Breaking News English.com

Ready-to-Use English Lessons by Sean Banville

"1,000 IDEAS & ACTIVITIES FOR LANGUAGE TEACHERS"

breakingnewsenglish.com/book.html

Thousands more free lessons from Sean's other websites

www.freeeslmaterials.com/sean banville lessons.html

Level 3 - 18th September 2025

Jamaica sprinter Oblique Seville wins world 100m gold

FREE online quizzes, mp3 listening and more for this lesson here:

https://breakingnewsenglish.com/2509/250918-oblique-seville.html

Contents

The Article	2	Discussion (Student-Created Qs)	15
Warm-Ups	3	Language Work (Cloze)	16
Vocabulary	4	Spelling	17
Before Reading / Listening	5	Put The Text Back Together	18
Gap Fill	6	Put The Words In The Right Order	19
Match The Sentences And Listen	7	Circle The Correct Word	20
Listening Gap Fill	8	Insert The Vowels (a, e, i, o, u)	21
Comprehension Questions	9	Punctuate The Text And Add Capitals	22
Multiple Choice - Quiz	10	Put A Slash (/) Where The Spaces Are	23
Role Play	11	Free Writing	24
After Reading / Listening	12	Academic Writing	25
Student Survey	13	Homework	26
Discussion (20 Questions)	14	Answers	27

Please try Levels 0, 1 and 2 (they are easier).





X.com/SeanBanville

Facebook



www.facebook.com/pages/BreakingNewsEnglish/155625444452176

THE ARTICLE

From https://breakingnewsenglish.com/2509/250918-oblique-seville.html

Jamaican sprinter Oblique Seville has won the 100-metre gold medal at the World Athletics Championships in Tokyo. He is the first Jamaican man to win gold in a sprint event since Usain Bolt, who took first place in the 2016 Rio Olympics. Bolt holds the world record for the 100 metres with a time of 9.58 seconds. Seville won his gold in a personal best of 9.77 seconds. Bolt is Seville's hero and was watching the race with great excitement in the stands in Tokyo's National Stadium. It was a good night for Jamaica as Kishane Thompson finished just behind Seville to claim the silver medal and a one-two for the Caribbean nation. Thompson is the fastest man in the world this year.

Oblique Seville was ecstatic after his victory. He told reporters: "I feel really amazed and excited that the gold is coming home to Jamaica." He added: "I have proved that I am a true competitor, that I have the determination of a champion. But still, I was panicking...I knew if I had a strong finish, the others would not catch me." He was very happy to win in front of his compatriot Usain Bolt. Seville said: "It is just a tremendous feeling to compete in front of Usain here in Tokyo." He added that: "I have proved, in front of Usain, that I am a champion, and I am very proud of that." Jamaica's one-two finish signals a golden new era for Jamaican sprinting.

Sources: https://www.olympics.com/en/news/world-athletics-championships-2025-mens-100m-oblique-

seville-shock-victory

https://www.bbc.com/sport/athletics/articles/ckgy1j0z5e9o https://worldathletics.org/competitions/world-athletics-

championships/tokyo25/news/report/world-championships-tokyo-25-report-mens-100m

WARM-UPS

- **1. SPRINTING:** Students walk around the class and talk to other students about sprinting. Change partners often and share your findings.
- **2. CHAT:** In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

sprinter / gold medal / athletics / world record / hero / race / excitement / nation / ecstatic / victory / competitor / determination / champion / feeling / proud / era

Have a chat about the topics you liked. Change topics and partners frequently.

- **3. MARATHON:** Students A **strongly** believe the marathon is the best running race; Students B **strongly** believe the 100 metres is the best running race. Change partners again and talk about your conversations.
- **4. GOLD MEDAL:** Who would you give a gold medal to in the areas below? Why? Complete this table with your partner(s). Change partners often and share what you wrote.

