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Level 1 – 20th June 2024

Top US doctor wants social media health warnings

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<https://breakingnewsenglish.com/2406/240620-social-media-health-warnings-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2406/240620-social-media-health-warnings-1.html>

Social media has changed the world. The USA's top doctor said one bad thing is it can cause mental health problems. Dr Vivek Murthy wants mental health warnings to be put on social media sites. He is worried that youngsters see too much sexual and violent content online. He said it was time to put warning labels on social media sites. The label would say social media is linked to mental health harms in young people.

In 2023, Murthy warned that social media could harm the mental health of children. In his recent warning, he wrote: "The mental health crisis among young people is an emergency. Social media [is] an important contributor." He also said young people spend too much time online. He said teenagers "who spend more than three hours a day on social media face double the risk of anxiety and depression".

Sources: <https://www.foxbusiness.com/politics/us-surgeon-general-calls-social-media-platforms-display-mental-health-warnings>
<https://www.theverge.com/2024/6/17/24180005/surgeon-general-warning-labels-social-media-mental-health>
<https://apnews.com/article/surgeon-general-social-media-mental-health-df321c791493863001754401676f165c>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2406/240620-social-media-health-warnings-1.html>

PARAGRAPH ONE:

- | | |
|----------------------------------|---------------------------|
| 1. Social media has changed | a. violent content |
| 2. one bad | b. mental health problems |
| 3. it can cause | c. social media sites |
| 4. mental health | d. mental health harms |
| 5. put on | e. the world |
| 6. He is worried that youngsters | f. warnings |
| 7. sexual and | g. thing |
| 8. social media is linked to | h. see too much |

PARAGRAPH TWO:

- | | |
|---------------------------------|-----------------------|
| 1. harm the mental health | a. online |
| 2. In his recent | b. depression |
| 3. The mental health crisis | c. of children |
| 4. Social media is an important | d. a day |
| 5. people spend too much time | e. warning |
| 6. spend more than three hours | f. contributor |
| 7. double the | g. among young people |
| 8. anxiety and | h. risk |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2406/240620-social-media-health-warnings-1.html>

Social (1) _____ the world. The USA's top doctor said one (2) _____ it can cause mental health problems. Dr Vivek Murthy wants mental health (3) _____ put on social media sites. He is worried that youngsters see too much sexual and (4) _____. He said it was time to put warning labels on social media sites. The (5) _____ social media is linked to mental health (6) _____ people.

In 2023, Murthy warned that social (7) _____ the mental health of children. In (8) _____, he wrote: "The mental health crisis among young people is an emergency. Social media [is] (9) _____." He also said young people (10) _____ time online. He said teenagers "who spend more than three hours (11) _____ social media face double the (12) _____ and depression".

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2406/240620-social-media-health-warnings-1.html>

Social media has changed the world. The USA's top doctors said one bad thing it can cause mental health problems. Dr Vivek Murthy wants mental health warnings to be put on social media sites. He is worried that youngsters see too much sexual and violent content online. He said it was time to put warning labels on social media sites. The label would say social media is linked to mental health harms in young people. In 2023, Murthy warned that social media could harm the mental health of children. In his recent warning, he wrote: "The mental health crisis among young people is an emergency. Social media [is] an important contributor." He also said young people spend too much time online. He said teenagers "who spend more than three hours a day on social media faced double the risk of anxiety and depression".

SOCIAL MEDIA HEALTH WARNINGS SURVEY

From <https://breakingnewsenglish.com/2406/240620-social-media-health-warnings-4.html>

Write five GOOD questions about social media health warnings in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

WRITING

From <https://breakingnewsenglish.com/2406/240620-social-media-health-warnings-1.html>

Write about **social media health warnings** for 10 minutes. Read and talk about your partner’s paper.
