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**Level 3 – 9th January 2025**

## Indonesia launches free school meals programme

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

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**Please try Levels 0, 1 and 2 (they are easier).**

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# THE ARTICLE

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

Indonesia has started a scheme to provide free school meals. It is called The Free Nutritious Meal Programme. Over 570,000 children and pregnant women received a free breakfast when the idea started on Monday. Cooks in more than 190 kitchens in 20 provinces helped to cook and serve the free food. More kitchens will start as the programme spreads nationwide. The plan was an election promise of President Prabowo Subianto. He hopes to feed a quarter of Indonesians by 2029. This will cost \$28 billion. Around 82 million people will get free food by that year. Mr Subianto wants to end malnutrition in Indonesia. Around 21.5 per cent of children younger than five years old suffer from poor nutrition.

President Subianto spoke about his hopes. He said: "Too many of our brothers and sisters are below the poverty line. Too many of our children go to school without breakfast." Many parents were happy. Hana Yohana, the mother of an elementary school child in the capital Jakarta, spoke to reporters. She said: "Thank God. This really helps us. We normally have to work hard preparing food every morning, but now we don't."

Government spokesperson Hariqo Wibawa Satria spoke about the free meals. He said: "This is a historic moment for Indonesia. For the first time, our country is conducting a nationwide nutrition program for toddlers, students, and pregnant and breastfeeding mothers."

Sources: <https://www.aljazeera.com/gallery/2025/1/6/indonesia-kicks-off-first-free-meal-programme-for-children-pregnant-women>  
<https://apnews.com/article/indonesia-prabowo-subianto-free-meals-children-mothers-213a04587203434f3f85950725e84a8b>  
<https://www.arabnews.com/node/2585436/world>

# WARM-UPS

**1. FREE SCHOOL MEALS:** Students walk around the class and talk to other students about free school meals. Change partners often and share your findings.

**2. CHAT:** In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

Indonesia / nutrition / meals / pregnant / breakfast / cooks / kitchens / free food / hopes / brothers and sisters / elementary school / reporters / historic moments

Have a chat about the topics you liked. Change topics and partners frequently.

**3. MALNUTRITION:** Students A **strongly** believe malnutrition is one of the world's biggest problems; Students B **strongly** believe it isn't. Change partners again and talk about your conversations.

**4. NUTRITION:** What do you know about the nutrition of these things? How much do you like them? Complete this table with your partner(s). Change partners often and share what you wrote.

	Nutrition	How Muck I Like Them
Eggs		
Salmon		
Milk		
Pizza		
Bananas		
Chicken		

**5. PROMISE:** Spend one minute writing down all of the different words you associate with the word "promise". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

**6. NUTRITIOUS FOOD:** Rank these with your partner. Put the most nutritious food at the top. Change partners often and share your rankings.

- Chicken
- Cheese
- Potatoes
- Avocado
- Eggs
- Lemons
- Tofu
- Beef steak

# VOCABULARY MATCHING

## Paragraph 1

- |                  |   |
|------------------|---|
| 1. scheme (noun) | a. Give something that someone needs.                                       |
| 2. provide       | b. Give food or drinks to someone.  |
| 3. pregnant      | c. A plan or idea to do something.  |
| 4. serve         | d. Feel pain or be in a bad situation.                                      |
| 5. malnutrition  | e. When someone does not eat enough healthy food, so may be in poor health. |
| 6. suffer        | f. The food and things the body needs to grow and stay healthy.             |
| 7. nutrition     | g. When a woman has a baby growing inside her.                              |

## Paragraph 2

- |                     |  |
|---------------------|--|
| 8. hope (verb)      | h. Young children who are learning to walk, usually 1–3 years old.                                       |
| 9. the poverty line | i. Getting something ready.  |
| 10. normally        | j. Something happening / an event that is very important and may bring great change.                     |
| 11. preparing       | k. Want something good to happen.  |
| 12. historic        | l. The level of income (money) where people do not have enough money to buy food and other basic things. |
| 13. conducting      | m. Doing or organizing something, like a study or research.  |
| 14. toddlers        | n. In most cases; usually.   |

# BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

## 1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

1. Over half a million people in Indonesia got a free lunch on Monday. **T / F**
2. Around 190 cooks helped to make the free food. **T / F**
3. Indonesia's president hopes to feed a quarter of Indonesians by 2029. **T / F**
4. About a fifth of under-fives in Indonesia have a very poor diet. **T / F**
5. Indonesia's president said his siblings were often very hungry. **T / F**
6. A mother was happy she didn't have to prepare food. **T / F**
7. The government said the free meals were a big moment for Indonesia. **T / F**
8. The government said teenagers would also get the free meals. **T / F**

## 2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- |                        |                  |
|------------------------|------------------|
| 1. <b>started</b>      | a. pleased       |
| 2. <b>provide</b>      | b. give food to  |
| 3. <b>promise</b>      | c. important     |
| 4. <b>feed</b>         | d. give          |
| 5. <b>malnutrition</b> | e. carrying out  |
| 6. <b>happy</b>        | f. journalists   |
| 7. <b>reporters</b>    | g. poor diet     |
| 8. <b>preparing</b>    | h. begun         |
| 9. <b>historic</b>     | i. getting ready |
| 10. <b>conducting</b>  | j. vow           |

## 3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- |                                      |                              |
|--------------------------------------|------------------------------|
| 1. Indonesia has started a scheme to | a. line                      |
| 2. pregnant                          | b. preparing food            |
| 3. The plan was an election          | c. poor nutrition            |
| 4. He hopes to feed a quarter        | d. moment for Indonesia      |
| 5. suffer from                       | e. promise                   |
| 6. below the poverty                 | f. provide free school meals |
| 7. in the capital                    | g. breastfeeding mothers     |
| 8. work hard                         | h. Jakarta                   |
| 9. This is a historic                | i. of Indonesians by 2029    |
| 10. pregnant and                     | j. women                     |

# GAP FILL

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

Indonesia has started a (1) \_\_\_\_\_ to provide free school meals. It is called The Free Nutritious Meal Programme. Over 570,000 children and (2) \_\_\_\_\_ women received a free breakfast when the idea started on Monday. Cooks in more than 190 kitchens in 20 provinces helped to cook and (3) \_\_\_\_\_ the free food. More kitchens will start as the programme spreads (4) \_\_\_\_\_. The plan was an election promise of President Prabowo Subianto. He hopes to (5) \_\_\_\_\_ a quarter of Indonesians by 2029. This will (6) \_\_\_\_\_ \$28 billion. Around 82 million people will get free food by that year. Mr Subianto wants to (7) \_\_\_\_\_ malnutrition in Indonesia. Around 21.5 per cent of children younger than five years old (8) \_\_\_\_\_ from poor nutrition.

*pregnant*  
*nationwide*  
*cost*  
*suffer*  
*scheme*  
*serve*  
*end*  
*feed*

President Subianto spoke about his (9) \_\_\_\_\_. He said: "Too many of our brothers and sisters are below the (10) \_\_\_\_\_ line. Too many of our children go to school without breakfast." Many parents were happy. Hana Yohana, the mother of an (11) \_\_\_\_\_ school child in the capital Jakarta, spoke to (12) \_\_\_\_\_. She said: "Thank God. This really helps us. We normally have to work (13) \_\_\_\_\_ preparing food every morning, but now we don't." Government spokesperson Hariqo Wibawa Satria spoke about the free meals. He said: "This is a (14) \_\_\_\_\_ moment for Indonesia. For the first (15) \_\_\_\_\_, our country is conducting a nationwide nutrition program for (16) \_\_\_\_\_, students, and pregnant and breastfeeding mothers."