	Who?	Why?
Music		
Art		
Business		
Influencer		
Acting		
Human Rights		

- **5. MEDAL:** Spend one minute writing down all of the different words you associate with the word "medal". Share your words with your partner(s) and talk about them. Together, put the words into different categories.
- **6. ATHLETICS EVENTS:** Rank these with your partner. Put the best at the top. Change partners often and share your rankings.
 - 100 metres
 - Pole vault
 - Long jump
 - Decathlon

- 4x100 metres relay
- High jump
- Javelin
- Marathon

VOCABULARY MATCHING

Paragraph 1

- 1. sprinter a. The seats where people watch a sports game.
- 2. record (noun) b. A country and its people.
- 3. hero c. A person who runs very fast over a short distance.
- 4. hold d. The best ever result in a sport or activity.
- 5. the stands e. Have the best result in a sport or activity.
- 6. claim (verb) f. Say that something is true.
- 7. nation g. A person who is admired for doing something brave or great.

Paragraph 2

- 8. ecstatic h. Very happy about what you or someone else has done.
- 9. proved i. Someone from the same country as you.
- 10. competitor j. A strong feeling to keep trying and not give up.
- 11. determination k. Feeling very, very happy.
- 12. compatriot l. A period of time in history.
- 13. proud m. Showed that something is true.
- 14. era n. A person who takes part in a game or race.

BEFORE READING / LISTENING

From https://breakingnewsenglish.com/2509/250918-oblique-seville.html

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

- 1. Oblique Seville is the first Jamaican to win sprint gold since 2016. T/F
- 2. Oblique Seville broke the 100m world record with his run.
- 3. Oblique Seville is Usain Bolt's all-time hero. T/F
- 4. Another Jamaican won the silver medal. T/F
- 5. Seville said he was excited that the silver medal was going to Jamaica. **T/F**
- 6. Seville did not panic during his race. T/F
- 7. Seville was happy to win gold in front of Usain Bolt. T / F
- 8. The article says Jamaica's one-two was be good for Jamaican sprinting. T / F

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- 1. win
- 2. excitement
- 3. hero
- 4. just
- 5. nation
- 6. ecstatic
- 7. proved
- 8. determination
- 9. tremendous
- 10. era

- a. idol
- b. will power
- c. narrowly
- d. overjoyed
- e. age
- finish first
- g. huge
- h. shown
- i. country
- enthusiasm i.

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- 1. the first Jamaican man to win gold
- 2. Bolt holds
- great excitement in
- Thompson finished just
- the fastest man in the
- 6. Seville was ecstatic
- 7. I have proved that I am a true
- 8. if I had a strong finish, the others
- 9. Jamaica's one-two
- 10. a golden new era

- a. the stands
- b. for Jamaican sprinting
- world this year
- d. after his victory
- would not catch me
- in a sprint event f.
- g. finish
- h. competitor
- behind Seville
- the world record į.

GAP FILL

Jamaican sprinter Oblique Seville has (1)	holds
the 100-metre gold medal at the World Athletics Championships in	stands
Tokyo. He is the first Jamaican man to win gold in a sprint	world
(2) since Usain Bolt, who took first place in	WOITU
the 2016 Rio Olympics. Bolt (3) the world	event
record for the 100 metres with a time of 9.58 seconds. Seville won	won
his gold in a (4) best of 9.77 seconds. Bolt	two
is Seville's hero and was watching the race with great excitement	norconal
in the (5) in Tokyo's National Stadium. It	personal
was a good night for Jamaica as Kishane Thompson finished	just
(6) behind Seville to claim the silver medal	
and a one-(7) for the Caribbean nation.	
Thompson is the fastest man in the (8)	
this year.	
Oblique Seville was ecstatic after his (9)	happy
He told reporters: "I feel really amazed and excited that the gold	golden
is coming (10) to Jamaica." He added: "I	champion
have proved that I am a true competitor, that I have the	•
determination of a (11) But still, I was	victory
panickingI knew if I had a (12) finish, the	proud
others would not catch me." He was very	strong
(13) to win in front of his compatriot Usain	feeling
Bolt. Seville said: "It is just a tremendous	_
(14) to compete in front of Usain here in	home
Tokyo." He added that: "I have proved, in front of Usain, that I am	
a champion, and I am very (15) of that."	
Jamaica's one-two finish signals a (16) new	
era for Jamaican sprinting.	

