

# Breaking News English.com

## 'Revenge quitters' leaving former job in a mess – 22nd September 2025

### Level 4

"Revenge quitting" is growing, fuelled by social media. Revenge quitting is when a worker quits and does bad things against the company. Unhappy workers are posting details of their resignations online. Other posts show workers walking off the job, resignation messages, or rants against former bosses. Other acts include causing problems for former co-workers. Examples of this are deleting data, not helping with the handover of duties, and exposing sensitive information.

An employer-rating website has warned of "a wave of revenge quitting" because of rising unhappiness among employees. A recruitment company surveyed 2,008 workers and found that 15 per cent of employees had "revenge quit". It said Gen Z workers were more likely to revenge quit. Its survey found that 26 per cent of 18- to 34-year-olds had done so. A survey in Japan conducted by a management consulting firm found that around 10 per cent of workers had been troubled by revenge quitters because of a sudden increase in workloads.

### Level 5

The phenomenon of "revenge quitting" at work is growing, fuelled by social media. Revenge quitting is when a worker causes disruption in or hurts the reputation of a company. Gen Z workers are making it viral. Disgruntled employees are posting details of their resignations online. Other posts show workers walking off the job, resignation messages, or rants against former bosses. Other acts include causing problems for former co-workers. Examples of this are deleting data, not helping with the handover of duties, and exposing sensitive information.

An employer-rating website has warned of "a wave of revenge quitting" because of rising unhappiness among employees. A recruitment company surveyed 2,008 workers and found that 15 per cent of employees had "revenge quit". It said Gen Z workers were more likely to revenge quit. Its survey found that 26 per cent of 18- to 34-year-olds had done so. A survey in Japan conducted by a management consulting firm found that around 10 per cent of workers had been troubled by revenge quitters because of a sudden increase in workloads.

### Level 6

The workplace phenomenon of "revenge quitting" is growing worldwide, fuelled by social media. Revenge quitting is when an employee purposely causes disruption in or attacks the reputation of an employer. It is on the rise in Gen Z workers, who are making it a viral trend. Disgruntled employees are posting details of their resignations online. Other posts show workers suddenly walking off the job, viral resignation messages, or venting frustrations with rants against former bosses. Other vengeful acts include causing problems for former co-workers. Examples of this are deleting data and files, not helping with the handover of duties, and exposing sensitive information.

The employer-rating website Glassdoor has warned of "a wave of revenge quitting" because of rising dissatisfaction among employees. The UK recruitment company Reed surveyed 2,008 workers and found that 15 per cent of British employees had "revenge quit" their jobs. Reed said Gen Z workers were more likely to engage in revenge quitting. Their survey found that 26 per cent of 18- to 34-year-olds had done so, compared with 8 per cent of people aged 45 and older. A survey in Japan conducted by management consulting firm Scholar Consult Co. found that around 10 per cent of workers in Japan had been troubled by revenge quitters because of a sudden increase in workloads.