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Level 3 – 27th November 2025

Music can help quicker recovery after surgery

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<https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

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Please try Levels 0, 1 and 2 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

A new study shows that music played during surgery can help patients recover. The study was conducted by doctors at India's Maulana Azad Medical College. They played flute music to a female patient while she was having her gallbladder removed. Before the operation, doctors gave the woman anaesthetic drugs to put her to sleep. Anaesthetics block pain signals and totally relax a patient's muscles while they are asleep. However, even when anaesthetics make us sleep, the part of the brain that helps us listen stays partly active. Doctors say patients can still hear music. This means patients need fewer painkilling drugs, wake up faster, and are more alert after surgery.

The lead researcher, Dr Tanvi Goel, explained why music is so helpful to patients having surgery. She said her research shows "that this is more than just simple background music". She said music was important because it helped patients feel less pain and need fewer painkillers. Co-researcher Dr Farah Husain agreed. Dr Husain is a senior specialist in anaesthesia. She is also a music therapist. She believes music has an important part to play in the operating theatre. She said: "Our aim is early discharge after surgery. Patients need to wake up clear-headed, alert... and ideally pain-free." She said music helps pain management and reduces patients' stress after they wake up.

Sources: <https://www.cancernursingtoday.com/post/music-therapy-offers-recovery-benefit-after-laparoscopic-crc-radical-resection>
<https://www.bbc.com/news/articles/c231dv9zp3o>
<https://www.news-medical.net/news/20251027/Intraoperative-music-therapy-reduces-anesthetic-use-and-physiological-stress.aspx>

WARM-UPS

1. MUSIC: Students walk around the class and talk to other students about music. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

study / music / patients / flute / operation / doctors / pain / sleep / drugs / alert / research / painkillers / specialist / anaesthesia / therapist / pain management / stress

Have a chat about the topics you liked. Change topics and partners frequently.

3. THERAPY: Students A **strongly** believe music is the best therapy; Students B **strongly** believe hiking is the best therapy. Change partners again and talk about your conversations.

4. MUSIC POWER: How can music help with these things? Why? Complete this table with your partner(s). Change partners often and share what you wrote.

	How?	Why?
Surgery		
Broken hearts		
Studying		
Sleep		
Friendships		
Studying English		

5. PATIENT: Spend one minute writing down all of the different words you associate with the word "patient". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. INSTRUMENTS: Rank these with your partner. Put the best musical instruments at the top. Change partners often and share your rankings.

- Flute
- Electric guitar
- Drums
- Violin
- Piano
- Saxophone
- Accordion
- Harmonica

VOCABULARY MATCHING

Paragraph 1

- | | |
|----------------------|---|
| 1. study (noun) | a. Get better after being sick or hurt. |
| 2. surgery | b. A medicine/drug that makes a person not feel pain during surgery/an operation. |
| 3. recover | c. A careful look at something to learn new facts. |
| 4. patient (noun) | d. An operation in which doctors repair (fix) or remove a part of the body. |
| 5. block (verb) | e. A person who is in a hospital to get treatment. |
| 6. anaesthetic | f. Stop something from happening or going through. |
| 7. alert (adjective) | g. Awake and able to think clearly. |

Paragraph 2

- | | |
|-----------------------|--|
| 8. explained | h. A room in a hospital where operations are done. |
| 9. pain | i. Told someone about something so they understand. |
| 10. painkillers | j. A person who knows a lot about one subject or job. |
| 11. specialist | k. The thing you want to do or achieve. |
| 12. operating theatre | l. A hurt or bad feeling in the body. |
| 13. aim (noun) | m. Let someone leave the hospital after an operation or treatment. |
| 14. discharge (verb) | n. Medicines/drugs that stop pain. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