LISTENING — Guess the answers. Listen to check.

1)	He is the first Jamaican man to win gold in a sprint event a. since Usain Bolt b. sins Usain Bolt c. stance Usain Bolt d. stints Usain Bolt
2)	Seville won his gold in a. a personal bests b. a personally best c. a personally best d. a personal best
3)	Bolt is Seville's hero and was watching the race with great excitementa. in the sits b. in the stands c. in the kneels d. in the crouches
4)	Thompson finished just behind Seville to claim the silver medal and a. a one-one b. a one-two c. a two-one d. a two-two
5)	Thompson is the fastest man in the a. worlds this year b. world that year c. world this year d. world this years
6)	I feel really amazed and excited that the gold a. is coming house b. is coming home c. is coming homely d. is coming homed
7)	He added: "I have proved that I am" a. a true competitor b. a truth competitor c. a truly competitor d. atchoo competitor
8)	I knew if I had a strong finish, the others would a. not catch them b. not catch her c. not catch us d. not catch me
9)	I have proved, in front of Usain, that I am a champion, and I am verya. proud off that b. proud of that c. proud on that d. proud of what
10) Jamaica's one-two finish signals a
	a. golden new era b. golden new area
	c. golden new aura
	d. golden new ear

LISTENING – Listen and fill in the gaps

Jamaican sprinter Oblique Seville I	has won the 100-metre gold medal at the
World Athletics Championships in 7	Tokyo. He is the first Jamaican man to win
gold (1)	event since Usain Bolt, who
(2)	in the 2016 Rio Olympics. Bolt holds the
world record for the 100 metres w	ith a time of 9.58 seconds. Seville won his
gold in (3)	of 9.77 seconds. Bolt is Seville's
hero and was watching	the race with great excitement
(4)	in Tokyo's National Stadium. It was a
good night for Jamaica as Kishane	Thompson finished just behind Seville to
(5)	medal and a one-two for the Caribbean
nation. Thompson is the (6)	the world this
year.	
Oblique Seville was ecstatic (7)	He told
reporters: "I feel really an	nazed and excited that the gold
(8)	to Jamaica." He added: "I have proved
that I am a true competitor, that	I have the determination of a champion.
But still, I was panickingI knew i	f I had (9),
the others would not catch me."	He was very happy to win in front of his
compatriot Usain Bolt. Seville	e said: "It is just a tremendous
(10)	_ in front of Usain here in Tokyo." He
added that: "(11)	, in front of Usain, that I am
a champion, and I am very proud	of that." Jamaica's one-two finish signals a
(12)	for Jamaican sprinting.

COMPREHENSION QUESTIONS

1.	In which city did Oblique Seville win his gold medal?
2.	When was the last time a Jamaican man won a sprint gold?
3.	What is the 100 metres world record?
4.	Who was watching Oblique Seville from the stands?
5.	Who is the fastest man in the world this year?
6.	Where did Oblique Seville say the gold medal was going?
7.	What did Oblique Seville say he has the determination to be?
8.	What did Oblique Seville know would happen if he finished strongly?
9.	Who did Oblique Seville like competing in front of?
10.	What does Jamaica's one-two finish signal?

