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Level 3 – 28th August 2025

Energy levels of songs affect memories

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<https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

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Please try Levels 0, 1 and 2 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

A new study has found that the energy levels of music affect what we remember. Two researchers from Goldsmiths, University of London looked into what kinds of memories people had after listening to different types of music. Music psychologist Safiyyah Nawaz and neuroscientist Dr Diana Omigie investigated how the tempo and mood of songs affected what people remembered about their life. The researchers found that high-energy music made people remember funny and happy events from their past. In contrast, slower and acoustic music brought back memories of calmness and sadness. It even made people recall romantic experiences.

The researchers asked 233 people about the sorts of memories they had after listening to music. The people listened to popular songs from their childhood and early adulthood. Dr Omigie said the feelings people had for music affected their memories. She said: "It's not just the musical features that influence memory, but also how much a person likes a song." Ms Nawaz said: "Acoustic songs were associated with memories that were more vivid, unique, and characterized by complex emotions like romance." She added that energetic songs were linked to "social, exciting, high-energy memories". The research will be put into a database of musical memories on the website memoryrecords.xyz.

Sources: <https://www.eurekalert.org/news-releases/1094542>
<https://cosmosmagazine.com/health/body-and-mind/songs-memories-emotion/>
<https://www.earth.com/news/how-music-tunes-the-emotions-in-our-memories/>

WARM-UPS

1. MUSIC: Students walk around the class and talk to other students about music. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

study / energy levels / memories / music / tempo / mood / happy events / acoustic / researchers / popular songs / childhood / adulthood / emotions / romance / website

Have a chat about the topics you liked. Change topics and partners frequently.

3. INVENTION: Students A **strongly** believe music is the best invention ever; Students B **strongly** believe it isn't. Change partners again and talk about your conversations.

4. MEMORIES: What memories do you have of these things? Complete this table with your partner(s). Change partners often and share what you wrote.

	Good	Not So Good
First day at school		
A vacation		
A trip to the dentist		
Going hiking		
A first date		
A concert		

5. SONG: Spend one minute writing down all of the different words you associate with the word "song". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. MUSIC GENRES: Rank these with your partner. Put the best music genres at the top. Change partners often and share your rankings.

- Rap
- Rock
- Electro
- Jazz
- Classical
- Country
- Pop
- Folk

VOCABULARY MATCHING

Paragraph 1

- | | |
|-----------------|---|
| 1. study (noun) | a. A person who studies how people think and feel. |
| 2. affect | b. How someone feels at a certain time. |
| 3. psychologist | c. Research done to learn new information about something. |
| 4. investigated | d. Make a change in something or someone. |
| 5. tempo | e. Looked at something carefully to find out more about it. |
| 6. mood | f. The speed of music. |
| 7. acoustic | g. Music that does not use electric instruments. |

Paragraph 2

- | | |
|----------------------|--|
| 8. sorts (noun) | h. Connected to or linked to something. |
| 9. popular | i. Different groups of things. |
| 10. childhood | j. Help change how someone thinks or acts. |
| 11. influence (verb) | k. Very clear, strong, and easy to imagine. |
| 12. associated with | l. Liked by many people. |
| 13. vivid | m. Feelings like happiness, sadness, anger, fear, love, etc. |
| 14. emotions | n. The time when someone is growing up; the time before adulthood. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

