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Level 1 – 15th August 2024

New nasal spray treats emergency allergic reactions

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies-1.html>

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies-1.html>

There is good news for people with allergies. The USA has a nasal spray to treat emergency allergic reactions. Up to 40 per cent of people have an allergy. Eleven per cent of people have a food allergy. These can be life-threatening. Allergens like peanuts, dairy products and bee stings can lead to anaphylaxis. People can suddenly experience low blood pressure. Some people get a swollen tongue, which makes breathing difficult. It can lead to death.

The nasal spray means people no longer need an injection. They spray the drug up their nose. A spokesperson said: "Anaphylaxis is life-threatening and some people...may delay or avoid treatment due to a fear of injections." She said the spray was an important drug for people who are afraid of needles. The spray will soon be available in the USA. It is likely to be sold in other countries in the near future.

Sources: <https://www.forbes.com/sites/joshuacohen/2024/08/12/nasal-spray-neffy-offers-allergy-patients-easier-to-use-epinephrine-option/>
<https://www.foxbusiness.com/healthcare/fda-moves-needle-approves-first-nasal-spray-treatment-severe-allergic-reactions>
<https://www.livescience.com/health/medicine-drugs/fda-approves-1st-needle-free-alternative-to-epipens>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies-1.html>

PARAGRAPH ONE:

- | | |
|-----------------------------------|--------------------------|
| 1. There is good news for | a. threatening |
| 2. treat emergency allergic | b. have an allergy |
| 3. Up to 40 per cent of people | c. pressure |
| 4. Eleven per cent of people have | d. reactions |
| 5. These can be life- | e. peanuts |
| 6. Allergens like | f. tongue |
| 7. low blood | g. people with allergies |
| 8. Some people get a swollen | h. a food allergy |

PARAGRAPH TWO:

- | | |
|-------------------------------------|----------------------|
| 1. people no longer need | a. injections |
| 2. They spray the drug | b. threatening |
| 3. Anaphylaxis is life- | c. in the USA |
| 4. delay or avoid | d. afraid of needles |
| 5. due to a fear of | e. up their nose |
| 6. people who are | f. treatment |
| 7. The spray will soon be available | g. future |
| 8. in the near | h. an injection |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies-1.html>

There is (1) _____ people with allergies. The USA has a nasal spray (2) _____ allergic reactions. Up to 40 per cent of people have an allergy. Eleven per cent of people have (3) _____. These can be life-threatening. Allergens like peanuts, dairy products (4) _____ can lead to anaphylaxis. People can suddenly experience (5) _____. Some people get a swollen tongue, (6) _____ difficult. It can lead to death.

The nasal spray means people (7) _____ an injection. They spray the drug (8) _____. A spokesperson said: "Anaphylaxis is life-threatening and some people...may (9) _____ treatment due to a fear of injections." She said the spray was (10) _____ for people who are (11) _____. The spray will soon be available in the USA. It is (12) _____ sold in other countries in the near future.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies-1.html>

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ALLERGIES SURVEY

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies-4.html>

Write five GOOD questions about allergies in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

WRITING

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies-1.html>

Write about **allergies** for 10 minutes. Read and talk about your partner's paper.