MULTIPLE CHOICE - QUIZ

- 1) In which city did Oblique Seville win his gold medal?
- a) Tokyo
- b) London
- c) Los Angeles
- d) Nairobi
- 2) When was the last time a Jamaican man won a sprint gold?
- a) 2020
- b) 2018
- c) 2016
- d) 2022
- 3) What is the 100 metres world record?
- a) 9.77 seconds
- b) 9.58 seconds
- c) 9.85 seconds
- d) 9.78 seconds
- 4) Who was watching Oblique Seville from the stands?
- a) Taylor Swift
- b) his mother
- c) Faith Kipyegon
- d) Usain Bolt
- 5) Who is the fastest man in the world this year?
- a) Kishane Thompson
- b) Usain Bolt
- c) Mondo Duplantis
- d) Oblique Seville

- 6) Where did Oblique Seville say the gold medal was going?
- a) a museum
- b) his mother's house
- c) to a safe in a bank
- d) home to Jamaica
- 7) What did Oblique Seville say he has the determination to be?
- a) a future Jamaican president
- b) a champion
- c) the fastest man ever
- d) a good family man
- 8) What did Oblique Seville know would happen if he finished strongly?
- a) He would panic.
- b) He would have time to smile.
- c) He would win by one metre.
- d) The other runners would not catch him.
- 9) Who did Oblique Seville like competing in front of?
- a) a large crowd
- b) his mother
- c) Usain Bolt
- d) Jamaican supporters
- 10) What does Jamaica's one-two finish signal?
- a) more medals for Jamaica
- b) a golden new era for Jamaican sprinting
- c) gold traffic lights
- d) proud sprinters

ROLE PLAY

From https://breakingnewsenglish.com/2509/250918-oblique-seville.html

Role A - 100 Metres

You think the 100 metres is the best athletics event. Tell the others three reasons why. Tell them what is wrong with their events. Also, tell the others which is the least interesting of these (and why): the decathlon, the pole vault or the marathon.

Role B - Decathlon

You think the decathlon is the best athletics event. Tell the others three reasons why. Tell them what is wrong with their events. Also, tell the others which is the least interesting of these (and why): the 100 metres, the pole vault or the marathon.

Role C - Pole Vault

You think the pole vault is the best athletics event. Tell the others three reasons why. Tell them what is wrong with their events. Also, tell the others which is the least interesting of these (and why): the decathlon, the 100 metres or the marathon.

Role D - Marathon

You think the marathon is the best athletics event. Tell the others three reasons why. Tell them what is wrong with their events. Also, tell the others which is the least interesting of these (and why): the decathlon, the pole vault or the 100 metres.

AFTER READING / LISTENING

From https://breakingnewsenglish.com/2509/250918-oblique-seville.html

1. WORD SEARCH: Look online / in your dictionary to find collocates, information on, synonyms for... the words 'gold' and 'medal'.

gold	medal

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.
- **2. ARTICLE QUESTIONS:** Look back at the article and write down some questions you would like to ask the class about the text.
 - Share your questions with other classmates / groups.
 - Ask your partner / group your questions.
- **3. GAP FILL:** In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?
- **4. VOCABULARY:** Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.
- **5. TEST EACH OTHER:** Look at the words below. With your partner, try to recall how they were used in the text:

• first	• victory
holds	• home
personal	• true
stands	• catch
behind	feeling
• two	• era

SPRINTING SURVEY

From https://breakingnewsenglish.com/2509/250918-oblique-seville.html

Write five GOOD questions about sprinting in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

	STUDENT 1	STUDENT 2	STUDENT 3
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

SPRINTING DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

- 1. What did you think when you read the headline?
- 2. What images are in your mind when you hear the word 'sprinter'?
- 3. What do you think of sprinting?
- 4. How good are you at running?
- 5. When was the last time you ran really, really fast?
- 6. What running event is your favourite?
- 7. Who is your hero and why?
- 8. What world record would you like to hold?
- 9. Do you like watching athletics?
- 10. What advice do you have for sprinters to run faster?

