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Level 0 – 27th November 2025

Music can help quicker recovery after surgery

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia-0.html>

Music can help patients recover from surgery. Doctors played flute music to a patient. Before her operation, doctors gave the patient drugs. The drugs blocked pain signals and relaxed the woman. However, she could still hear music. This means she needed fewer painkilling drugs. She woke up faster after her surgery.

A doctor explained that music wasn't just background music. It helped patients need fewer painkillers. A music therapist said music was important in the operating theatre. She wants patients to "wake up clear-headed, alert... and ideally pain-free" after surgery. She said music helped control pain and reduce stress.

Sources: <https://www.cancernursingtoday.com/post/music-therapy-offers-recovery-benefit-after-laparoscopic-crc-radical-resection>
<https://www.bbc.com/news/articles/c231dv9zpz3o>
<https://www.news-medical.net/news/20251027/Intraoperative-music-therapy-reduces-anesthetic-use-and-physiological-stress.aspx>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia-0.html>

PARAGRAPH ONE:

- | | |
|-------------------------------|----------------------|
| 1. Music can | a. after her surgery |
| 2. recover | b. operation |
| 3. Doctors played flute music | c. help patients |
| 4. Before her | d. drugs |
| 5. doctors gave the patient | e. from surgery |
| 6. The drugs blocked pain | f. music |
| 7. she could still hear | g. signals |
| 8. She woke up faster | h. to a patient |

PARAGRAPH TWO:

- | | |
|----------------------------------|------------------------|
| 1. background | a. therapist |
| 2. It helped patients need fewer | b. helped control pain |
| 3. a music | c. after surgery |
| 4. important in the operating | d. stress |
| 5. She wants patients to wake up | e. theatre |
| 6. pain-free | f. music |
| 7. She said music | g. painkillers |
| 8. reduce | h. clear-headed |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia-0.html>

Music (1) _____ recover from surgery.

Doctors (2) _____ to a patient. Before her

operation, (3) _____ patient drugs. The

drugs blocked pain (4) _____ the woman.

However, she could (5) _____. This means

she needed fewer painkilling drugs. She woke

(6) _____ her surgery.

(7) _____ that music wasn't just background

music. (8) _____ need fewer painkillers. A

music (9) _____ was important in the

operating theatre. (10) _____ to "wake up

clear-headed, alert... and (11) _____" after

surgery. She said music helped control

(12) _____ stress.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia-0.html>

Music can help patients recover from surgery. Doctors played flute music to a patient. Before her operation, doctors gave the patient drugs. The drugs blocked pain signals and relaxed the woman. However, she could still hear music. This means she needed fewer painkilling drugs. She woke up faster after her surgery. A doctor explained that music wasn't just background music. It helped patients need fewer painkillers. A music therapist said music was important in the operating theatre. She wants patients to "wake up clear-headed, alert... and ideally pain-free" after surgery. She said music helped control pain and reduce stress.

MUSIC

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia-0.html>

Write five GOOD questions about music in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____

WRITING

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia-0.html>

Write about **music** for 10 minutes. Read and talk about your partner's paper.

[illegible]