1. The article says operations are better if doctors listen to music. **T / F**
2. A patient listened to flute music while her gallbladder was removed. **T / F**
3. Anaesthetics are drugs to stop people feeling pain during surgery. **T / F**
4. Anaesthetics make people unable to hear any sound at all. **T / F**
5. Music in the operating theatre can help patients feel less pain. **T / F**
6. Music cannot change the amount of painkilling medicine someone needs. **T / F**
7. A doctor said patients should be alert after they wake from surgery. **T / F**
8. The doctor said music can make some patients feel more stressed. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|----------------------|---------------|
| 1. surgery | a. main/head |
| 2. recover | b. stop |
| 3. removed | c. release |
| 4. block | d. get better |
| 5. alert | e. lowers |
| 6. lead | f. wide awake |
| 7. specialist | g. goal |
| 8. aim | h. operations |
| 9. discharge | i. expert |
| 10. reduces | j. taken out |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|---|------------------------|
| 1. while she was having her gallbladder | a. therapist |
| 2. doctors gave the woman anaesthetic drugs | b. drugs |
| 3. anaesthetics block pain | c. management |
| 4. anaesthetics make us | d. music |
| 5. patients need fewer painkilling | e. signals |
| 6. this is more than just simple background | f. removed |
| 7. Dr Husain is a senior specialist | g. theatre |
| 8. She is also a music | h. sleep |
| 9. in the operating | i. in anaesthesia |
| 10. music helps pain | j. to put her to sleep |

GAP FILL

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

A new study shows that music played during (1) _____ can help patients recover. The study was (2) _____ by doctors at India's Maulana Azad Medical College. They played flute music to a female patient while she was having her gallbladder (3) _____. Before the operation, doctors gave the woman anaesthetic drugs to put her to sleep. Anaesthetics (4) _____ pain signals and totally relax a patient's (5) _____ while they are asleep. However, even when anaesthetics make us sleep, the part of the brain that helps us listen stays partly (6) _____. Doctors say patients can still hear music. This means patients need (7) _____ painkilling drugs, wake up faster and are more (8) _____ after surgery.

muscles
alert
surgery
removed
fewer
conducted
active
block

The (9) _____ researcher, Dr Tanvi Goel, explained why music is so helpful to patients having surgery. She said her research shows "that this is more than just (10) _____ background music". She said music was important because it helped patients feel less pain and need (11) _____ painkillers. Co-researcher Dr Farah Husain agreed. Dr Husain is a senior (12) _____ in anaesthesia. She is also a music therapist. She believes music has an important (13) _____ to play in the operating theatre. She said: "Our (14) _____ is early discharge after surgery. Patients need to wake up clear-headed, (15) _____ ... and ideally pain-free." She said music helps pain management and (16) _____ patients' stress after they wake up.

specialist
lead
alert
part
reduces
fewer
aim
simple

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

- 1) A new study shows that music played during surgery can _____
 - a. help patients recovered
 - b. help patients recover
 - c. help patients recovery
 - d. help patients recovers
- 2) They played flute music to _____
 - a. a female patience
 - b. a female impatient
 - c. a female patent
 - d. a female patient
- 3) doctors gave the woman anaesthetic drugs to put _____
 - a. her to asleep
 - b. her to sleep
 - c. her to sleepy
 - d. her to sleeps
- 4) the part of the brain that helps us listen _____
 - a. stays partly active
 - b. stays apart active
 - c. stays partly activity
 - d. stay partly active
- 5) patients need fewer painkilling drugs, wake up faster, and are more _____
 - a. allot after surgery
 - b. a lot after surgery
 - c. alerts after surgery
 - d. alert after surgery
- 6) Dr Tanvi Goel explained why music is so helpful to _____
 - a. patients doing surgery
 - b. patients operating surgery
 - c. patients being surgery
 - d. patients having surgery
- 7) important because it helped patients feel less pain and _____
 - a. need fewer painkillers
 - b. need lessen painkillers
 - c. need reduce painkillers
 - d. need dearth painkillers
- 8) She believes music has an important part to play in _____
 - a. the operating cinema
 - b. the operating theatre
 - c. the operating play
 - d. the operating hall
- 9) She said: "Our aim is early _____"
 - a. discharge after surging
 - b. discharge after surgeon
 - c. discharge after surgery
 - d. discharge after sugary
- 10) music helps pain management and reduces patients' stress after _____
 - a. they awake up
 - b. they wake up
 - c. they wakes up
 - d. they awaken up

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

A new study shows that music (1) _____ can help patients recover. The study (2) _____ doctors at India's Maulana Azad Medical College. They played flute music to a female patient while she was having her gallbladder removed. (3) _____, doctors gave the woman anaesthetic drugs to put her to sleep. Anaesthetics (4) _____ and totally relax a patient's muscles while they are asleep. However, even when anaesthetics make us sleep, the part of the brain that helps us listen (5) _____. Doctors say patients can still hear music. This means patients need fewer painkilling drugs, wake up faster, and are (6) _____ surgery.