Jamaica sprinter Oblique Seville wins world 100m gold – 18th September 2025 Thousands more free lessons at breakingnewsenglish.com

SPRINTING DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

- 11. Did you like reading this article? Why/not?
- 12. What do you think of when you hear the word 'gold'?
- 13. What do you think about what you read?
- 14. What do you think of the 100 metres at the Olympics?
- 15. Do you have a favourite sprinter?
- 16. When was the last time you were ecstatic?
- 17. How much of a competitor are you?
- 18. Would you rather be a sprinter or a marathon runner?
- 19. What are you proud of?
- 20. What questions would you like to ask Oblique Seville?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

ISSION (_	_	_
SSION (\\ B's QUESTION:	_	_	_
_	_	_	_
_	_	_	_
_	_	_	_
_	_	_	_
_	_	_	_
_	_	_	_

LANGUAGE - CLOZE

Jama	aican	sprinter Obliq	ue Sev	ville has (1)) th	ne 100-met	re gold	medal at the
Worl	ld Ath	nletics Champio	onships	in Tokyo.	He is th	e (2)	Jamaica	n man to win
gold	in a	sprint event	since	Usain Bolt	, who to	ook first pl	ace in	the 2016 Rio
Olyn	npics.	Bolt (3)	the w	orld record	for the	100 metres	with a	time of 9.58
seco	nds.	Seville won his	s gold	in a (4)	best	of 9.77 sec	onds. B	olt is Seville's
hero	and	was watching	the r	ace with	great exc	citement (5)		the stands in
Toky	o's N	lational Stadiui	m. It v	vas a good	l night fo	r Jamaica a	as Kisha	ne Thompson
finis	hed j	ust (6) \$	Seville	to claim t	the silve	r medal an	d a on	e-two for the
Caril	bbean	nation. Thom	oson is	the fastest	man in	the world th	is year.	
Oblid	que S	Seville was ecs	static a	after his (7)	He told rep	orters:	"I feel really
ama	zed a	nd excited tha	t the g	old is com	ing home	to Jamaica	a." He a	dded: "I have
•		nat I am a (8		- •	•			
	=	. But still, I wa	=	_			_	
		catch me." He id: "It is just		, ,			•	
		okyo." He add			_	-		
		, and I am ver						
	-	for Jamaic			Jamaica	5 0110 0110 1		, ilaio a golacii
	(/ _		ор					
Put	the c	orrect words	from	the table l	oelow in	the above	article	
1.	(a)	winner	(b)	winning	(c)	wins	(d)	won
2.	(a)	fasts	(b)	fasting	(c)	fast	(d)	first
3.	(a)	handles	(b)	holds	(c)	grips	(d)	hands
4.	(a)	open	(b)	public	(c)	personal	(d)	private
5.	(a)	in	(b)	at	(c)	up	(d)	as
6.	(a)	behind	(b)	front	(c)	side	(d)	between
7.	(a)	victoriously	(b)	victors	(c)	victor	(d)	victory
8.	(a)	true	(b)	truly	(c)	truth	(d)	truths
9.	(a)	another	(b)	others	(c)	other	(d)	other than
10.	(a)	at	(b)	for	(c)	to	(d)	by
11.	(a)	proves	(b)	prove	(c)	proved	(d)	proofs
12.	(a)	aura	(b)	era	(c)	area	(d)	ear

SPELLING

From https://breakingnewsenglish.com/2509/250918-oblique-seville.html

Paragraph 1

- 1. win gold in a sprint teevn
- 2. a <u>erapnosl</u> best of 9.77 seconds
- 3. Bolt is Seville's hroe
- 4. watching the race with great <u>mxecteinte</u>
- 5. iamcl the silver medal
- 6. a one-two for the Caribbean ainnto

Paragraph 2

- 7. Oblique Seville was etcsatic after his victory
- 8. I am a true oetictromp
- 9. win in front of his itotprmaco Usain Bolt
- 10. It is just a <u>rutdoemens</u> feeling
- 11. I am very <u>upodr</u> of that
- 12. a golden new ear for Jamaican sprinting

PUT THE TEXT BACK TOGETHER

From https://breakingnewsenglish.com/2509/250918-oblique-seville.html

Number these lines in the correct order.

