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Level 3 – 15th August 2024

New nasal spray treats emergency allergic reactions

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<https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

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Please try Levels 0, 1 and 2 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

There is good news for people who have allergies. The Food and Drug Administration (FDA) in the USA has approved a nasal spray to treat emergency allergic reactions. The WHO says up to 40 per cent of people worldwide suffer from an allergy. Around 11 per cent of people have a food allergy. Allergies can cause a condition called anaphylaxis. This is life-threatening. Anaphylaxis is caused by allergens like peanuts, dairy products, bee stings, fresh fruit and many other things. People who suffer anaphylactic shock can have different symptoms. These include dangerously low blood pressure, vomiting or diarrhoea. Some people experience a swollen tongue and / or throat, which can cause trouble breathing and lead to death.

The new nasal spray is called Neffy. It means people no longer need an EpiPen injection. They simply spray the drug up their nose. This is welcome news for people who have a fear of needles. Neffy is the first treatment of anaphylaxis that is not treated by an injection. An FDA spokesperson said: "Anaphylaxis is life-threatening and some people, particularly children, may delay or avoid treatment due to a fear of injections. The availability of [the] nasal spray may reduce barriers to rapid treatment of anaphylaxis." She added: "Neffy provides an important treatment option, and addresses an unmet need." Neffy will initially be available in the USA. It is likely to be rolled out worldwide in the coming years.

Sources: <https://www.forbes.com/sites/joshuacohen/2024/08/12/nasal-spray-neffy-offers-allergy-patients-easier-to-use-epinephrine-option/>
<https://www.foxbusiness.com/healthcare/fda-moves-needle-approves-first-nasal-spray-treatment-severe-allergic-reactions>
<https://www.livescience.com/health/medicine-drugs/fda-approves-1st-needle-free-alternative-to-epipens>

WARM-UPS

1. ALLERGIES: Students walk around the class and talk to other students about allergies. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

good news / allergies / WHO / anaphylaxis / peanuts / dairy products / bee stings / injection / fear / needles / treatment / barriers / worldwide / in the coming years

Have a chat about the topics you liked. Change topics and partners frequently.

3. CURE: Students A **strongly** believe we should spend lots of money on a cure for allergies; Students B **strongly** believe the opposite. Change partners again and talk about your conversations.

4. ALLERGIC TO...: How much do you like these things? What would you do if you were allergic to them? Complete this table with your partner(s). Change partners often and share what you wrote.

	Like	Allergy
Peanuts		
Chocolate		
Milk		
Seafood		
Eggs		
Wheat		

5. EMERGENCY: Spend one minute writing down all of the different words you associate with the word "emergency". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. WORST ALLERGENS: Rank these with your partner. Put the worst allergens at the top. Change partners often and share your rankings.

- Pollen
- Chocolate
- Bee stings
- Pets
- Dust
- Penicillin
- Latex
- Gold

VOCABULARY MATCHING

Paragraph 1

- | | |
|--------------|--|
| 1. approved | a. An illness or health problem. |
| 2. treat | b. How someone acts or feels after something happens. |
| 3. reaction | c. To give special care or something nice. |
| 4. suffer | d. The soft thing inside your mouth that you use for tasting and speaking. |
| 5. condition | e. Accepted or agreed to. |
| 6. dairy | f. To feel pain or have a hard time. |
| 7. tongue | g. Foods made from milk, like cheese and yogurt. |

Paragraph 2

- | | |
|------------------|--|
| 8. injection | h. The feeling of being scared. |
| 9. needle | i. Do something about a problem to make the problem go away or become less of a problem. |
| 10. delay | j. Whether something is ready to be used or taken. |
| 11. fear | k. A small, sharp object used for sewing or giving injections. |
| 12. availability | l. At the beginning. |
| 13. address | m. Putting medicine into the body with a needle. |
| 14. initially | n. To make something happen later. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