The lead researcher, Dr Tanvi Goel, (7) _____ is so helpful to patients having surgery. She said her research shows "that this is more than just (8) _____. She said music was important because it helped patients feel less pain and (9) _____. Co-researcher Dr Farah Husain agreed. Dr Husain is a senior specialist in anaesthesia. She is also (10) _____. She believes music has an important part to play in the operating theatre. She said: "Our (11) _____ discharge after surgery. Patients need to wake up clear-headed, alert... and (12) _____. She said music helps pain management and reduces patients' stress after they wake up.

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

1. In which country was a study into music therapy conducted?
2. What kind of music did doctors play to a woman in surgery?
3. What did doctors remove from the woman?
4. What do anaesthetics block?
5. What might patients need fewer of with music therapy?
6. What does music help patients feel less of?
7. What is Dr Farah Husain an expert in besides anaesthesia?
8. Where does Dr Husain think music has an important part to play?
9. What does Dr Huasin want to do to patients after surgery?
10. What did Dr Husain say music can manage?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

- 1) In which country was a study into music therapy conducted?
 - a) the USA
 - b) France
 - c) India
 - d) Kenya
- 2) What kind of music did doctors play to a woman in surgery?
 - a) flute music
 - b) rap music
 - c) jazz
 - d) children's music
- 3) What did doctors remove from the woman?
 - a) her shoes
 - b) her gallbladder
 - c) her name tag
 - d) her jewellery
- 4) What do anaesthetics block?
 - a) the lungs
 - b) blood flow
 - c) the stomach
 - d) pain signals
- 5) What might patients need fewer of with music therapy?
 - a) meals
 - b) records
 - c) painkillers
 - d) visitors
- 6) What does music help patients feel less of?
 - a) danger
 - b) pain
 - c) stress
 - d) boredom
- 7) What is Dr Farah Husain an expert in besides anaesthesia?
 - a) guitars
 - b) stomachs
 - c) blood
 - d) music therapy
- 8) Where does Dr Husain think music has an important part to play?
 - a) at the opera
 - b) in the operating theatre
 - c) in the bath
 - d) on trains
- 9) What does Dr Husain want to do to patients after surgery?
 - a) give them a hug
 - b) discharge them
 - c) talk to them
 - d) give them a present
- 10) What did Dr Husain say music can manage?
 - a) pain
 - b) finances
 - c) lifestyles
 - d) daily routines

ROLE PLAY

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

Role A – Flute

You think the flute is the best instrument. Tell the others three reasons why. Tell them what is wrong with their instruments. Also, tell the others which is the worst of these (and why): the drums, the piano or the guitar.

Role B – The Drums

You think the drums is the best instrument. Tell the others three reasons why. Tell them what is wrong with their instruments. Also, tell the others which is the worst of these (and why): the flute, the piano or the guitar.

Role C – Piano

You think the piano is the best instrument. Tell the others three reasons why. Tell them what is wrong with their instruments. Also, tell the others which is the worst of these (and why): the drums, the flute or the guitar.

Role D – Guitar

You think the guitar is the best instrument. Tell the others three reasons why. Tell them what is wrong with their instruments. Also, tell the others which is the worst of these (and why): the drums, the piano or the flute.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

1. WORD SEARCH: Look online / in your dictionary to find collocates, information on, synonyms for... the words 'music' and 'therapy'.

music	therapy

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

• during • female • before • block • even • faster	• explained • simple • agreed • believes • discharge • reduces
--	--

MUSIC SURVEY

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

Write five GOOD questions about music in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

MUSIC DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'music'?
3. What do you think of music?
4. What do you think of patients listening to music during surgery?
5. When and where can music help us?
6. Why do we all love and hate different types of music?
7. Should everyone learn to read music and play an instrument?
8. What effect does music have in hospitals?
9. What songs would you choose if you had an operation?
10. Should surgeons listen to music when they operate?