1. Researchers say music helps us remember when we were babies. **T / F**
2. A psychiatrist was one of the researchers who conducted the study. **T / F**
3. High energy music was most associated with unhappy memories. **T / F**
4. The researchers said acoustic music brought back romantic memories. **T / F**
5. Thousands of people answered questions about music and memories. **T / F**
6. People listened to songs that were popular in their childhood. **T / F**
7. How much people liked a song affected what they remembered. **T / F**
8. The research is going to be published in a book of memories. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|---------------------------|------------------|
| 1. found | a. effect |
| 2. different | b. beat |
| 3. tempo | c. linked to |
| 4. past | d. various |
| 5. recall | e. complicated |
| 6. popular | f. life |
| 7. influence | g. discovered |
| 8. associated with | h. well liked |
| 9. complex | i. recollections |
| 10. memories | j. remember |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|--|-------------------------|
| 1. what kinds of memories | a. from their past |
| 2. the tempo and | b. romantic experiences |
| 3. people remember funny and happy events | c. of musical memories |
| 4. acoustic | d. early adulthood |
| 5. It even made people recall | e. mood of songs |
| 6. popular songs from their childhood and | f. likes a song |
| 7. It's not just the musical features that | g. music |
| 8. how much a person | h. emotions |
| 9. characterized by complex | i. people had |
| 10. The research will be put into a database | j. influence memory |

GAP FILL

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

A new (1) _____ has found that the energy levels of music affect what we remember. Two researchers from Goldsmiths, University of London (2) _____ into what kinds of memories people had after listening to different (3) _____ of music. Music psychologist Safiyyah Nawaz and neuroscientist Dr Diana Omigie investigated how the (4) _____ and mood of songs affected what people remembered about their (5) _____. The researchers found that high-energy music made people remember (6) _____ and happy events from their past. In contrast, slower and (7) _____ music brought back memories of calmness and sadness. It (8) _____ made people recall romantic experiences.

The researchers asked 233 people about the (9) _____ of memories they had after listening to music. The people listened to (10) _____ songs from their childhood and early adulthood. Dr Omigie said the (11) _____ people had for music affected their memories. She said: "It's not just the musical features that (12) _____ memory, but also how much a person likes a song." Ms Nawaz said: "Acoustic songs were (13) _____ with memories that were more vivid, unique, and characterized by complex (14) _____ like romance." She added that energetic songs were linked to "social, exciting, (15) _____ -energy memories". The research will be put into a (16) _____ of musical memories on the website memoryrecords.xyz.

looked

funny

tempo

even

study

acoustic

types

life

popular

emotions

influence

database

sorts

high

feelings

associated

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

- 1) A new study has found that the energy levels of music affect _____
 - a. what we renumber
 - b. what we remembers
 - c. that we remembers
 - d. what we remember
- 2) looked into what kinds of memories people had after listening to different _____
 - a. types of music
 - b. types off music
 - c. types oft music
 - d. tapes off music
- 3) how the tempo and mood of songs affected what people remembered _____
 - a. about their life
 - b. about their live
 - c. about their lift
 - d. about their lively
- 4) high-energy music made people remember funny and happy events _____
 - a. from their past
 - b. from their passed
 - c. from their psst
 - d. from their parsed
- 5) slower and acoustic music brought back memories of _____
 - a. calmness and sadly
 - b. calmness and sad mess
 - c. calmness and sadness
 - d. calm mess and sadness
- 6) The people listened to popular songs from their childhood _____
 - a. and curly adulthood
 - b. and surly adulthood
 - c. and burly adulthood
 - d. and early adulthood
- 7) It's not just the musical features _____
 - a. that influences memory
 - b. what influence memory
 - c. that influence memory
 - d. that confluence memory
- 8) Acoustic songs were associated with memories that _____
 - a. were more vividly
 - b. were more vivid
 - c. were more livid
 - d. were more rigid
- 9) and characterized by complex _____
 - a. emotional like romance
 - b. emotions like romantic
 - c. emotions like romance
 - d. emotions like romancing
- 10) The research will be put into a database _____
 - a. of musical memorize
 - b. of musical memories
 - c. of musically memories
 - d. off musical memories

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

A new study has found that the energy levels of music affect (1) _____. Two researchers from Goldsmiths, University of London (2) _____ kinds of memories people had (3) _____ different types of music. Music psychologist Safiyyah Nawaz and neuroscientist Dr Diana Omigie investigated how the (4) _____ of songs affected what people remembered about their life. The researchers found that high-energy music made people remember funny and happy events (5) _____. In contrast, slower and acoustic music brought back memories of calmness and sadness. It even (6) _____ romantic experiences.

