  
said (2) \_\_\_\_\_ mental health problems (3)  
\_\_\_\_\_. Dr Vivek Murthy wants mental health (4)  
\_\_\_\_\_ media sites. He said youngsters see too  
much sex (5) \_\_\_\_\_. He wants warnings that say  
social media (6) \_\_\_\_\_ health.

In Dr Murthy's (7) \_\_\_\_\_ said: "The mental  
health (8) \_\_\_\_\_ people is an emergency." He  
said (9) \_\_\_\_\_ too much time online. He said  
teenagers "(10) \_\_\_\_\_ than three hours  
(11) \_\_\_\_\_ social media [could] double  
(12) \_\_\_\_\_ anxiety and depression".

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2406/240620-social-media-health-warnings-0.html>

Social media has changed the world. The USA's top doctors said it can cause mental health problems in young people. Dr Vivek Murthy wants mental health warnings on social media sites. He said youngsters see too much sex and violence online. He wants warnings that say social media can harm mental health. In Dr Murthy's recent warning, he said: "The mental health crisis among young people is an emergency." He said young people spend too much time online. He said teenagers "who spend more than three hours a day on social media [could] double the risk of anxiety and depression".

# SOCIAL MEDIA HEALTH WARNINGS SURVEY

From <https://breakingnewsenglish.com/2406/240620-social-media-health-warnings-0.html>

Write five GOOD questions about social media health warnings in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

*Top US doctor wants social media health warnings – 20th June 2024*  
More free lessons at [breakingnewsenglish.com](https://breakingnewsenglish.com)

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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) \_\_\_\_\_

b) \_\_\_\_\_

c) \_\_\_\_\_

d) \_\_\_\_\_

e) \_\_\_\_\_

f) \_\_\_\_\_