1. The FDA in the USA approved a throat spray for people with allergies. **T / F**
2. Around 40 per cent have a food allergy. **T / F**
3. Anaphylaxis can be caused by dairy products and fresh fruit. **T / F**
4. One symptom of anaphylaxis is high blood pressure. **T / F**
5. The new nasal spray is an alternative to injections. **T / F**
6. The article says many people are afraid of nasal sprays. **T / F**
7. An FDA spokeswoman said children may avoid injections. **T / F**
8. The nasal spray will be available worldwide in the next few years. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|-----------------------|-----------------------|
| 1. approved | a. phobia |
| 2. treat | b. result in |
| 3. worldwide | c. medicate |
| 4. suffer | d. jab |
| 5. lead to | e. quick |
| 6. injection | f. (be) troubled with |
| 7. fear | g. introduced |
| 8. delay | h. rubber-stamped |
| 9. rapid | i. postpone |
| 10. rolled out | j. globally |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|---------------------------------------|------------------------------|
| 1. There is good news for | a. of needles |
| 2. Around 11 per cent of people have | b. like peanuts |
| 3. Anaphylaxis is caused by allergens | c. breathing |
| 4. Some people experience a swollen | d. out worldwide |
| 5. cause trouble | e. a food allergy |
| 6. They simply spray the drug | f. years |
| 7. people who have a fear | g. people who have allergies |
| 8. delay or | h. tongue |
| 9. likely to be rolled | i. up their nose |
| 10. in the coming | j. avoid treatment |

GAP FILL

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

There is good (1) _____ for people who have allergies. The Food and Drug Administration (FDA) in the USA has approved a nasal spray to (2) _____ emergency allergic reactions. The WHO says up to 40 per cent of people worldwide suffer from an allergy. Around 11 per cent of people have a (3) _____ allergy. Allergies can cause a condition called anaphylaxis. This is life-threatening. Anaphylaxis is caused by allergens like peanuts, (4) _____ products, bee (5) _____, fresh fruit and many other things. People who (6) _____ anaphylactic shock can have different symptoms. These include dangerously low blood (7) _____, vomiting or diarrhoea. Some people experience a swollen tongue and / or throat, which can cause trouble (8) _____ and lead to death.

treat
dairy
stings
pressure
news
breathing
suffer
food

The new nasal spray is called Neffy. It means people no (9) _____ need an EpiPen injection. They simply spray the (10) _____ up their nose. This is welcome news for people who have a fear of (11) _____. Neffy is the first treatment of anaphylaxis that is not treated by an injection. An FDA spokesperson said: "Anaphylaxis is life-threatening and some people, (12) _____ children, may delay or avoid treatment due to a (13) _____ of injections. The availability of [the] nasal spray may reduce barriers to (14) _____ treatment of anaphylaxis." She added: "Neffy provides an important treatment (15) _____, and addresses an unmet need." Neffy will initially be available in the USA. It is likely to be rolled out worldwide in the (16) _____ years.

particularly
drug
fear
option
needles
coming
longer
rapid

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

- 1) approved a nasal spray to treat _____
 - a. emergency allergic relations
 - b. emergency allergic distractions
 - c. emergency allergic reactions
 - d. emergency allergic key actions
- 2) Allergies can cause a condition called anaphylaxis. This _____
 - a. is life-threatening
 - b. is life-threatened
 - c. is life-threaten in
 - d. is life-threat awning
- 3) Anaphylaxis is caused by allergens like peanuts, dairy _____
 - a. products, bee sting
 - b. products, bee stings
 - c. products, bee stinks
 - d. products, bees things
- 4) People who suffer anaphylactic shock can _____
 - a. have difference symptoms
 - b. have differently symptoms
 - c. have different symptoms
 - d. have differ rant symptoms
- 5) Some people experience a swollen tongue _____
 - a. and / or throttle
 - b. and / or treat
 - c. and / or threat
 - d. and / or throat
- 6) It means people no longer need _____
 - a. an EpiPen injunction
 - b. an EpiPen injection
 - c. an EpiPen injector
 - d. an EpiPen inject shun
- 7) This is welcome news for people who have a _____
 - a. fear off needles
 - b. fear of needles
 - c. fear of needle
 - d. fear of knee dolls
- 8) Anaphylaxis is life-threatening and some _____
 - a. people, particularly children
 - b. people, peculiarly children
 - c. people, particle airy children
 - d. people, part tickle children
- 9) Neffy provides an important treatment option, and addresses _____
 - a. anon met need
 - b. a nun met need
 - c. an nun met need
 - d. an unmet need
- 10) It is likely to be rolled out worldwide in _____
 - a. the come in years
 - b. the going years
 - c. the coming years
 - d. the come Ming years