The researchers asked 233 people about (7) _____ memories they had after listening to music. The people listened to popular songs from their childhood (8) _____. Dr Omigie said the feelings people had for music affected their memories. She said: "It's not just the musical (9) _____ memory, but also how much a person likes a song." Ms Nawaz said: "Acoustic songs (10) _____ memories that were more vivid, unique, and characterized by complex (11) _____.\" She added that energetic songs were linked to "social, exciting, high-energy memories". The research will be put (12) _____ of musical memories on the website memoryrecords.xyz.

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

1. How many researchers conducted the study in the article?
2. What kind of researcher is Safiyyah Nawaz?
3. What kind of music made people remember happy events?
4. What did acoustic music bring back memories of besides calmness?
5. What experiences did acoustic music make people think of?
6. How many people answered questions about music and memories?
7. How far back were the songs that people listened to?
8. What "complex emotion" did a researcher mention?
9. What kinds of songs led to exciting memories?
10. Where will the research be made available?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

- 1) How many researchers conducted the study in the article?
 - a) five
 - b) four
 - c) three
 - d) two
- 2) What kind of researcher is Safiyyah Nawaz?
 - a) a neuroscientist
 - b) a music psychologist
 - c) a neuro-linguist
 - d) a physiologist
- 3) What kind of music made people remember happy events?
 - a) rap and hip-hop
 - b) classical music
 - c) rock
 - d) high-energy music
- 4) What did acoustic music bring back memories of besides calmness?
 - a) loneliness
 - b) tears
 - c) sadness
 - d) test anxiety
- 5) What experiences did acoustic music make people think of?
 - a) memorable experiences
 - b) painful experiences
 - c) wonderful experiences
 - d) romantic experiences
- 6) How many people answered questions about music and memories?
 - a) 221
 - b) 232
 - c) 233
 - d) 223
- 7) How far back were the songs that people listened to?
 - a) people's childhoods
 - b) from infancy
 - c) to teenage years
 - d) 10 years
- 8) What "complex emotion" did a researcher mention?
 - a) hate
 - b) self-doubt
 - c) romantic feelings
 - d) pride
- 9) What kinds of songs led to exciting memories?
 - a) military marching songs
 - b) energetic songs
 - c) rap songs
 - d) children's songs
- 10) Where will the research be made available?
 - a) on a website
 - b) on a podcast
 - c) in a magazine
 - d) in a book

ROLE PLAY

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

Role A – Rap

You think rap is the best music genre. Tell the others three reasons why. Tell them what is wrong with their genres. Also, tell the others which is the least interesting of these (and why): rock, classical or jazz.

Role B – Rock

You think rock is the best music genre. Tell the others three reasons why. Tell them what is wrong with their genres. Also, tell the others which is the least interesting of these (and why): rap, classical or jazz.

Role C – Classical

You think classical is the best music genre. Tell the others three reasons why. Tell them what is wrong with their genres. Also, tell the others which is the least interesting of these (and why): rock, rap or jazz.

Role D – Jazz

You think jazz is the best music genre. Tell the others three reasons why. Tell them what is wrong with their genres. Also, tell the others which is the least interesting of these (and why): rock, classical or rap.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

1. WORD SEARCH: Look online / in your dictionary to find collocates, information on, synonyms for... the words 'music' and 'memory'.

music	memory
--------------	---------------

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

<ul style="list-style-type: none">• affect• types• tempo• funny• slower• romantic	<ul style="list-style-type: none">• 233• popular• features• unique• linked• website
--	--

MUSIC SURVEY

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

Write five GOOD questions about music in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

MUSIC DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'music'?
3. Why do people like music?
4. How important is music to you?
5. What kinds of music do you like and dislike?
6. What memories do you have when you listen to music?
7. How does music change the way you feel?
8. What do you think of up-tempo or downtempo music?
9. What do you think of acoustic music?
10. What music brings back memories of romantic experiences?