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MUSIC DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'therapy'?
13. What do you think about what you read?
14. Why do people love music so much?
15. What do you think of music therapy?
16. Have you ever had surgery?
17. What do you think of painkillers?
18. How stressful is staying in hospital?
19. When is music most important in your life?
20. What questions would you like to ask the doctors?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

A new study shows that music played during surgery can help patients (1) _____. The study was conducted (2) _____ doctors at India's Maulana Azad Medical College. They played flute music to a female patient while she was (3) _____ her gallbladder removed. Before the operation, doctors gave the woman anaesthetic drugs to put her to sleep. Anaesthetics block pain signals and (4) _____ relax a patient's muscles while they are asleep. However, even when anaesthetics make us sleep, the part of the brain that helps us listen (5) _____ partly active. Doctors say patients can still hear music. This means patients need fewer painkilling drugs, wake up faster, and are (6) _____ alert after surgery.

The lead researcher, Dr Tanvi Goel, explained why music is so helpful to patients (7) _____ surgery. She said her research shows "that this is more than just simple background music". She said music was important because it helped patients feel (8) _____ pain and need fewer painkillers. Co-researcher Dr Farah Husain agreed. Dr Husain is a senior specialist (9) _____ anaesthesia. She is also a music therapist. She believes music has an important part (10) _____ play in the operating theatre. She said: "Our aim is early discharge after surgery. Patients need to wake up clear-(11) _____, alert... and ideally pain-free." She said music helps pain (12) _____ and reduces patients' stress after they wake up.

Put the correct words from the table below in the above article.

- | | | | | |
|-----|---------------|----------------|----------------|---------------|
| 1. | (a) recover | (b) recovery | (c) recovers | (d) recovered |
| 2. | (a) of | (b) at | (c) by | (d) to |
| 3. | (a) have | (b) had | (c) has | (d) having |
| 4. | (a) total | (b) totally | (c) totals | (d) totalled |
| 5. | (a) stayed | (b) staying | (c) stay | (d) stays |
| 6. | (a) some | (b) many | (c) more | (d) any |
| 7. | (a) has | (b) having | (c) had | (d) have |
| 8. | (a) less | (b) fewer | (c) rarely | (d) barely |
| 9. | (a) in | (b) at | (c) by | (d) to |
| 10. | (a) at | (b) of | (c) to | (d) in |
| 11. | (a) skulled | (b) scalped | (c) faced | (d) headed |
| 12. | (a) governing | (b) management | (c) leadership | (d) owners |

SPELLING

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

Paragraph 1

1. help inasptte recover
2. They played tufel music
3. Before the topreiona
4. block pain sglsian
5. stays tlypar active
6. wake up faster and more tarel

Paragraph 2

7. The lead sherrreace
8. need fewer rlnislpkaei
9. Dr Husain is a senior iieslapcts
10. She is also a music pesthtira
11. an important part to play in the nearotipg theatre
12. Our aim is early ahsrcgied after surgery

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

Number these lines in the correct order.

- (**1**) A new study shows that music played during surgery can help patients recover. The study was conducted
- () after surgery. Patients need to wake up clear-headed, alert... and ideally pain-free." She said music helps pain
- () asleep. However, even when anaesthetics make us sleep, the part of the brain that helps us
- () by doctors at India's Maulana Azad Medical College. They played flute music to a female
- () drugs to put her to sleep. Anaesthetics block pain signals and totally relax a patient's muscles while they are
- () listen stays partly active. Doctors say patients can still hear music. This means patients
- () management and reduces patients' stress after they wake up.
- () music". She said music was important because it helped patients feel less pain and need fewer painkillers. Co-
- () need fewer painkilling drugs, wake up faster, and are more alert after surgery.
- () patient while she was having her gallbladder removed. Before the operation, doctors gave the woman anaesthetic
- () researcher Dr Farah Husain agreed. Dr Husain is a senior specialist in anaesthesia. She is also a music
- () surgery. She said her research shows "that this is more than just simple background
- () The lead researcher, Dr Tanvi Goel, explained why music is so helpful to patients having
- () therapist. She believes music has an important part to play in the operating theatre. She said: "Our aim is early discharge

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

1. played Music surgery during help can recover patients .
2. They flute played to music female a patient .
3. a Relax muscles patient's they while asleep are .
4. The of part brain the helps that us .
5. means This need patients painkilling fewer drugs .
6. is Music helpful so patients to surgery having .
7. This more is just than background simple music .
8. because Important helped it feel patients pain less .
9. Music an has part important play to .
10. Our is aim discharge early surgery after .