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

There is (1) _____ people who have allergies. The Food and Drug Administration (FDA) in the USA has approved a nasal spray to treat emergency allergic reactions. The WHO says up to 40 per cent of people worldwide (2) _____ allergy. Around 11 per cent of people have a food allergy. Allergies can (3) _____ called anaphylaxis. This is life-threatening. Anaphylaxis is caused by allergens like peanuts, dairy products, (4) _____ fruit and many other things. People who suffer anaphylactic shock can (5) _____. These include dangerously low blood pressure, vomiting or diarrhoea. Some people experience a swollen tongue and / or throat, which can cause (6) _____ lead to death.

The new nasal spray is called Neffy. It means people (7) _____ an EpiPen injection. They simply spray the drug up their nose. This is welcome news for people who have a (8) _____. Neffy is the first treatment of anaphylaxis that is not treated by an injection. An FDA spokesperson said: "Anaphylaxis is life-threatening and some people, particularly children, may (9) _____ treatment due to a fear of injections. The availability of [the] nasal spray may (10) _____ rapid treatment of anaphylaxis." She added: "Neffy provides an important treatment option, and (11) _____ need." Neffy will initially be available in the USA. It is likely to (12) _____ worldwide in the coming years.

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

1. For whom is there good news?
2. How many people around the world have a food allergy?
3. What insect can cause anaphylaxis?
4. What can anaphylaxis do to our blood pressure?
5. What might cause trouble breathing?
6. What's the name of the nasal spray?
7. What two things does the article say people fear?
8. Who might avoid having an injection?
9. Which country will be the first to have the nasal spray?
10. When will the spray be available worldwide?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

- 1) For whom is there good news?
 - a) scientists
 - b) people with allergies
 - c) drug companies
 - d) doctors
- 2) How many people around the world have a food allergy?
 - a) around 41 per cent
 - b) around 14 per cent
 - c) around 11 per cent
 - d) around 40 per cent
- 3) What insect can cause anaphylaxis?
 - a) beetles
 - b) praying mantis
 - c) moths
 - d) bees
- 4) What can anaphylaxis do to our blood pressure?
 - a) raise it
 - b) lower it
 - c) elevate it
 - d) make it go up and down
- 5) What might cause trouble breathing?
 - a) a swollen tongue or throat
 - b) hot weather
 - c) high altitudes
 - d) masks
- 6) What's the name of the nasal spray?
 - a) Neffy
 - b) Nifty
 - c) Nutty
 - d) Natty
- 7) What two things does the article say people fear?
 - a) injections and death
 - b) death and needles
 - c) doctors and injections
 - d) injections and needles
- 8) Who might avoid having an injection?
 - a) old people
 - b) animals
 - c) children
 - d) people with allergies
- 9) Which country will be the first to have the nasal spray?
 - a) Japan
 - b) Italy
 - c) the UAE
 - d) the USA
- 10) When will the spray be available worldwide?
 - a) within a decade
 - b) in the coming years
 - c) in 2025
 - d) soon

ROLE PLAY

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

Role A – Pollen

You think pollen is the worst allergen. Tell the others three reasons why. Tell them why their allergens aren't as bad. Also, tell the others which is the least worrying of these (and why): chocolate, dust or penicillin.

