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**Level 3 – 14th August 2025**

## Nepal makes 97 mountains free to climb

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<https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

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**Please try Levels 0, 1 and 2 (they are easier).**

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# THE ARTICLE

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

Nepal is making 97 of its mountains free to climb for the next two years. The government wants to encourage tourists to go trekking in two provinces in the far west of Nepal. They are among the country's poorest and least-developed areas. A tourism official said the peaks that will have no climbing fees are between 5,970 metres and 7,132 metres high. The director of Nepal's Tourism Department told The Kathmandu Post about the new plan. He said: "Despite their breathtaking beauty, the number of tourists and mountaineers here is very low as access is so difficult." He hoped the plan would "create jobs, generate income, and strengthen the local economy".

Nepal's government also announced a change in the fee it charges to climb Mount Everest, the world's highest mountain. From the 1st of September, the cost of climbing Everest will rise from \$11,000 to \$15,000. This is the first increase in nearly ten years. Other popular peaks will also have higher fees. An additional rule to climb Everest was introduced earlier this year. Trekkers now need to prove they have scaled a peak in Nepal that is over 7,000 metres high. The government hopes this will encourage more people to attempt some of the 97 free mountains. The tourism director said the more remote mountains are "ideal training grounds" to reach the top of Everest.

Sources: <https://kathmandupost.com/money/2025/08/09/everest-fees-rise-but-nepal-s-hidden-peaks-are-now-free>  
<https://www.bbc.com/news/articles/c0j99xxd1z1o>  
<https://www.independent.co.uk/asia/south-asia/nepal-everest-free-peaks-karnali-sudurpaschim-b2805900.html>

# WARM-UPS

**1. TREKKING IN NEPAL:** Students walk around the class and talk to other students about trekking in Nepal. Change partners often and share your findings.

**2. CHAT:** In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

Nepal / mountains / tourists / trekking / tourism / fee / beauty / mountaineers / jobs / government / Everest / September / climbing / rule / peak / remote / training / top

Have a chat about the topics you liked. Change topics and partners frequently.

**3. FEES:** Students A **strongly** believe there should be a fee to climb all mountains; Students B **strongly** believe the opposite. Change partners again and talk about your conversations.

**4. TREKKING:** What are the good and bad things about trekking? Complete this table with your partner(s). Change partners often and share what you wrote.

	Good Things	Bad Things
Fitness		
Education		
Tourism		
Local economy		
Environment		
Animals		

**5. EVEREST:** Spend one minute writing down all of the different words you associate with the word "Everest". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

**6. PLACES TO TREK:** Rank these with your partner. Put the best places to go trekking at the top. Change partners often and share your rankings.

- Mount Everest
- Amazon Jungle
- Sahara Desert
- Antarctica
- The Grand Canyon
- The local shopping mall
- Machu Picchu
- The Masai Mara

# VOCABULARY MATCHING

## Paragraph 1

- |                 |  |
|-----------------|--|
| 1. government   | a. Money a person gets for work or from other sources.                 |
| 2. encourage    | b. The group of people who lead a country or place and make its rules. |
| 3. province     | c. Money you pay for a service or activity.                            |
| 4. developed    | d. Tell someone they can do something and help them feel confident.    |
| 5. fee          | e. Having many modern buildings, services, and technology.             |
| 6. breathtaking | f. A large area in a country, like a state or region.                  |
| 7. income       | g. Very beautiful or amazing.  |

## Paragraph 2

- |                    |  |
|--------------------|--|
| 8. announced       | h. Said something in public so many people could hear or know. |
| 9. charge (verb)   | i. Try to do something.  |
| 10. rise (verb)    | j. Ask for money in return for a service or product.           |
| 11. peak (noun)    | k. Climbed up something, especially a mountain or high place.  |
| 12. prove          | l. Go up or get higher.  |
| 13. scaled         | m. The top of a mountain.                                      |
| 14. attempt (verb) | n. Show that something is true.                                |

# BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

## 1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

1. People can now climb 97 mountains in Nepal for free for 10 years. **T / F**
2. All of the peaks that are now free are over 7,000 metres high. **T / F**
3. A tourism official warned about being out of breath. **T / F**
4. Nepal's government hopes the free mountains will help local economies. **T / F**
5. The fee to climb Mount Everest will rise by \$4,000. **T / F**
6. The last time there was a rise in the fee to climb Everest was in 2001. **T / F**
7. You can only climb Everest if you have climbed a high peak in Nepal. **T / F**
8. An official said the 97 mountains are great to train to climb Everest. **T / F**

## 2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- |                         |                 |
|-------------------------|-----------------|
| 1. <b>encourage</b>     | a. extra        |
| 2. <b>provinces</b>     | b. amazing      |
| 3. <b>peaks</b>         | c. increase     |
| 4. <b>breathhtaking</b> | d. regions      |
| 5. <b>income</b>        | e. faraway      |
| 6. <b>fee</b>           | f. revenue      |
| 7. <b>rise</b>          | g. persuade     |
| 8. <b>additional</b>    | h. show         |
| 9. <b>prove</b>         | i. price        |
| 10. <b>remote</b>       | j. mountaintops |

## 3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- |                                     |                        |
|-------------------------------------|------------------------|
| 1. two provinces in the far         | a. to attempt some     |
| 2. the country's poorest and least- | b. it charges          |
| 3. breathtaking                     | c. income              |
| 4. generate                         | d. in nearly ten years |
| 5. strengthen the                   | e. beauty              |
| 6. a change in the fee              | f. west of Nepal       |
| 7. This is the first increase       | g. the top of Everest  |
| 8. Trekkers now need to prove they  | h. local economy       |
| 9. encourage more people            | i. have scaled a peak  |
| 10. reach                           | j. developed areas     |

# GAP FILL

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

Nepal is making 97 of its mountains free to climb for the (1) \_\_\_\_\_ two years. The government wants to encourage tourists to go trekking in two provinces in the (2) \_\_\_\_\_ west of Nepal. They are among the country's poorest and least-developed (3) \_\_\_\_\_. A tourism official said the peaks that will have no climbing (4) \_\_\_\_\_ are between 5,970 metres and 7,132 metres high. The (5) \_\_\_\_\_ of Nepal's Tourism Department told The Kathmandu Post about the new plan. He said: "Despite their breathtaking (6) \_\_\_\_\_, the number of tourists and mountaineers here is very low as (7) \_\_\_\_\_ is so difficult." He hoped the plan would "create jobs, generate income, and strengthen the (8) \_\_\_\_\_ economy".

Nepal's government also announced a change in the fee it (9) \_\_\_\_\_ to climb Mount Everest, the world's highest mountain. From the 1st of September, the cost of climbing Everest will rise from \$11,000 to \$15,000. This is the (10) \_\_\_\_\_ increase in nearly ten years. Other (11) \_\_\_\_\_ peaks will also have higher fees. An additional (12) \_\_\_\_\_ to climb Everest was introduced earlier this year. Trekkers now need to (13) \_\_\_\_\_ they have scaled a peak in Nepal that is over 7,000 metres high. The government (14) \_\_\_\_\_ this will encourage more people to (15) \_\_\_\_\_ some of the 97 free mountains. The tourism director said the more remote mountains are "ideal training grounds" to (16) \_\_\_\_\_ the top of Everest.