()	champion. But still, I was panickingI knew if I had a strong finish, the others would not catch
()	feeling to compete in front of Usain here in Tokyo." He added that: "I have proved, in front
()	home to Jamaica." He added: "I have proved that I am a true competitor, that I have the determination of a
(1)	Jamaican sprinter Oblique Seville has won the 100-metre gold medal at the World Athletics Championships in
()	me." He was very happy to win in front of his compatriot Usain Bolt. Seville said: "It is just a tremendous
()	medal and a one-two for the Caribbean nation. Thompson is the fastest man in the world this year.
()	night for Jamaica as Kishane Thompson finished just behind Seville to claim the silver
()	Oblique Seville was ecstatic after his victory. He told reporters: "I feel really amazed and excited that the gold is coming
()	of 9.58 seconds. Seville won his gold in a personal best of 9.77 seconds. Bolt is Seville's hero and was watching
()	of Usain, that I am a champion, and I am very proud of that." Jamaica's one-
()	place in the 2016 Rio Olympics. Bolt holds the world record for the $100\ \text{metres}$ with a time
()	the race with great excitement in the stands in Tokyo's National Stadium. It was a good
()	Tokyo. He is the first Jamaican man to win gold in a sprint event since Usain Bolt, who took first
()	two finish signals a golden new era for Jamaican sprinting.

PUT THE WORDS IN THE RIGHT ORDER

From https://breakingnewsenglish.com/2509/250918-oblique-seville.html

1. the He's Jamaican first to man gold win .

- Bolt the holds record world the for metres 100 .
 He watching was race the great with excitement .
 finished He behind just to Seville silver claim .
 Thompson the is man fastest the in world .
- 6. gold The coming is to home Jamaica .
- 7. have I that proved a I'm competitor true .
- 8. Happy win to front in his of compatriot .
- 9. is It a just feeling tremendous compete to .
- 10. Signals golden a era new Jamaican for sprinting .

CIRCLE THE CORRECT WORD (20 PAIRS)

From https://breakingnewsenglish.com/2509/250918-oblique-seville.html

Jamaican *sprinter / sprint* Oblique Seville has won the 100-metre gold medal at the World Athletics Championships *in / at* Tokyo. He is the *first / fast* Jamaican man to win gold in a sprint event *from / since* Usain Bolt, who took first place in the 2016 Rio Olympics. Bolt holds the world record for the 100 metres with a *timed / time* of 9.58 seconds. Seville won his gold in a personal *better / best* of 9.77 seconds. Bolt is Seville's *heroic / hero* and was watching the race with great excitement in the stands in Tokyo's National Stadium. It was a good night for Jamaica *has / as* Kishane Thompson finished just behind Seville to claim the *sliver / silver* medal and a one-two for the Caribbean nation. Thompson is the fastest man *in / on* the world this year.

Oblique Seville was ecstasy / ecstatic after his victory. He told reporters: "I feel really amazed and excited what / that the gold is coming home to Jamaica." He added: "I have proved that I am a truth / true competitor, that I have the determination of / to a champion. But still, I was panicking...I knew if I had a strong finish, the others would not caught / catch me." He was very happy to win in front / behind of his compatriot Usain Bolt. Seville said: "It is just a tremendous feel / feeling to compete in front of Usain here in Tokyo." He add / added that: "I have proved, in front of Usain, that I am a champion, and I am very proud / pride of that." Jamaica's one-two finish signals a golden new era / aura for Jamaican sprinting.

Talk about the connection between each pair of words in italics, and why the correct word is correct. Look up the definition of new words.