Role B – Chocolate

You think chocolate is the worst allergen. Tell the others three reasons why. Tell them why their allergens aren't as bad. Also, tell the others which is the least worrying of these (and why): pollen, dust or penicillin.

Role C – Dust

You think dust is the worst allergen. Tell the others three reasons why. Tell them why their allergens aren't as bad. Also, tell the others which is the least worrying of these (and why): chocolate, pollen or penicillin.

Role D – Penicillin

You think penicillin is the worst allergen. Tell the others three reasons why. Tell them why their allergens aren't as bad. Also, tell the others which is the least worrying of these (and why): chocolate, dust or pollen.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

1. WORD SEARCH: Look online / in your dictionary to find collocates, information on, synonyms for... the words 'emergency' and 'allergy'.

emergency	allergy
------------------	----------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• good• WHO• food• bee• different• tongue	<ul style="list-style-type: none">• longer• first• particularly• rapid• need• rolled
--	---

ALLERGIES SURVEY

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

Write five GOOD questions about allergies in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

ALLERGIES DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'emergency'?
3. What do you know about allergies?
4. How dangerous are allergies?
5. What do you know about hay fever?
6. What do you know about anaphylaxis?
7. What would you hate to be allergic to?
8. Are you allergic to anything?
9. How would you treat someone with an allergic reaction?
10. What advice do you have for people with allergies?

New nasal spray treats emergency allergic reactions – 15th August 2024
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ALLERGIES DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'allergy'?
13. What do you think about what you read?
14. What do you think of injections?
15. How can we help people with a fear of needles?
16. Is increased cleanliness increasing the number of people with allergies?
17. What are you afraid of?
18. Why can't doctors cure allergies?
19. What would it be like to be allergic to pets?
20. What questions would you like to ask an allergy specialist?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

There is good news for people who have (1) _____. The Food and Drug Administration (FDA) in the USA has approved a nasal spray to (2) _____ emergency allergic reactions. The WHO says up to 40 per cent of people worldwide suffer from an allergy. Around 11 per cent of people have a (3) _____ allergy. Allergies can cause a condition called anaphylaxis. This is life-threatening. Anaphylaxis is caused (4) _____ allergens like peanuts, dairy products, bee stings, fresh fruit and many other things. People who suffer anaphylactic shock can have (5) _____ symptoms. These include dangerously low blood pressure, vomiting or diarrhoea. Some people experience a (6) _____ tongue and / or throat, which can cause trouble breathing and lead to death.

The new nasal spray is (7) _____ Neffy. It means people no longer need an EpiPen injection. They simply spray the drug (8) _____ their nose. This is welcome news for people who have a fear of needles. Neffy is the first treatment of anaphylaxis that is not treated by an injection. An FDA spokesperson said: "Anaphylaxis is life-threatening and some people, particularly children, may delay or avoid treatment due (9) _____ a fear of injections. The availability of [the] nasal spray may (10) _____ barriers to rapid treatment of anaphylaxis." She added: "Neffy provides an important treatment option, and addresses an unmet (11) _____." Neffy will initially be available in the USA. It is likely to be (12) _____ out worldwide in the coming years.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|----------------|---------------|---------------|-----------------|
| 1. | (a) allergic | (b) allergens | (c) allergy | (d) allergies |
| 2. | (a) threat | (b) throat | (c) treaty | (d) treat |
| 3. | (a) meal | (b) food | (c) cuisine | (d) cooking |
| 4. | (a) at | (b) on | (c) by | (d) as |
| 5. | (a) difference | (b) differ | (c) different | (d) differently |
| 6. | (a) swollen | (b) swell | (c) swelling | (d) swells |
| 7. | (a) calls | (b) called | (c) caller | (d) calling |
| 8. | (a) up | (b) along | (c) down | (d) next to |
| 9. | (a) of | (b) to | (c) at | (d) as |
| 10. | (a) low | (b) less | (c) reduce | (d) down |
| 11. | (a) needy | (b) necessary | (c) need | (d) needs |
| 12. | (a) roll | (b) strolled | (c) trolled | (d) rolled |