*hard*  
*poverty*  
*reporters*  
*time*  
*hopes*  
*toddlers*  
*historic*  
*elementary*

# LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

- 1) Over 570,000 children \_\_\_\_\_
  - a. and pregnant woman
  - b. and pregnant women
  - c. and pregnancy women
  - d. and pregnancy woman
- 2) Cooks in more than 190 kitchens \_\_\_\_\_
  - a. in 20 provincial
  - b. in 20 provinces
  - c. in 20 province
  - d. in 20 provisional
- 3) Around 82 million people will get free food \_\_\_\_\_
  - a. buy that year
  - b. bye that year
  - c. be that year
  - d. by that year
- 4) Mr Subianto wants to end \_\_\_\_\_
  - a. malnutrition in Indonesia
  - b. malnutrition on Indonesia
  - c. malnutrition at Indonesia
  - d. malnutrition of Indonesia
- 5) Around 21.5 per cent of children younger than five years old suffer \_\_\_\_\_
  - a. from pour nutrition
  - b. from poorly nutrition
  - c. from poor nutrition
  - d. from porn nutrition
- 6) President Subianto spoke \_\_\_\_\_
  - a. about this hops
  - b. about his hops
  - c. about his hopes
  - d. about this hopes
- 7) Too many of our brothers and sisters are below \_\_\_\_\_
  - a. the poverty line
  - b. the property align
  - c. the poverty lined
  - d. the property line
- 8) the mother of an elementary school child in \_\_\_\_\_
  - a. a capital Jakarta
  - b. the capital Jakarta
  - c. them capital Jakarta
  - d. the cap it all Jakarta
- 9) He said this is a historic \_\_\_\_\_
  - a. momentary for Indonesia
  - b. momentum for Indonesia
  - c. moment for Indonesia
  - d. monument for Indonesia
- 10) for toddlers, students, and pregnant \_\_\_\_\_
  - a. and breastfeeding moths
  - b. and breastfeeding brothers
  - c. and breastfeeding fathers
  - d. and breastfeeding mothers

# LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

Indonesia has started a (1) \_\_\_\_\_ free school meals. It is called The Free Nutritious Meal Programme. Over 570,000 children and pregnant women received a free breakfast when the (2) \_\_\_\_\_ Monday. Cooks in more than 190 kitchens in 20 provinces helped to cook and serve the free food. More kitchens will start as the programme spreads nationwide. The plan (3) \_\_\_\_\_ promise of President Prabowo Subianto. He hopes to (4) \_\_\_\_\_ of Indonesians by 2029. This will cost \$28 billion. Around 82 million people will get free food by that year. Mr Subianto (5) \_\_\_\_\_ malnutrition in Indonesia. Around 21.5 per cent of children younger than five years old (6) \_\_\_\_\_ nutrition.

President Subianto spoke (7) \_\_\_\_\_. He said: "Too many of our brothers and sisters are below (8) \_\_\_\_\_. Too many of our children go to school without breakfast." Many parents were happy. Hana Yohana, the mother of an elementary school child (9) \_\_\_\_\_ Jakarta, spoke to reporters. She said: "Thank God. This really helps us. We normally have to (10) \_\_\_\_\_ food every morning, but now we don't." Government spokesperson Hariqo Wibawa Satria spoke about the free meals. He said: "This is (11) \_\_\_\_\_ for Indonesia. For the first time, our country is conducting a nationwide nutrition (12) \_\_\_\_\_, students, and pregnant and breastfeeding mothers."



# COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

1. Who got a free breakfast in Indonesia on Monday?
2. How many kitchens took part in Monday's free food scheme?
3. Whose promise was it to start the Free Nutritious Meal Programme?
4. How many Indonesians could the Free Nutritious Meal Programme feed?
5. How many under-fives do not get enough good food to eat?
6. Who did the president say was below the poverty line?
7. Who is Hana Yohana?
8. What does Hana Yohana usually have to do every morning?
9. Who is Hariqo Wibawa Satria?
10. Who will the program feed besides toddlers and students?

# MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

- 1) Who got a free breakfast in Indonesia on Monday?
  - a) the president
  - b) children and pregnant women
  - c) cooks
  - d) school teachers
- 2) How many kitchens took part in Monday's free food scheme?
  - a) just fewer than 190
  - b) exactly 190
  - c) more than 190
  - d) around 190
- 3) Whose promise was it to start the Free Nutritious Meal Programme?
  - a) a teacher's organization
  - b) a food company CEO
  - c) the WHO
  - d) Indonesia's President Prabowo Subianto
- 4) How many Indonesians could the Free Nutritious Meal Programme feed?
  - a) exactly 82 million people
  - b) around 82 million people
  - c) over 82 million people
  - d) fewer than 82 million people
- 5) How many under-fives do not get enough good food to eat?
  - a) around 21.5 per cent
  - b) exactly 21.5 per cent
  - c) more than 21.5 per cent
  - d) less than 21.5 per cent
- 6) Who did the president say was below the poverty line?
  - a) too many of our brothers and sisters
  - b) most teachers
  - c) single mothers
  - d) teenagers
- 7) Who is Hana Yohana?
  - a) a nurse
  - b) a government worker
  - c) a journalist
  - d) a mother
- 8) What does Hana Yohana usually have to do every morning?
  - a) sleep
  - b) exercise
  - c) prepare food
  - d) prepare reports
- 9) Who is Hariqo Wibawa Satria?
  - a) a nutritionist
  - b) a journalist
  - c) a cook
  - d) a government spokesperson
- 10) Who will the program feed besides toddlers and students?
  - a) teenagers
  - b) pregnant and breastfeeding mothers
  - c) the aged
  - d) hospital patients

# ROLE PLAY

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

## **Role A – Cheese**

You think cheese is the most nutritious food. Tell the others three reasons why. Tell them what is wrong with their food. Also, tell the others which is the least nutritious of these (and why): potatoes, eggs or tofu.

## **Role B – Potatoes**

You think potatoes are the most nutritious food. Tell the others three reasons why. Tell them what is wrong with their food. Also, tell the others which is the least nutritious of these (and why): cheese, eggs or tofu.

## **Role C – Eggs**

You think eggs are the most nutritious food. Tell the others three reasons why. Tell them what is wrong with their food. Also, tell the others which is the least nutritious of these (and why): potatoes, cheese or tofu.

## **Role D – Tofu**

You think tofu is the most nutritious food. Tell the others three reasons why. Tell them what is wrong with their food. Also, tell the others which is the least nutritious of these (and why): potatoes, eggs or cheese.

# AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

**1. WORD SEARCH:** Look online / in your dictionary to find collocates, information on, synonyms for... the words 'school' and 'meal'.

school	meal

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

**2. ARTICLE QUESTIONS:** Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

**3. GAP FILL:** In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

**4. VOCABULARY:** Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

**5. TEST EACH OTHER:** Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none"><li>• scheme</li><li>• idea</li><li>• cooks</li><li>• promise</li><li>• 82</li><li>• five</li></ul>	<ul style="list-style-type: none"><li>• hopes</li><li>• line</li><li>• capital</li><li>• hard</li><li>• moment</li><li>• mothers</li></ul>
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# FREE SCHOOL MEALS SURVEY

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

Write five GOOD questions about free school meals in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# FREE SCHOOL MEALS DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'school'?
3. What do you think of school meals?
4. Are school meals better than home-cooked meals?
5. Should all schools provide meals?
6. How nutritious are school meals?
7. What do you think of Indonesia's Free Nutritious Meal Programme?
8. What do you know about malnutrition?
9. How nutritious is your daily diet?
10. What can your country do to help poorly-nourished people?