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

A new study shows that music played *while / during* surgery can help patients recover. The study was conducted *of / by* doctors at India's Maulana Azad Medical College. They played flute music to *a / the* female patient while she was *having / had* her gallbladder removed. Before the operation, doctors gave the woman anaesthetic drugs to put her to *asleep / sleep*. Anaesthetics block pain signals and *total / totally* relax a patient's muscles while they are asleep. However, even when anaesthetics make us sleep, the *partner / part* of the brain that helps us listen stays partly *active / activity*. Doctors say patients can still *hear / listen* music. This means patients need fewer painkilling drugs, wake up faster, and are more alert after *surges / surgery*.

The lead researcher, Dr Tanvi Goel, *explanation / explained* why music is so helpful to patients *having / doing* surgery. She said her research shows "*what / that* this is more than just simple background music". She said music was *importance / important* because it helped patients feel less pain and *need / needs* fewer painkillers. Co-researcher Dr Farah Husain agreed. Dr Husain is a senior *special / specialist* in anaesthesia. She is also a music therapist. She believes music has an important part *to / for* play in the operating theatre. She said: "Our aim is early *discharge / charge* after surgery. Patients need to wake up clear-headed, alert... and *ideal / ideally* pain-free." She said music helps pain management and reduces *patients' / patience* stress after they wake up.

Talk about the connection between each pair of words in italics, and why the correct word is correct. Look up the definition of new words.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

_ n _w st _dy sh _ws th _t m _s _c pl _y _d d
_r _ng s _rg _ry c _n h _lp p _t _ _nts r _c _v
_r. Th _ st _dy w _s c _nd _ct _d by d _ct _rs _t
_nd _ 's M _ _l _n _ _z _d M _d _c _l C _ll _g
_. Th _y pl _y _d fl _t _ m _s _c t _ _ f _m _l _
p _t _ _nt wh _l _ sh _ w _s h _v _ng h _r g
_llbl _dd _r r _m _v _d. B _f _r _ th _ _p _r _t _
_n, d _ct _rs g _v _ th _ w _m _n _n _ _sth _t
_c dr _gs t _ p _t h _r t _ sl _ _p. _n _ _sth _t
_cs bl _ck p _ _n s _gn _ls _nd t _t _lly r _l _x _
p _t _ _nt's m _scl _s wh _l _ th _y _r _ _sl _
_p. H _w _v _r, _v _n wh _n _n _ _sth _t _cs m
_k _ _s sl _ _p, th _ p _rt _f th _ br _ _n th _t
h _lps _s l _st _n st _ys p _rtly _ct _v __. D _ct
_rs s _y p _t _ _nts c _n st _ll h _ _r m _s _c.
Th _s m _ _ns p _t _ _nts n _ _d f _w _r p _
_nk _ll _ng dr _gs, w _k _ _p f _st _r, _nd _r _m
_r _ _l _rt _ft _r s _rg _ry.

Th _ l _ _d r _s _ _rch _r, Dr T _nv _ G _ _l,
_xpl _ _n _d why m _s _c _s s _ h _lpf _l t _ p
_t _ _nts h _v _ng s _rg _ry. Sh _ s _ _d h _r r
_s _ _rch sh _ws "th _t th _s _s m _r _ th _n j
_st s _mpl _ b _ckgr _ _nd m _s _c". Sh _ s _ _d
m _s _c w _s _mp _rt _nt b _c _ _s _ _t h _lp _d
p _t _ _nts f _ _l l _ss p _ _n _nd n _ _d f _w
_r p _ _nk _ll _rs. C _-r _s _ _rch _r Dr F _r _h
H _s _ _n _gr _ _d. Dr H _s _ _n _s _s _n _ _r
sp _c _ _l _st _n _n _ _sth _s _ __. Sh _ _s _ls _
_ m _s _c th _r _p _st. Sh _ b _l _ _v _s m _s
_c h _s _n _mp _rt _nt p _rt t _ pl _y _n th _ _p
_r _t _ng th _ _tr __. Sh _ s _ _d: " _ _r _ _m _s
_ _rly d _sch _rg _ _ft _r s _rg _ry. P _t _ _nts n
_ _d t _ w _k _ _p cl _ _r-h _ _d _d, _l _rt...
_nd _d _ _lly p _ _n-fr _ _." Sh _ s _ _d m _s _c
h _lps p _ _n m _n _g _m _nt _nd r _d _c _s p _t
_ _nts' str _ss _ft _r th _y w _k _ _p.