SPELLING

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

Paragraph 1

1. treat eeegrnmcy allergic reactions
2. 40% of people worldwide ufsefr from an allergy
3. ydrai products
4. dangerously low blood rsseupre
5. Some people experience a swollen notgue
6. which can cause trouble hiaetbrgn

Paragraph 2

7. This is ewoecml news
8. people who have a fear of eelsned
9. Anaphylaxis is life-ettaergnihn
10. avoid treatment due to a fear of ojiseinctn
11. Neffy provides an important treatment iotpon
12. Neffy will ilaiiytnl be available in the USA

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

Number these lines in the correct order.

- () need." Neffy will initially be available in the USA. It is likely to be rolled out worldwide in the coming years.
- (**1**) There is good news for people who have allergies. The Food and Drug Administration (FDA) in the USA has approved a nasal spray
- () allergy. Around 11 per cent of people have a food allergy. Allergies can cause a condition
- () their nose. This is welcome news for people who have a fear of needles. Neffy is the first
- () threatening and some people, particularly children, may delay or avoid treatment due to a fear of
- () stings, fresh fruit and many other things. People who suffer anaphylactic shock can have different
- () called anaphylaxis. This is life-threatening. Anaphylaxis is caused by allergens like peanuts, dairy products, bee
- () symptoms. These include dangerously low blood pressure, vomiting or diarrhoea. Some people
- () The new nasal spray is called Neffy. It means people no longer need an EpiPen injection. They simply spray the drug up
- () injections. The availability of [the] nasal spray may reduce barriers to rapid treatment
- () to treat emergency allergic reactions. The WHO says up to 40 per cent of people worldwide suffer from an
- () treatment of anaphylaxis that is not treated by an injection. An FDA spokesperson said: "Anaphylaxis is life-
- () of anaphylaxis." She added: "Neffy provides an important treatment option, and addresses an unmet
- () experience a swollen tongue and / or throat, which can cause trouble breathing and lead to death.

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

1. is news allergies . There good for people with
2. condition can anaphylaxis . a Allergies called cause
3. by shock like allergens is peanuts . caused Anaphylactic
4. anaphylactic who shock symptoms . have suffer different People
5. can A tongue swollen cause trouble breathing .
6. need longer injection . means people an It no
7. spray the their drug They up simply nose .
8. welcome fear needles . for people news who It's
9. reduce spray to rapid may Nasal barriers treatment .
10. the coming worldwide out in Rolled years .

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

There is *goodness / good* news for people who have allergies. The Food and Drug Administration (FDA) in the USA has *approval / approved* a nasal spray to treat emergency allergic *reactions / reaction*. The WHO says up to 40 per cent of people worldwide suffer from an allergy. Around 11 per cent of people have a food allergy. Allergies can cause a *conditional / condition* called anaphylaxis. This is life-threatening. Anaphylaxis is caused *at / by* allergens like peanuts, dairy products, bee *bites / stings*, fresh fruit and many other things. People who *suffer / suffering* anaphylactic shock can have different symptoms. These include dangerously low *blood / bloody* pressure, vomiting or diarrhoea. Some people experience a *swell / swollen* tongue and / or throat, which can cause trouble *breath / breathing* and lead to death.