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MUSIC DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'memory'?
13. What do you think about what you read?
14. What does your favourite song make you remember?
15. What songs did you like when you were a child?
16. How have your musical tastes changed?
17. Why do you like your favourite song?
18. Why do we all have a different favourite song?
19. What would life be like without music?
20. What questions would you like to ask the researchers?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

A new study has found that the energy levels of music (1) _____ what we remember. Two researchers from Goldsmiths, University of London looked (2) _____ what kinds of memories people had after listening to (3) _____ types of music. Music psychologist Safiyyah Nawaz and neuroscientist Dr Diana Omigie investigated how the tempo and mood of songs affected (4) _____ people remembered about their life. The researchers found that high-energy music made people remember funny and happy events from their (5) _____. In contrast, slower and acoustic music brought back memories of calmness and sadness. It (6) _____ made people recall romantic experiences.

The researchers asked 233 people about the (7) _____ of memories they had after listening to music. The people listened to popular songs from their childhood and early adulthood. Dr Omigie said the feelings people had for music affected (8) _____ memories. She said: "It's not just the musical features that influence memory, but also how (9) _____ a person likes a song." Ms Nawaz said: "Acoustic songs were associated with memories that were more vivid, unique, and characterized (10) _____ complex emotions like romance." She added that energetic songs were linked (11) _____ "social, exciting, high-energy memories". The research will be put into a (12) _____ of musical memories on the website memoryrecords.xyz.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|-------------|---------------|-----------------|----------------|
| 1. | (a) confect | (b) effect | (c) infect | (d) affect |
| 2. | (a) onto | (b) unto | (c) as to | (d) into |
| 3. | (a) differ | (b) different | (c) differently | (d) difference |
| 4. | (a) which | (b) whether | (c) what | (d) that |
| 5. | (a) parsed | (b) passed | (c) past | (d) psst |
| 6. | (a) even | (b) ever | (c) event | (d) every |
| 7. | (a) shorts | (b) sorts | (c) spots | (d) slots |
| 8. | (a) their | (b) them | (c) that | (d) they |
| 9. | (a) many | (b) much | (c) most | (d) more |
| 10. | (a) at | (b) of | (c) by | (d) to |
| 11. | (a) as | (b) of | (c) to | (d) up |
| 12. | (a) data | (b) data dump | (c) data centre | (d) database |

SPELLING

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

Paragraph 1

1. Music sohsyploitgc
2. neuroscientist Dr Diana Omigie ntdgaeviiset how
3. the tpome and mood of songs
4. In atrntcso
5. ocatcsui music
6. made people celral romantic experiences

Paragraph 2

7. people listened to aoplrpu songs
8. from their childhood and early touodahld
9. It's not just the musical arufseet
10. fcenienlu memory
11. songs were tasodacies with memories
12. cxlempo emotions like romance

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

Number these lines in the correct order.

- (**1**) A new study has found that the energy levels of music affect what we remember. Two researchers
- () adulthood. Dr Omigie said the feelings people had for music affected their memories. She said: "It's not
- () and sadness. It even made people recall romantic experiences.
- () by complex emotions like romance." She added that energetic songs were linked to "social, exciting, high-
- () energy memories". The research will be put into a database of musical memories on the website memoryrecords.xyz.
- () events from their past. In contrast, slower and acoustic music brought back memories of calmness
- () from Goldsmiths, University of London looked into what kinds of memories people had after listening to different
- () how the tempo and mood of songs affected what people remembered about their
- () just the musical features that influence memory, but also how much a person likes a
- () life. The researchers found that high-energy music made people remember funny and happy
- () listening to music. The people listened to popular songs from their childhood and early
- () song." Ms Nawaz said: "Acoustic songs were associated with memories that were more vivid, unique, and characterized
- () The researchers asked 233 people about the sorts of memories they had after
- () types of music. Music psychologist Safiyyah Nawaz and neuroscientist Dr Diana Omigie investigated

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

1. Energy remember affect we what music of levels .
2. What listening after people memories kinds had of .
3. The remembered people what affected songs of tempo .
4. Music events happy and funny remember people made .
5. Acoustic calmness of memories back brought music .
6. The music to listening after had they memories .
7. People childhood their from songs popular to listened .
8. It's memory influence that features musical just not .
9. Acoustic memories vivid with associated were songs .
10. Put memories musical of database a into .