*far*  
*director*  
*access*  
*next*  
*fees*  
*local*  
*areas*  
*beauty*

*rule*  
*first*  
*prove*  
*reach*  
*attempt*  
*charges*  
*popular*  
*hopes*

# LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

- 1) Nepal is making 97 of its mountains free to climb for the \_\_\_\_\_
  - a. last two years
  - b. next two years
  - c. later two years
  - d. next too years
- 2) They are among the country's poorest and \_\_\_\_\_
  - a. least-developed area
  - b. least-develop areas
  - c. lest-developed areas
  - d. least-developed areas
- 3) A tourism official said the peaks that will have \_\_\_\_\_
  - a. no climbing fees
  - b. not climbing fees
  - c. non climbing fees
  - d. none climbing fees
- 4) the number of tourists and mountaineers here is very low as access \_\_\_\_\_
  - a. is so difficulty
  - b. is so difficult
  - c. is so difficulties
  - d. is so differ cult
- 5) the plan would "create jobs, generate income, and strengthen \_\_\_\_\_
  - a. the locals economy
  - b. the locally economy
  - c. the local economy
  - d. the low-cal economy
- 6) Nepal's government also announced a change in the \_\_\_\_\_
  - a. fee it changes
  - b. fee it charge is
  - c. fee it charge its
  - d. fee it charges
- 7) This is the first increase in \_\_\_\_\_
  - a. nearby ten years
  - b. nary ten years
  - c. nearly ten years
  - d. gnarly ten years
- 8) Trekkers now need to prove they have scaled a \_\_\_\_\_
  - a. peaking Nepal
  - b. peeking Nepal
  - c. pea kin Nepal
  - d. peak in Nepal
- 9) The government hopes this \_\_\_\_\_
  - a. will encourage more
  - b. will ink courage more
  - c. willing courage more
  - d. will in courage more
- 10) The tourism director said the more remote mountains are \_\_\_\_\_
  - a. ideal training grounds
  - b. ideally training grounds
  - c. idyll training grounds
  - d. eye deal training grounds

# LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

Nepal is making 97 of its mountains free (1) \_\_\_\_\_ the next two years. The government wants to encourage tourists to go trekking in two provinces in the (2) \_\_\_\_\_ Nepal. They are among the country's poorest and least-developed areas. A tourism official said (3) \_\_\_\_\_ will have no climbing fees are between 5,970 metres and 7,132 metres high. The director of Nepal's Tourism Department told The Kathmandu Post about the new plan. He said: "Despite their breathtaking beauty, the (4) \_\_\_\_\_ and mountaineers here is very (5) \_\_\_\_\_ is so difficult." He hoped the plan would "create jobs, generate income, and strengthen (6) \_\_\_\_\_".

Nepal's government also announced a change in the (7) \_\_\_\_\_ to climb Mount Everest, the world's highest mountain. From the 1st of September, the (8) \_\_\_\_\_ Everest will rise from \$11,000 to \$15,000. This is the first increase in nearly ten years. Other (9) \_\_\_\_\_ also have higher fees. An additional rule to climb Everest was introduced earlier this year. Trekkers now (10) \_\_\_\_\_ they have scaled a peak in Nepal that is over 7,000 metres high. The government hopes this will encourage more people to (11) \_\_\_\_\_ the 97 free mountains. The tourism director said the more remote mountains are "ideal training grounds" to (12) \_\_\_\_\_ of Everest.



# COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

1. For how long will it be free to climb the 97 Nepalese mountains?
2. Where in Nepal are the 97 mountains?
3. What is the height of the smallest of the 97 mountains?
4. What did a tourism official say was breathtaking?
5. What does an official hope making the mountains free will strengthen?
6. By how much will the fee to climb Mount Everest rise?
7. When was the last time the fee to climb Mount Everest rise?
8. When was an additional rule to climb Mount Everest introduced?
9. How high must trekkers have climbed to be able to climb Everest?
10. What are the 97 mountains "ideal training grounds" for?

# MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

- |  |   |
|--|---|
| 1) For how long will it be free to climb the 97 Nepalese mountains?<br>a) forever<br>b) 6 months<br>c) 2 years<br>d) 10 years  | 6) By how much will the fee to climb Mount Everest rise?<br>a) by \$3,000<br>b) by \$4,000<br>c) by \$5,000<br>d) by \$6,000  |
| 2) Where in Nepal are the 97 mountains?<br>a) in the far west<br>b) in the middle<br>c) in the north<br>d) on the border with India  | 7) When was the last time the fee to climb Mount Everest rise?<br>a) last year<br>b) 3 years ago<br>c) 8 years ago<br>d) 10 years ago   |
| 3) What is the height of the smallest of the 97 mountains?<br>a) 3,776 metres<br>b) 5,970 metres<br>c) 7,000 years<br>d) 7,132 metres  | 8) When was an additional rule to climb Mount Everest introduced?<br>a) earlier this month<br>b) earlier this year<br>c) earlier last month<br>d) earlier this week                         |
| 4) What did a tourism official say was breathtaking?<br>a) training to climb mountains<br>b) climbing Everest<br>c) the fee to climb Mount Everest<br>d) the mountains' beauty | 9) How high must trekkers have climbed to be able to climb Everest?<br>a) over 3,000 metres<br>b) over 7,000 metres<br>c) over 5,000 metres<br>d) over 4,000 metres                         |
| 5) What does an official hope making the mountains free will strengthen?<br>a) friendships<br>b) climbers' thigh muscles<br>c) the local economy<br>d) hiking trails           | 10) What are the 97 mountains "ideal training grounds" for?<br>a) reaching the top of Mount Everest<br>b) taking photos of mountains<br>c) altitude fitness<br>d) becoming a mountain guide |

# ROLE PLAY

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

## **Role A – Mount Everest**

You think Mount Everest is the best place to go trekking. Tell the others three reasons why. Tell them what is wrong with their places. Also, tell the others which is the least interesting of these (and why): the Amazon Jungle, Antarctica or the local shopping mall.

## **Role B – The Amazon Jungle**

You think the Amazon Jungle is the best place to go trekking. Tell the others three reasons why. Tell them what is wrong with their places. Also, tell the others which is the least interesting of these (and why): Mount Everest, Antarctica or the local shopping mall.

## **Role C – Antarctica**

You think Antarctica is the best place to go trekking. Tell the others three reasons why. Tell them what is wrong with their places. Also, tell the others which is the least interesting of these (and why): the Amazon Jungle, Mount Everest or the local shopping mall.

## **Role D – The Local Shopping Mall**

You think the local shopping mall is the best place to go trekking. Tell the others three reasons why. Tell them what is wrong with their places. Also, tell the others which is the least interesting of these (and why): the Amazon Jungle, Antarctica or Mount Everest.

# AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

**1. WORD SEARCH:** Look online / in your dictionary to find collocates, information on, synonyms for... the words 'mountain' and 'trekking'.

mountain	trekking

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

**2. ARTICLE QUESTIONS:** Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

**3. GAP FILL:** In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

**4. VOCABULARY:** Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

**5. TEST EACH OTHER:** Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none"><li>• next</li><li>• among</li><li>• between</li><li>• beauty</li><li>• difficult</li><li>• jobs</li></ul>	<ul style="list-style-type: none"><li>• change</li><li>• rise</li><li>• rule</li><li>• earlier</li><li>• prove</li><li>• ideal</li></ul>
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# TREKKING IN NEPAL SURVEY

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

Write five GOOD questions about trekking in Nepal in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

# TREKKING IN NEPAL DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'Nepal'?
3. What do you think of trekking?
4. What are the good things about paying to climb mountains?
5. Would you like to climb Mount Everest?
6. What are the best mountains in your country?
7. Should everyone take up trekking as a hobby?
8. Would you like to go trekking in Nepal?
9. How can countries deal with overtourism?
10. What advice do you have for Nepal's government?

*Nepal makes 97 mountains free to climb – 14th August 2025*  
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# TREKKING IN NEPAL DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'trekking'?
13. What do you think about what you read?
14. What do you think of Mount Everest?
15. What do you think of the \$15,000 fee to climb Everest?
16. What are the bad things about trekking?
17. Why do people like to climb mountains?
18. Which of the world's mountains would you like to climb?
19. What are the good things about trekking?
20. What questions would you like to ask people who climb Everest?

## DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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## DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

# LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

Nepal is making 97 of its mountains (1) \_\_\_\_\_ to climb for the next two years. The government wants to encourage tourists to (2) \_\_\_\_\_ trekking in two provinces in the far west of Nepal. They are among the country's poorest and least-developed areas. A tourism official said the peaks that will have (3) \_\_\_\_\_ climbing fees are between 5,970 metres and 7,132 metres high. The director (4) \_\_\_\_\_ Nepal's Tourism Department told The Kathmandu Post about the new plan. He said: "(5) \_\_\_\_\_ their breathtaking beauty, the number of tourists and mountaineers here is very low as access is so difficult." He hoped the plan would "create jobs, (6) \_\_\_\_\_ income, and strengthen the local economy".

Nepal's government also announced a change in the fee it (7) \_\_\_\_\_ to climb Mount Everest, the world's highest mountain. From the 1st of September, the cost of climbing Everest will (8) \_\_\_\_\_ from \$11,000 to \$15,000. This is the first increase in nearly ten years. Other popular peaks will also have (9) \_\_\_\_\_ fees. An additional rule to climb Everest was introduced earlier this year. Trekkers now need to (10) \_\_\_\_\_ they have scaled a peak in Nepal that is over 7,000 metres high. The government hopes this will encourage more people (11) \_\_\_\_\_ attempt some of the 97 free mountains. The tourism director said the more remote mountains are "ideal training grounds" to (12) \_\_\_\_\_ the top of Everest.

**Put the correct words from the table below in the above article.**

- |     |              |              |              |              |
|-----|--------------|--------------|--------------|--------------|
| 1.  | (a) frees    | (b) freedom  | (c) freely   | (d) free     |
| 2.  | (a) goes     | (b) gone     | (c) going    | (d) go       |
| 3.  | (a) not      | (b) no       | (c) now      | (d) none     |
| 4.  | (a) up       | (b) as       | (c) of       | (d) down     |
| 5.  | (a) Spite    | (b) Spiteful | (c) Despite  | (d) In spite |
| 6.  | (a) generate | (b) general  | (c) genie    | (d) gene     |
| 7.  | (a) powers   | (b) charges  | (c) rules    | (d) supplies |
| 8.  | (a) rise     | (b) arise    | (c) rising   | (d) raise    |
| 9.  | (a) height   | (b) higher   | (c) heighten | (d) highs    |
| 10. | (a) proof    | (b) proving  | (c) prove    | (d) proven   |
| 11. | (a) for      | (b) by       | (c) to       | (d) at       |
| 12. | (a) be       | (b) stand    | (c) get      | (d) reach    |



# SPELLING

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

## Paragraph 1

1. The government wants to euergonac tourists
2. A irstmuo official
3. Despite their breathtaking ayuetb
4. ecascs is so difficult
5. generate imnoec
6. ntsghenret the local economy

## Paragraph 2

7. This is the first aeescnri
8. An aatdolidni rule
9. orepv they have scaled a peak
10. more people to temtatp some
11. the more omrtee mountains
12. eachr the top of Everest

# PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

**Number these lines in the correct order.**

- ( ) 5,970 metres and 7,132 metres high. The director of Nepal's Tourism Department told The Kathmandu Post
- ( ) about the new plan. He said: "Despite their breathtaking beauty, the number
- ( ) additional rule to climb Everest was introduced earlier this year. Trekkers now need to prove
- ( ) and least-developed areas. A tourism official said the peaks that will have no climbing fees are between
- ( ) jobs, generate income, and strengthen the local economy".
- ( ) mountain. From the 1st of September, the cost of climbing Everest will rise from \$11,000
- ( ) mountains are "ideal training grounds" to reach the top of Everest.
- ( **1** ) Nepal is making 97 of its mountains free to climb for the next two years. The government wants to encourage
- ( ) Nepal's government also announced a change in the fee it charges to climb Mount Everest, the world's highest
- ( ) of tourists and mountaineers here is very low as access is so difficult." He hoped the plan would "create
- ( ) people to attempt some of the 97 free mountains. The tourism director said the more remote
- ( ) they have scaled a peak in Nepal that is over 7,000 metres high. The government hopes this will encourage more
- ( ) to \$15,000. This is the first increase in nearly ten years. Other popular peaks will also have higher fees. An
- ( ) tourists to go trekking in two provinces in the far west of Nepal. They are among the country's poorest

# PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

1. The to tourists go wants encourage government to .
2. They country's poorest among are the areas .
3. The no climbing will fees have that peaks .
4. The of low here very number tourists is .
5. He the create would plan hoped jobs many .
6. A the charges it change fee in .
7. The Everest rise will climbing of cost .
8. This in the ten increase is years first .
9. Other higher peaks will popular fees also have .
10. The grounds "ideal mountains training remote are" .

# CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

Nepal is *making / made* 97 of its mountains free to climb for the *next / after* two years. The government wants *for / to* encourage tourists to go trekking in two provinces in the far *western / west* of Nepal. They are among the country's poorest and least-developed *area / areas*. A tourism official said the peaks that will have *no / not* climbing fees are between 5,970 metres and 7,132 metres high. The director of Nepal's Tourism Department told The Kathmandu Post about the new plan. He said: "*Spite / Despite* their breathtaking beauty, the number of tourists and mountaineers here *are / is* very low as access is so *difficult / difficulty*." He hoped the plan would "create jobs, generate income, and *strength / strengthen* the local economy".

Nepal's government also announced a *chance / change* in the fee it charges to *clamber / climb* Mount Everest, the world's highest mountain. From the 1st of September, the cost of climbing Everest will *raise / rise* from \$11,000 to \$15,000. This is the first increase *in / at* nearly ten years. Other popular *peaks / perks* will also have higher fees. An additional *rule / rules* to climb Everest was introduced earlier this year. Trekkers now need to *proof / prove* they have scaled a peak in Nepal that is over 7,000 metres high. The government hopes this will *discourage / encourage* more people to attempt some of the 97 free mountains. The tourism director said the more *remotely / remote* mountains are "ideal training grounds" to reach the top *of / by* Everest.

**Talk about the connection between each pair of words in italics, and why the correct word is correct. Look up the definition of new words.**

# INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

Nepal is making 97 of its mountains free to climb for the next two years. The government wants to encourage tourists to go trekking in two provinces in the far west of Nepal. They are making the country's poorest and least-developed areas. The tourism officials said that parks that will have new climbing fees are between 5,970 metres and 7,132 metres high. The director of Nepal's Tourism Department told The Kathmandu Post about the new plan. He said: "Despite their breathtaking beauty, the number of tourists and mountaineers here is very low as access is so difficult." He hoped the plan would "create jobs, generate income, and strengthen the local economy".

Nepal's government has announced a change in the fee to charge to climb Mount Everest, the world's highest mountain. From the 1st of September, the cost of climbing Everest will rise from \$11,000 to \$15,000. This is the first increase in nearly ten years. The popular parks will also have higher fees. An additional rule to climb Everest was introduced earlier this year. Trekkers now need to prove they have scaled a peak in Nepal that is over 7,000 metres high. The government hopes this will encourage more people to attempt some of the 97 free mountains. The tourism director said the mountain routes are "ideal training grounds" to reach the top of Everest.

# PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

nepal is making 97 of its mountains free to climb for the next two years the government wants to encourage tourists to go trekking in two provinces in the far west of nepal they are among the countrys poorest and least developed areas a tourism official said the peaks that will have no climbing fees are between 5970 metres and 7132 metres high the director of nepals tourism department told the kathmandu post about the new plan he said despite their breathtaking beauty the number of tourists and mountaineers here is very low as access is so difficult he hoped the plan would create jobs generate income and strengthen the local economy

nepals government also announced a change in the fee it charges to climb mount everest the worlds highest mountain from the 1st of september the cost of climbing everest will rise from 11000 to 15000 this is the first increase in nearly ten years other popular peaks will also have higher fees an additional rule to climb everest was introduced earlier this year trekkers now need to prove they have scaled a peak in nepal that is over 7000 metres high the government hopes this will encourage more people to attempt some of the 97 free mountains the tourism director said the more remote mountains are ideal training grounds to reach the top of everest

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

Nepal is making 97 of its mountains free to climb for the next two years. The government wants to encourage tourists to go trekking in two provinces in the far west of Nepal. They are among the country's poorest and least-developed areas. A tourism official said the peaks that will have no climbing fees are between 5,970 metres and 7,132 metres high. The director of Nepal's Tourism Department told The Kathmandu Post about the new plan. He said: "Despite their breathtaking beauty, the number of tourists and mountaineers here is very low as access is so difficult." He hoped the plan would "create jobs, generate income, and strengthen the local economy". Nepal's government also announced a change in the fee it charges to climb Mount Everest, the world's highest mountain. From the 1st of September, the cost of climbing Everest will rise from \$11,000 to \$15,000. This is the first increase in nearly ten years. Other popular peaks will also have higher fees. An additional rule to climb Everest was introduced earlier this year. Trekkers now need to prove they have scaled a peak in Nepal that is over 7,000 metres high. The government hopes this will encourage more people to attempt some of the 97 free mountains. The tourism directors said the more remote mountains are "ideal training grounds" to reach the top of Everest.

## FREE WRITING

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

Write about **trekking in Nepal** for 10 minutes. Comment on your partner's paper.

[illegible]



# ACADEMIC WRITING

From <https://breakingnewsenglish.com/2508/250814-nepal-trekking.html>

We should all trek up mountains. Discuss.

[illegible]

# HOMEWORK

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET:** Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

**3. TREKKING IN NEPAL:** Make a poster about trekking in Nepal. Show your work to your classmates in the next lesson. Did you all have similar things?

**4. EVEREST BAN:** Write a magazine article about banning Everest climbs to protect and respect the mountain. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

**5. WHAT HAPPENED NEXT?** Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**6. LETTER:** Write a letter to an expert on trekking in Nepal. Ask him/her three questions about it. Give him/her three of your opinions on trekking. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

# ANSWERS

## VOCABULARY (p.4)

1. b    2. d    3. f    4. e    5. c    6. g    7. a  
8. h    9. j    10. l    11. m    12. n    13. k    14. i

## TRUE / FALSE (p.5)

- 1 F    2 F    3 F    4 T    5 T    6 F    7 T    8 T

## SYNONYM MATCH (p.5)

1. g	2. d	3. j	4. b	5. f
6. i	7. c	8. a	9. h	10. e

## COMPREHENSION QUESTIONS (p.9)

- Two years
- In the far west
- 5,970 metres
- The mountains' beauty
- The local economy
- By \$4,000
- Ten years ago
- Earlier this year
- Over 7,000 metres
- Reaching the top of Everest

## WORDS IN THE RIGHT ORDER (p.19)

- The government wants to encourage tourists to go.
- They are among the country's poorest areas.
- The peaks that will have no climbing fees.
- The number of tourists here is very low.
- He hoped the plan would create many jobs.
- A change in the fee it charges.
- The cost of climbing Everest will rise.
- This is the first increase in ten years.
- Other popular peaks will also have higher fees.
- The remote mountains are "ideal training grounds".

## MULTIPLE CHOICE - QUIZ (p.10)

1. c    2. a    3. b    4. d    5. c    6. b    7. d    8. b    9. b    10. a

## ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.  
(It's good for your English ;-)