The new nasal spray is called Neffy. It means people no *longer / lengthen* need an EpiPen injection. They simply spray the drug *up / down* their nose. This is welcome news for people who have a *fright / fear* of needles. Neffy is the first treatment of anaphylaxis that is not treated *by / of* an injection. An FDA spokesperson said: "Anaphylaxis is life-threatening and some people, *peculiarly / particularly* children, may delay or avoid treatment *dew / due* to a fear of injections. The *availability / available* of [the] nasal spray may reduce barriers to rapid treatment of anaphylaxis." She added: "Neffy provides an important treatment *optic / option*, and addresses an unmet *needy / need*." Neffy will initially be available in the USA. It is likely to be rolled *out / in* worldwide in the coming years.

Talk about the connection between each pair of words in italics, and why the correct word is correct. Look up the definition of new words.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

Th_r_ _s g__d n_ws f_r p__pl_ wh_ h_v_ _ll_rg__s.
Th_ F__d _nd Dr_g _dm_n_str_t__n (FD_) _n th_ _S_
h_s _ppr_v_d _ n_s_l spr_y t_ tr__t _m_rgncy
_ll_rg_c r__ct__ns. Th_ WH_ s_ys _p t_ 40 p_r c_nt
_f p__pl_ w_rldw_d_ s_ff_r fr_m _n _ll_rgy. _r__nd 11
p_r c_nt _f p__pl_ h_v_ _ f__d _ll_rgy. _ll_rg__s c_n
c__s_ _ c_nd_t__n c_ll_d _n_phyl_x_s. Th_s _s l_f_
thr__t_n_g. _n_phyl_x_s _s c__s_d by _ll_rgns l_k_
p__n_ts, d__ry pr_d_cts, b__ st_ngs, fr_sh fr__t _nd
m_ny _th_r th_ngs. P__pl_ wh_ s_ff_r _n_phyl_ct_c
sh_ck c_n h_v_ d_ff_r_nt sympt_ms. Th_s_ _ncl_d_
d_ng_r__sly l_w bl__d pr_ss_r_, v_m_t_ng _r d__rrh___.
S_m_ p__pl_ _xp_r__nc_ _ sw_ll_n t_n_g__ _nd / _r
thr__t, wh_ch c_n c__s_ tr__bl_ br__th_n_g _nd l__d t_
d__th.

Th_ n_w n_s_l spr_y _s c_ll_d N_ffy. _t m__ns p__pl_
n_ l_n_g_r n__d _n _p_P_n _nj_ct__n. Th_y s_mply
spr_y th_ dr_g _p th__r n_s_. Th_s _s w_lc_m_ n_ws
f_r p__pl_ wh_ h_v_ _ f__r _f n__dl_s. N_ffy _s th_
f_rst tr__tm_nt _f _n_phyl_x_s th_t _s n_t tr__t_d by
_n _nj_ct__n. _n FD_ sp_k_sp_rs_n s__d: "_n_phyl_x_s
_s l_f_-thr__t_n_g _nd s_m_ p__pl_, p_rt_c_l_rly
ch_ldr_n, m_y d_l_y _r _v__d tr__tm_nt d__ t_ _ f__r
_f _nj_ct__ns. Th_ _v__l_b_l_ty _f [th_] n_s_l spr_y
m_y r_d_c_ b_rr_rs t_ r_p_d tr__tm_nt _f
_n_phyl_x_s." Sh_ _dd_d: "N_ffy pr_v_d_s _n _mp_rt_nt
tr__tm_nt _pt__n, _nd _ddr_ss_s _n _nm_t n__d." N_ffy
w_ll _n_t__lly b_ _v__l_b_l_ _n th_ _S_. _t _s l_k_ly
t_ b_ r_ll_d __t w_rldw_d_ _n th_ c_m_n_g y__rs.