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

A new study has found that the *energize / energy* levels of music affect what we *remembering / remember*. Two researchers from Goldsmiths, University of London looked into *that / what* kinds of memories people had after *listening / listened* to different types of music. Music psychologist Safiyyah Nawaz and neuroscientist Dr Diana Omigie investigated *how / what* the tempo and mood of songs *affective / affected* what people remembered about their *live / life*. The researchers found that high-energy music made people remember *funny / funnily* and happy events from their past. In contrast, slower and acoustic music brought back memories *of / at* calmness and sadness. It *even / ever* made people recall romantic experiences.

The researchers asked 233 people about the sorts *on / of* memories they had after listening *to / for* music. The people listened to popular songs *for / from* their childhood and early adulthood. Dr Omigie said the feelings people *did / had* for music affected their memories. She said: "It's not *justly / just* the musical features that influence memory, but also how *much / many* a person likes a song." Ms Nawaz said: "Acoustic songs were associated with memories that were *much / more* vivid, unique, and characterized by complex emotions *like / liked* romance." She added that energetic *song / songs* were linked to "social, exciting, high-energy memories". The research will be put into a database *at / of* musical memories on the website memoryrecords.xyz.

Talk about the connection between each pair of words in italics, and why the correct word is correct. Look up the definition of new words.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

_ n_w st_dy h_s f__nd th_t th_ _n_rgy l_v_ls _f
m_s_c _ff_ct wh_t w_ r_m_mb_r. Tw_ r_s__rch_rs fr_m
G_ldsm_ths, _n_v_rs_ty _f L_nd_n l__k_d _nt_ wh_t
k_nds _f m_m_r__s p__pl_ h_d _ft_r l_st_n_ng t_
d_ff_r_nt typ_s _f m_s_c. M_s_c psych_l_g_st S_f_yy_h
N_w_z _nd n__r_sc__nt_st Dr D__n_ _m_g__
_nv_st_g_t_d h_w th_ t_mp_ _nd m__d _f s_ngs
_ff_ct_d wh_t p__pl_ r_m_mb_r_d _b__t th__r l_f_. Th_
r_s__rch_rs f__nd th_t h_gh-_n_rgy m_s_c m_d_ p__pl_
r_m_mb_r f_nny _nd h_ppy _v_nts fr_m th__r p_st. _n
c_ntr_st, sl_w_r _nd _c__st_c m_s_c br__ght b_ck
m_m_r__s _f c_lmn_ss _nd s_dn_ss. _t _v_n m_d_
p__pl_ r_c_ll r_m_nt_c _xp_r__nc_s.

Th_ r_s__rch_rs _sk_d 233 p__pl_ _b__t th_ s_rts _f
m_m_r__s th_y h_d _ft_r l_st_n_ng t_ m_s_c. Th_
p__pl_ l_st_n_d t_ p_p_l_r s_ngs fr_m th__r ch_ldh__d
_nd __rly _d_lth__d. Dr _m_g__ s__d th_ f__l_ngs
p__pl_ h_d f_r m_s_c _ff_ct_d th__r m_m_r__s. Sh_
s__d: "_t's n_t j_st th_ m_s_c_l f__t_r_s th_t
_nfl__nc_ m_m_ry, b_t _ls_ h_w m_ch _ p_rs_n l_k_s
_ s_ng." Ms N_w_z s__d: "_c__st_c s_ngs w_r_
_ss_c__t_d w_th m_m_r__s th_t w_r_ m_r_ v_v_d,
_n_q__, _nd ch_r_ct_r_z_d by c_mpl_x _m_t__ns l_k_
r_m_nc_." Sh_ _dd_d th_t _n_rg_t_c s_ngs w_r_ l_nk_d
t_ "s_c__l, _xc_t_ng, h_gh-_n_rgy m_m_r__s". Th_
r_s__rch w_ll b_ p_t _nt_ _ d_t_b_s_ _f m_s_c_l
m_m_r__s _n th_ w_bs_t_ m_m_ryr_c_rds.xyz.