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

a new study shows that music played during surgery can help patients recover the study was conducted by doctors at india's maulana azad medical college they played flute music to a female patient while she was having her gallbladder removed before the operation doctors gave the woman anaesthetic drugs to put her to sleep anaesthetics block pain signals and totally relax a patient's muscles while they are asleep however even when anaesthetics make us sleep the part of the brain that helps us listen stays partly active doctors say patients can still hear music this means patients need fewer painkilling drugs, wake up faster, and are more alert after surgery

the lead researcher dr tanvi goel explained why music is so helpful to patients having surgery she said her research shows that this is more than just simple background music she said music was important because it helped patients feel less pain and need fewer painkillers coresearcher dr farah husain agreed dr husain is a senior specialist in anaesthesia she is also a music therapist she believes music has an important part to play in the operating theatre she said our aim is early discharge after surgery patients need to wake up clearheaded alert and ideally painfree she said music helps pain management and reduces patients stress after they wake up

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

A new study shows that music played during surgery can help patients recover. The study was conducted by doctors at India's Maulana Azad Medical College. They played flute music to a female patient while she was having her gall bladder removed. Before the operation, doctors gave her a general anaesthetic drug to put her to sleep. Anaesthetics block pain signals and totally relax a patient's muscles while they are asleep. However, even when anaesthetics make us sleep, the part of the brain that helps us listen stays partly active. Doctors say patients can still hear music. This means patients need fewer painkilling drugs, wake up faster, and are more alert after surgery. The lead researcher, Dr Tanvi Goel, explained why music is so helpful to patients having surgery. She said her research shows "that this is more than just simple background music". She said music was important because it helped patients feel less pain and need fewer painkillers. Co-researcher Dr Farah Husain agreed. Dr Husain is a senior specialist in anaesthesia. She is also a music therapist. She believes music has an important part to play in the operating theatre. She said: "Our aim is early discharge after surgery. Patients need to wake up clear-headed, alert... and ideally pain-free." She said music helps pain management and reduces patients' stress after they wake up.

FREE WRITING

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

Write about **music therapy** for 10 minutes. Comment on your partner's paper.

[illegible]

ACADEMIC WRITING

From <https://breakingnewsenglish.com/2511/251127-music-therapy-anaesthesia.html>

Music is the best therapy. Discuss.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. MUSIC: Make a poster about music. Show your work to your classmates in the next lesson. Did you all have similar things?

4. MUSIC THERAPY: Write a magazine article about music therapy becoming an everyday part of our lives. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on music. Ask him/her three questions about it. Give him/her three of your opinions on how it can help us. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. c 2. d 3. a 4. e 5. f 6. b 7. g
8. i 9. l 10. n 11. j 12. h 13. k 14. m

TRUE / FALSE (p.5)

- 1 F 2 T 3 T 4 F 5 T 6 F 7 T 8 F

SYNONYM MATCH (p.5)

1. h	2. d	3. j	4. b	5. f
6. a	7. i	8. g	9. c	10. e

COMPREHENSION QUESTIONS (p.9)

- India
- Flute music
- Her gallbladder
- Pain signals
- Painkillers
- Pain
- Music therapy
- In the operating theatre
- Discharge them
- Pain

WORDS IN THE RIGHT ORDER (p.19)

- Music played during surgery can help patients recover.
- They played flute music to a female patient.
- Relax a patient's muscles while they are asleep.
- The part of the brain that helps us.
- This means patients need fewer painkilling drugs.
- Music is so helpful to patients having surgery.
- This is more than just simple background music.
- Important because it helped patients feel less pain.
- Music has an important part to play.
- Our aim is early discharge after surgery.

MULTIPLE CHOICE - QUIZ (p.10)

1. c 2. a 3. b 4. d 5. c 6. b 7. d 8. b 9. b 10. a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)