*Indonesia launches free school meals programme – 9th January 2025*  
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# FREE SCHOOL MEALS DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'meal'?
13. What do you think about what you read?
14. Why are so many people below the poverty line?
15. What would life below the poverty line be like?
16. Why is breakfast important?
17. How do you feel when you skip breakfast?
18. What do you usually eat for breakfast?
19. How can we learn more about nutrition?
20. What questions would you like to ask an expert on nutrition?

# DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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# DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

# LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

Indonesia has started a (1) \_\_\_\_\_ to provide free school meals. It is called The Free Nutritious Meal Programme. Over 570,000 children and (2) \_\_\_\_\_ women received a free breakfast when the idea started on Monday. Cooks in more than 190 kitchens in 20 provinces (3) \_\_\_\_\_ to cook and serve the free food. More kitchens will start (4) \_\_\_\_\_ the programme spreads nationwide. The plan was an election promise of President Prabowo Subianto. He hopes to feed a quarter (5) \_\_\_\_\_ Indonesians by 2029. This will cost \$28 billion. Around 82 million people will get free food by that year. Mr Subianto wants to end malnutrition in Indonesia. Around 21.5 per cent of children younger than five years old suffer (6) \_\_\_\_\_ poor nutrition.

President Subianto spoke about his hopes. He said: "Too many of our brothers and sisters are below the poverty (7) \_\_\_\_\_. Too many of our children go to school without breakfast." Many parents were happy. Hana Yohana, the mother of an elementary school child (8) \_\_\_\_\_ the capital Jakarta, spoke to reporters. She said: "Thank God. This really helps us. We normally have to work (9) \_\_\_\_\_ preparing food every morning, but now we don't." Government spokesperson Hariqo Wibawa Satria spoke about the free meals. He said: "This is a (10) \_\_\_\_\_ moment for Indonesia. For the first time, our country is (11) \_\_\_\_\_ a nationwide nutrition program for toddlers, students, and pregnant and breastfeeding (12) \_\_\_\_\_."

## Put the correct words from the table below in the above article.

- |     |                  |                |               |                  |
|-----|------------------|----------------|---------------|------------------|
| 1.  | (a) idea         | (b) action     | (c) scheme    | (d) enterprise   |
| 2.  | (a) pregnant     | (b) pregnantly | (c) pregnancy | (d) pregnable    |
| 3.  | (a) helped       | (b) helps      | (c) helping   | (d) help         |
| 4.  | (a) as           | (b) was        | (c) has       | (d) tat's        |
| 5.  | (a) at           | (b) of         | (c) by        | (d) on           |
| 6.  | (a) at           | (b) by         | (c) of        | (d) from         |
| 7.  | (a) step         | (b) mark       | (c) line      | (d) signal       |
| 8.  | (a) to           | (b) at         | (c) of        | (d) in           |
| 9.  | (a) hard         | (b) hardly     | (c) harden    | (d) hardy        |
| 10. | (a) historically | (b) historic   | (c) history   | (d) historian    |
| 11. | (a) composing    | (b) conducting | (c) scoring   | (d) playing      |
| 12. | (a) children     | (b) fathers    | (c) mothers   | (d) grandparents |



# SPELLING

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

## Paragraph 1

1. a seemch to provide free school meals
2. prnntage women
3. more than 190 siechtnk
4. The plan was an neltceoi promise
5. Mr Subianto wants to end natunrlitiom
6. suffer from poor tnrtniuoi

## Paragraph 2

7. below the pveorty line
8. an eemytrealn school child
9. in the captali Jakarta
10. This is a rcsiohti moment for Indonesia
11. program for esddtlor, students...
12. fegadbtrseine mothers

# PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

**Number these lines in the correct order.**

- ( ) promise of President Prabowo Subianto. He hopes to feed a quarter of Indonesians by 2029. This will cost
- ( ) \$28 billion. Around 82 million people will get free food by that year. Mr Subianto wants to end
- ( ) malnutrition in Indonesia. Around 21.5 per cent of children younger than five years old suffer from poor nutrition.
- ( ) line. Too many of our children go to school without breakfast." Many parents were happy. Hana Yohana, the mother
- ( ) President Subianto spoke about his hopes. He said: "Too many of our brothers and sisters are below the poverty
- ( ) 570,000 children and pregnant women received a free breakfast when the idea started
- ( ) us. We normally have to work hard preparing food every morning, but now we don't." Government
- ( ) moment for Indonesia. For the first time, our country is conducting a
- ( ) serve the free food. More kitchens will start as the programme spreads nationwide. The plan was an election
- ( ) spokesperson Hariqo Wibawa Satria spoke about the free meals. He said: "This is a historic
- ( ) on Monday. Cooks in more than 190 kitchens in 20 provinces helped to cook and
- ( ) of an elementary school child in the capital Jakarta, spoke to reporters. She said: "Thank God. This really helps
- ( ) nationwide nutrition program for toddlers, students, and pregnant and breastfeeding mothers."
- ( **1** ) Indonesia has started a scheme to provide free school meals. It is called The Free Nutritious Meal Programme. Over

# PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

1. a scheme Started provide meals . free school to
2. received a pregnant breakfast . free Children women and
3. programme will start kitchens the spreads . More as
4. He a feed hopes Indonesians . of to quarter
5. suffer . younger Children old years five than
6. and Brothers poverty line . below the are sisters
7. Too go children breakfast . school without many to
8. work have normally We hard to preparing food .
9. for historic Indonesia . moment a This is
10. nationwide program . a country Our nutrition conducting is

# CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

Indonesia has started a scheme to provide free school *meal / meals*. It is called The Free Nutritious Meal Programme. Over 570,000 children and *pregnant / pregnancy* women received a free breakfast when the idea started on Monday. *Cooks / Cookers* in more than 190 kitchens in 20 provinces helped to cook and serve the *freely / free* food. More kitchens will start *was / as* the programme spreads nationwide. The plan was *a / an* election promise *to / of* President Prabowo Subianto. He hopes *to / for* feed a quarter of Indonesians by 2029. This will cost \$28 billion. Around 82 million people will get free food *at / by* that year. Mr Subianto wants to end malnutrition in Indonesia. Around 21.5 per cent of children younger than five years old suffer *from / in* poor nutrition.

President Subianto *spoke / speaking* about his hopes. He said: "Too *much / many* of our brothers and sisters are below the poverty *circle / line*. Too many of our children *be / go* to school without breakfast." Many parents were *happily / happy*. Hana Yohana, the mother of *an / the* elementary school child in the capital Jakarta, spoke to *reporters / reporter*. She said: "Thank God. This really helps us. We normally have to work hard preparing food every morning, but now we *haven't / don't*." Government spokesperson Hariqo Wibawa Satria spoke about the free meals. He said: "This is a historic moment for Indonesia. For the *first / once* time, our country is conducting a nationwide nutrition program for toddlers, students, and pregnant and breastfeeding *fathers / mothers*."

**Talk about the connection between each pair of words in italics, and why the correct word is correct. Look up the definition of new words.**

# INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

\_nd\_n\_s\_\_ h\_s st\_rt\_d \_ sch\_m\_ t\_ pr\_v\_d\_ fr\_\_  
sch\_\_l m\_\_ls. \_t \_s c\_ll\_d Th\_ Fr\_\_ N\_tr\_t\_\_\_s M\_\_l  
Pr\_gr\_mm\_. \_v\_r 570,000 ch\_ldr\_n \_nd pr\_gn\_nt w\_m\_n  
r\_c\_\_v\_d \_ fr\_\_ br\_\_kf\_st wh\_n th\_ \_d\_\_ st\_rt\_d \_n  
M\_nd\_y. C\_\_ks \_n m\_r\_ th\_n 190 k\_tch\_ns \_n 20  
pr\_v\_nc\_s h\_l\_p\_d t\_ c\_\_k \_nd s\_rv\_ th\_ fr\_\_ f\_\_d.  
M\_r\_ k\_tch\_ns w\_ll st\_rt \_s th\_ pr\_gr\_mm\_ spr\_\_ds  
n\_t\_\_nw\_d\_. Th\_ pl\_n w\_s \_n \_l\_ct\_\_n pr\_m\_s\_ \_f  
Pr\_s\_d\_nt Pr\_b\_w\_ S\_b\_\_nt\_. H\_ h\_p\_s t\_ f\_\_d \_  
q\_\_rt\_r \_f \_nd\_n\_s\_\_ns by 2029. Th\_s w\_ll c\_st \$28  
b\_ll\_\_n. \_r\_\_nd 82 m\_ll\_\_n p\_\_pl\_ w\_ll g\_t fr\_\_ f\_\_d  
by th\_t y\_\_r. Mr S\_b\_\_nt\_ w\_nts t\_ \_nd m\_ln\_tr\_t\_\_n  
\_n \_nd\_n\_s\_\_. \_r\_\_nd 21.5 p\_r c\_nt \_f ch\_ldr\_n  
y\_\_ng\_r th\_n f\_v\_ y\_\_rs \_ld s\_ff\_r fr\_m p\_\_r  
n\_tr\_t\_\_n.

Pr\_s\_d\_nt S\_b\_\_nt\_ sp\_k\_ \_b\_\_t h\_s h\_p\_s. H\_ s\_\_d:  
"T\_\_ m\_ny \_f \_\_r br\_th\_rs \_nd s\_st\_rs \_r b\_l\_w th\_  
p\_v\_rty l\_n\_. T\_\_ m\_ny \_f \_\_r ch\_ldr\_n g\_ t\_ sch\_\_l  
w\_th\_\_t br\_\_kf\_st." M\_ny p\_r\_nts w\_r\_ h\_ppy. H\_n\_  
Y\_h\_n\_, th\_ m\_th\_r \_f \_n \_l\_m\_nt\_ry sch\_\_l ch\_ld \_n  
th\_ c\_p\_t\_l J\_k\_rt\_, sp\_k\_ t\_ r\_p\_r\_t\_rs. Sh\_ s\_\_d:  
"Th\_nk G\_d. Th\_s r\_\_lly h\_lps \_s. W\_ n\_rm\_lly h\_v\_  
t\_ w\_rk h\_rd pr\_p\_r\_ng f\_\_d \_v\_ry m\_rn\_ng, b\_t n\_w  
w\_ d\_n't." G\_v\_rnm\_nt sp\_k\_sp\_rs\_n H\_r\_q\_ W\_b\_w\_  
S\_tr\_\_ sp\_k\_ \_b\_\_t th\_ fr\_\_ m\_\_ls. H\_ s\_\_d: "Th\_s \_s  
\_ h\_st\_r\_c m\_m\_nt f\_r \_nd\_n\_s\_\_. F\_r th\_ f\_rst t\_m\_,  
\_\_r c\_\_ntry \_s c\_nd\_ct\_ng \_ n\_t\_\_nw\_d\_ n\_tr\_t\_\_n  
pr\_gr\_m f\_r t\_ddl\_rs, st\_d\_nts, \_nd pr\_gn\_nt \_nd  
br\_\_stf\_\_d\_ng m\_th\_rs."

# PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

Indonesia has started a scheme to provide free school meals it is called the free nutritious meal programme over 570000 children and pregnant women received a free breakfast when the idea started on Monday cooks in more than 190 kitchens in 20 provinces helped to cook and serve the free food more kitchens will start as the programme spreads nationwide the plan was an election promise of President Prabowo Subianto he hopes to feed a quarter of Indonesians by 2029 this will cost 28 billion around 82 million people will get free food by that year Mr Subianto wants to end malnutrition in Indonesia around 215 per cent of children younger than five years old suffer from poor nutrition

President Subianto spoke about his hopes he said too many of our brothers and sisters are below the poverty line too many of our children go to school without breakfast many parents were happy Hana Yohana the mother of an elementary school child in the capital Jakarta spoke to reporters she said thank God this really helps us we normally have to work hard preparing food every morning but now we don't government spokesperson Hariqo Wibawa Satria spoke about the free meals he said this is a historic moment for Indonesia for the first time our country is conducting a nationwide nutrition program for toddlers students pregnant and breastfeeding mothers

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2025/250109-free-school-meals.html>

Indonesia has started a scheme to provide free school meals. It is called the Free Nutritious Meal Programme. Over 570,000 children and pregnant women received a free breakfast when the idea started on Monday. Cooks in more than 190 kitchens in 20 provinces helped to cook and serve the free food. More kitchens will start as the programme spreads nationwide. The plan was an election promise of President Prabowo Subianto. He hopes to feed a quarter of Indonesians by 2029. This will cost \$28 billion. Around 82 million people will get free food by that year. Mr Subianto wants to end malnutrition in Indonesia. Around 21.5 percent of children younger than five years old suffer from poor nutrition. President Subianto spoke about this hopes. He said: "Too many of our brothers and sisters are below the poverty line. Too many of our children go to school without breakfast." Many parents were happy. Hana Yohana, the mother of an elementary school child in the capital Jakarta, spoke to reporters. She said: "Thank God. This really helps us. We normally have to work hard preparing food every morning, but now we don't." Government spokesperson Hariqo Wibawa Satrio spoke about the free meals. He said: "This is a historic moment for Indonesia. For the first time, our country is conducting a nationwide nutrition program for toddlers, students, and pregnant and breastfeeding mothers."







# HOMework

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET:** Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

**3. NUTRITION:** Make a poster about nutrition. Show your work to your classmates in the next lesson. Did you all have similar things?

**4. FREE SCHOOL MEALS:** Write a magazine article about all schools providing free school meals. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

**5. WHAT HAPPENED NEXT?** Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**6. LETTER:** Write a letter to an expert on nutrition. Ask him/her three questions about it. Give him/her three of your ideas on how to make more nutritious meals. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

# ANSWERS

## VOCABULARY (p.4)

1. c    2. a    3. g    4. b    5. e    6. d    7. f  
8. k    9. l    10. n    11. i    12. j    13. m    14. h

## TRUE / FALSE (p.5)

- 1 F    2 F    3 T    4 T    5 F    6 T    7 T    8 F

## SYNONYM MATCH (p.5)

1. h	2. d	3. j	4. b	5. g
6. a	7. f	8. i	9. c	10. e

## COMPREHENSION QUESTIONS (p.9)

- Children and pregnant women
- More than 190
- Indonesia's President Prabowo Subianto
- Around 82 million people
- Around 21.5 per cent
- Too many of our brothers and sisters
- A mother
- Prepare food
- A government spokesperson
- Pregnant and breastfeeding mothers

## WORDS IN THE RIGHT ORDER (p.19)

- Started a scheme to provide free school meals.
- Children and pregnant women received a free breakfast.
- More kitchens will start as the programme spreads.
- He hopes to feed a quarter of Indonesians.
- Children younger than five years old suffer.
- Brothers and sisters are below the poverty line.
- Too many children go to school without breakfast.
- We normally have to work hard preparing food.
- This is a historic moment for Indonesia.
- Our country is conducting a nationwide nutrition program.

## MULTIPLE CHOICE - QUIZ (p.10)

1. b    2. c    3. d    4. b    5. a    6. a    7. d    8. c    9. d    10. b

## ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.  
(It's good for your English ;-)