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

there is good news for people who have allergies the food and drug administration fda in the usa has approved a nasal spray to treat emergency allergic reactions the who says up to 40 per cent of people worldwide suffer from an allergy around 11 per cent of people have a food allergy allergies can cause a condition called anaphylaxis this is lifethreatening anaphylaxis is caused by allergens like peanuts dairy products bee stings fresh fruit and many other things people who suffer anaphylactic shock can have different symptoms these include dangerously low blood pressure vomiting or diarrhoea some people experience a swollen tongue and or throat which can cause trouble breathing and lead to death

the new nasal spray is called neffy it means people no longer need an epipen injection they simply spray the drug up their nose this is welcome news for people who have a fear of needles neffy is the first treatment of anaphylaxis that is not treated by an injection an fda spokesperson said anaphylaxis is lifethreatening and some people particularly children may delay or avoid treatment due to a fear of injections the availability of the nasal spray may reduce barriers to rapid treatment of anaphylaxis she added neffy provides an important treatment option and addresses an unmet need neffy will initially be available in the usa it is likely to be rolled out worldwide in the coming years

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

There is good news for people who have allergies. The Food and Drug Administration (FDA) in the USA has approved a nasal spray to treat emergency allergic reactions. The WHO says up to 40 percent of people worldwide suffer from an allergy. Around 11 percent of people have a food allergy. Allergies can cause a condition called anaphylaxis. This is life-threatening. Anaphylaxis is caused by allergens like peanuts, dairy products, bee stings, fresh fruit and many other things. People who suffer anaphylactic shock can have different symptoms. These include dangerously low blood pressure, vomiting or diarrhoea. Some people experience a swollen tongue or throat, which can cause trouble breathing and lead to death. The new nasal spray is called Neffy. It means people no longer need an EpiPen injection. They simply spray the drug up their nose. This is welcome news for people who have a fear of needles. Neffy is the first treatment of anaphylaxis that is not treated by an injection. An FDA spokesperson said: "Anaphylaxis is life-threatening and some people, particularly children, may delay or avoid treatment due to a fear of injections. The availability of [the] nasal spray may reduce barriers to rapid treatment of anaphylaxis." She added: "Neffy provides an important treatment option, and addresses an unmet need." Neffy will initially be available in the USA. It is likely to be rolled out worldwide in the coming years.

FREE WRITING

From <https://breakingnewsenglish.com/2408/240815-anaphylaxis-allergies.html>

Write about **allergies** for 10 minutes. Comment on your partner's paper.

HOMework

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. ANAPHYLAXIS: Make a poster about anaphylaxis. Show your work to your classmates in the next lesson. Did you all have similar things?

4. ALLERGIES: Write a magazine article about spending lots of money to cure all allergies. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on allergies. Ask him/her three questions about them. Give him/her three of your opinions on allergies. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. e 2. c 3. b 4. f 5. a 6. g 7. d
8. m 9. k 10. n 11. h 12. j 13. i 14. l

TRUE / FALSE (p.5)

- 1 F 2 F 3 T 4 F 5 T 6 F 7 T 8 T

SYNONYM MATCH (p.5)

1. h	2. c	3. j	4. f	5. b
6. d	7. a	8. i	9. e	10. g

COMPREHENSION QUESTIONS (p.9)

1. People with allergies
2. Around 11 per cent
3. Bees
4. Lower it
5. A swollen tongue or throat
6. Neffy
7. Injections and needles
8. Children
9. The USA
10. In the coming years

WORDS IN THE RIGHT ORDER (p.19)

1. There is good news for people with allergies.
2. Allergies can cause a condition called anaphylaxis.
3. Anaphylactic shock is caused by allergens like peanuts.
4. People who suffer anaphylactic shock have different symptoms.
5. A swollen tongue can cause trouble breathing.
6. It means people no longer need an injection.
7. They simply spray the drug up their nose.
8. It's welcome news for people who fear needles.
9. Nasal spray may reduce barriers to rapid treatment.
10. Rolled out worldwide in the coming years.

MULTIPLE CHOICE - QUIZ (p.10)

1. b 2. c 3. d 4. b 5. a 6. a 7. d 8. c 9. d 10. b

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)