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Level 2 – 27th November 2025

Music can help quicker recovery after surgery

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<https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia-2.html>

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Please try Levels 0, 1 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia-2.html>

Music played during surgery can help patients recover. A study was conducted by doctors in India. They played flute music to a female patient. She was having an operation. Before the operation, doctors gave the woman drugs to put her to sleep. The drugs blocked pain signals and relaxed the woman's muscles while she was asleep. However, even when the drugs made the woman sleep, the part of her brain that helps her listen stayed partly active. Doctors say she could still hear music. This means she needed fewer painkilling drugs, woke up faster, and was more alert after surgery.

The lead researcher explained why music helps patients. She said music is more than just simple background music. She said music helps patients to feel less pain and need fewer painkillers. A co-researcher, who is a specialist in anaesthesia and music therapist, agreed. She believes music is important in the operating theatre. She said: "Our aim is early discharge after surgery. Patients need to wake up clear-headed, alert... and ideally pain-free." She said music helps manage pain and reduces patients' stress after they wake up.

Sources: <https://www.cancernursingtoday.com/post/music-therapy-offers-recovery-benefit-after-laparoscopic-crc-radical-resection>
<https://www.bbc.com/news/articles/c231dv9zp3o>
<https://www.news-medical.net/news/20251027/Intraoperative-music-therapy-reduces-anesthetic-use-and-physiological-stress.aspx>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia-2.html>

PARAGRAPH ONE:

- | | |
|---------------------------------|------------------------|
| 1. Music played during | a. hear music |
| 2. They played flute music to | b. drugs |
| 3. doctors gave the woman | c. muscles |
| 4. The drugs blocked pain | d. to put her to sleep |
| 5. relaxed the woman's | e. after surgery |
| 6. Doctors say she could still | f. surgery |
| 7. she needed fewer painkilling | g. signals |
| 8. more alert | h. a female patient |

PARAGRAPH TWO:

- | | |
|-----------------------------------|--------------------------|
| 1. music is more than just simple | a. fewer painkillers |
| 2. She said music helps | b. after they wake up |
| 3. feel less pain and need | c. the operating theatre |
| 4. a specialist | d. pain |
| 5. music is important in | e. background music |
| 6. Patients need to wake | f. in anaesthesia |
| 7. She said music helps manage | g. up clear-headed |
| 8. reduces patients' stress | h. patients |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia-2.html>

Music played during surgery can (1) _____. A study was conducted by doctors in India. They played flute music to a female patient. She was (2) _____. Before the operation, doctors gave the woman drugs to put her to sleep. The drugs (3) _____ and relaxed the woman's muscles while she was asleep. However, even when the drugs made the woman sleep, (4) _____ her brain that helps her listen stayed partly active. Doctors say she could (5) _____. This means she needed fewer painkilling drugs, woke up faster, and was more (6) _____.

The lead researcher (7) _____ helps patients. She said music is more than just simple background music. She said music helps patients to (8) _____ and need fewer painkillers. A co-researcher, who is a specialist in anaesthesia (9) _____, agreed. She believes music is important in the operating theatre. She said: "Our (10) _____ discharge after surgery. Patients need to wake up clear-headed, alert... and (11) _____." She said music helps manage pain and reduces patients' (12) _____ wake up.

PUT A SLASH (/) WHERE THE SPACES ARE

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MUSIC SURVEY

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia-2.html>

Write five GOOD questions about music in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____

WRITING

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia-2.html>

Write about **music** for 10 minutes. Read and talk about your partner's paper.

[illegible]