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

a new study has found that the energy levels of music affect what we remember two researchers from goldsmiths university of london looked into what kinds of memories people had after listening to different types of music music psychologist safiyyah nawaz and neuroscientist dr diana omigie investigated how the tempo and mood of songs affected what people remembered about their life the researchers found that highenergy music made people remember funny and happy events from their past in contrast slower and acoustic music brought back memories of calmness and sadness it even made people recall romantic experiences

the researchers asked 233 people about the sorts of memories they had after listening to music the people listened to popular songs from their childhood and early adulthood dr omigie said the feelings people had for music affected their memories she said its not just the musical features that influence memory but also how much a person likes a song ms nawaz said acoustic songs were associated with memories that were more vivid unique and characterized by complex emotions like romance she added that energetic songs were linked to social exciting highenergy memories the research will be put into a database of musical memories on the website memoryrecordsxyz

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

A new study has found that the energy levels of music affect what we remember. Two researchers from Goldsmiths, University of London looked into what kinds of memories people had after listening to different types of music. Music psychologist Safiyyah Nawaz and neuroscientist Dr Diana Omigie investigated how the tempo and mood of songs affected what people remembered about their life. The researchers found that high-energy music made people remember funny and happy events from their past. In contrast, slower and acoustic music brought back memories of calmness and sadness. It even made people recall romantic experiences. The researchers asked 233 people about the sort of memories they had after listening to music. The people listened to popular songs from their childhood and early adulthood. Dr Omigie said the feelings people had from music affected their memories. She said: "It's not just the musical features that influence memory, but also how much a person likes a song." Ms Nawaz said: "Acoustic songs were associated with memories that were more vivid, unique, and characterized by complex emotions like romance." She added that energetic songs were linked to "social, exciting, high-energy memories". The research will be put into a database of musical memories on the website memoryrecords.xyz.

FREE WRITING

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

Write about **music** for 10 minutes. Comment on your partner's paper.

[illegible]

ACADEMIC WRITING

From <https://breakingnewsenglish.com/2508/250828-music-and-memory.html>

Music is more important than books and exercise. Discuss.

[illegible]

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. MEMORIES: Make a poster about memories. Show your work to your classmates in the next lesson. Did you all have similar things?

4. MUSIC: Write a magazine article about making music a compulsory school until the end of high school. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on music. Ask him/her three questions about it. Give him/her three of your opinions on it. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. c 2. d 3. a 4. e 5. f 6. b 7. g
8. i 9. l 10. n 11. j 12. h 13. k 14. m

TRUE / FALSE (p.5)

- 1 F 2 F 3 F 4 T 5 F 6 T 7 T 8 F

SYNONYM MATCH (p.5)

1. g	2. d	3. b	4. f	5. j
6. h	7. a	8. c	9. e	10. i

COMPREHENSION QUESTIONS (p.9)

- Two
- A music psychologist
- High-energy music
- Sadness
- Romantic experiences
- 233
- People's childhoods
- Romantic feelings
- Energetic songs?
- On a website

WORDS IN THE RIGHT ORDER (p.19)

- Energy levels of music affect what we remember.
- What kinds of memories people had after listening.
- The tempo of songs affected what people remembered.
- Music made people remember funny and happy events.
- Acoustic music brought back memories of calmness.
- The memories they had after listening to music.
- People listened to popular songs from their childhood.
- It's not just musical features that influence memory.
- Acoustic songs were associated with vivid memories.
- Put into a database of musical memories.

MULTIPLE CHOICE - QUIZ (p.10)

1. d 2. b 3. d 4. c 5. d 6. c 7. a 8. c 9. b 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)