INSERT THE VOWELS (a, e, i, o, u)

From https://breakingnewsenglish.com/2509/250918-oblique-seville.html

 $\label{eq:constraint} J_m__c_n \quad spr_nt_r \quad _bl_q__ \quad S_v_ll_ \quad h_s \quad w_n \quad th_$ 100-m_tr_ g_ld m_d_l _t th_ W_rld _thl_t_cs Ch_mp__nsh_ps _n T_ky_. H_ _s th_ f_rst J_m__c_n m_n t_ w_n g_ld _n _ spr_nt _v_nt 2016 R_{-} _lymp_cs. B_lt h_lds th_ w_rld r_c_rd f_r th_ 100 m_tr_s w_th _ t_m_ _f s_c_nds. S_v_II_ w_n h_s g_Id _n _ p_rs_n_I b_st _f 9.77 s_c_nds. B_lt _s S_v_II_'s h_r_ _nd w_s w_tch_ng th_ r_c_ w_th gr__t _xc_t_m_nt _n th_ st_nds _n T_ky_'s N_t__n_I St_d__m. _t w_s $_ \quad g__d \quad n_ght \quad f_r \quad J_m__c_ \quad _s \quad K_sh_n_ \quad Th_mps_n$ $f_n_sh_d \quad j_st \quad b_h_nd \quad S_v_ll_ \quad t_ \quad cl__m \quad th_ \quad s_lv_r$ $\label{eq:md_loss} m_d_l \quad _nd \quad _ \quad _n_-tw_ \quad f_r \quad th_ \quad C_r_bb__n \quad n_t__n.$ Th_mps_n _s th_ f_st_st m_n _n th_ w_rld th_s y__r. $\label{eq:cst_t_c} \verb|_bl_q_ & S_v_ll_ & w_s & _cst_t_c & _ft_r & h_s & v_ct_ry. \\$ $H_t = t_l d = r_p_r t_r s$: $T_t = T_l = T_l s$ _xc_t_d th_t th_ g_ld _s c_m_ng h_m_ t_ J_m__c_." H_ _dd_d: "_ h_v_ pr_v_d th_t _ _m _f _ ch_mp__n. B_t st_II, _ w_s p_n_ck_ng..._ kn_w _f _ h_d _ str_ng f_n_sh, th_ _th_rs $w_ld n_t c_tch m_.$ " $H_w_s v_ry h_ppy t_$ w_n _n fr_nt _f h_s c_mp_tr__t _s__n B_lt. $S_v_II_ \quad s__d: \quad "_t \quad _s \quad j_st \quad _ \quad tr_m_nd__s \quad f__I_ng$ t_ c_mp_t_ _n fr_nt _f _s__n h_r_ _n T_ky_." $H_ \quad _dd_d \quad th_t: \quad "_ \quad h_v_ \quad pr_v_d, \quad _n \quad fr_nt \quad _f$ $_s_n$, th_t $_m$ $_ch_mp_n$, $_nd$ $_m$ v_ry pr__d _f th_t." J_m__c_'s _n_-tw_ f_n_sh s_gn_ls _ g_ld_n n_w _r_ f_r J_m__c_n spr_nt_ng.

PUNCTUATE THE TEXT AND ADD CAPITALS

From https://breakingnewsenglish.com/2509/250918-oblique-seville.html

jamaican sprinter oblique seville has won the 100 metre gold medal at the world athletics championships in tokyo he is the first jamaican man to win gold in a sprint event since usain bolt who took first place in the 2016 rio olympics bolt holds the world record for the 100 metres with a time of 958 seconds seville won his gold in a personal best of 977 seconds bolt is sevilles hero and was watching the race with great excitement in the stands in tokyos national stadium it was a good night for jamaica as kishane thompson finished just behind seville to claim the silver medal and a one two for the caribbean nation thompson is the fastest man in the world this year oblique seville was ecstatic after his victory he told reporters i feel really amazed and excited that the gold is coming home to jamaica he added i have proved that i am a true competitor that i have the determination of a champion but still i was panicking i knew if i had a strong finish the others would not catch me he was very happy to win in front of his compatriot usain bolt seville said it is just a tremendous feeling to compete in front of usain here in tokyo he added that i have proved in front of usain that i am a champion and i am very proud of that jamaicas one two finish signals a golden new era for jamaican sprinting

PUT A SLASH (/) WHERE THE SPACES ARE

From https://breakingnewsenglish.com/2509/250918-oblique-seville.html

JamaicansprinterObliqueSevillehaswonthe100-metregoldmedalat theWorldAthleticsChampionshipsinTokyo.HeisthefirstJamaicanman towingoldinasprinteventsinceUsainBolt,whotookfirstplaceinthe201 6RioOlympics.Boltholdstheworldrecordforthe100metreswithatimeo f9.58seconds.Sevillewonhisgoldinapersonalbestof9.77seconds.Bolt isSeville'sheroandwaswatchingtheracewithgreatexcitementinthest andsinTokyo'sNationalStadium.ItwasagoodnightforJamaicaasKisha neThompsonfinishedjustbehindSevilletoclaimthesilvermedalandao ne-twofortheCaribbeannation.Thompsonisthefastestmanintheworl dthisyear.ObliqueSevillewasecstaticafterhisvictory.Hetoldreporters :"IfeelreallyamazedandexcitedthatthegoldiscominghometoJamaica ."Headded:"IhaveprovedthatIamatruecompetitor,thatIhavethedet erminationofachampion.Butstill,Iwaspanicking...IknewifIhadastron gfinish, the others would not catch me. "He was very happy to win in front o fhiscompatriotUsainBolt.Sevillesaid:"Itisjustatremendousfeelingto competeinfrontofUsainhereinTokyo."Headdedthat:"Ihaveproved,in frontofUsain,thatIamachampion,andIamveryproudofthat."Jamaica' sone-twofinishsignalsagoldenneweraforJamaicansprinting.

FREE WRITING

Write about sprinting for 10 minutes. Comment on your partner's paper.

ACADEMIC WRITING

Sprinting is the most exciting Olympics event. Discuss.				

HOMEWORK

- **1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.
- **2. INTERNET:** Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.
- **3. SPRINTING:** Make a poster about sprinting. Show your work to your classmates in the next lesson. Did you all have similar things?
- **4. GOLD MEDALS:** Write a magazine article about awarding gold medals at school and at work. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

- **5. WHAT HAPPENED NEXT?** Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.
- **6. LETTER:** Write a letter to an expert on sprinting. Ask him/her three questions about it. Give him/her three of your opinions on sprinting. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. С 2. d 3. 4. e 5. 6. 7. 8. 9. 11. i 12. i 13. 14. k 10. h m n

TRUE / FALSE (p.5)

1 T 2 F 3 F 4 T 5 F 6 F 7 T 8 T

SYNONYM MATCH (p.5)

1. f	2. j	3. a	4. c	5. i
6. d	7. h	8. b	9. g	10. e

COMPREHENSION QUESTIONS (p.9)

WORDS IN THE RIGHT ORDER (p.19)

1.	Tokyo	1.	He's the first Jamaican man to win gold.
2.	2016	2.	Bolt holds the world record for the 100 metres.
3.	9.58 seconds	3.	He was watching the race with great excitement.
4.	Usain Bolt	4.	He finished just behind Seville to claim silver.
5.	Kishane Thompson	5.	Thompson is the fastest man in the world.
6.	Home to Jamaica	6.	The gold is coming home to Jamaica.
7.	A champion	7.	I have proved that I'm a true competitor.
8.	The other runners would not	8.	Happy to win in front of his compatriot.
	catch him.		
9.	Usain Bolt	9.	It is just a tremendous feeling to compete.

10. A golden new era for Jamaican 10. Signals a golden new era for Jamaican sprinting. sprinting

MULTIPLE CHOICE - QUIZ (p.10)

1. a 2. c 3. b 4. d 5. a 6. d 7. b 8. d 9. c 10. b

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2. (It's good for your English ;-)