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## **Level 0 – 1st January 2026**

### **Huge rise in household waste over holiday period**

**FREE online quizzes, mp3 listening and more for this lesson here:**

<https://breakingnewsenglish.com/2601/260101-holiday-waste-0.html>

## **Contents**

The Reading	2
Phrase Matching	3
Listening Gap Fill	4
No Spaces	5
Survey	6
Writing and Speaking	7
Writing	8

**Please try Levels 1, 2 and 3. They are (a little) harder.**

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# THE READING

From <https://breakingnewsenglish.com/2601/260101-holiday-waste-0.html>

There are many holidays at this time of the year. People have parties. Christmas and the New Year can create lots of trash. Household waste goes up by 25 per cent over the holidays. We must separate what we throw away. It really makes a difference to recycle things correctly. A professor said we should stop creating waste.

Many experts gave advice on waste. We should be aware of recycling rules. One expert said we must be careful when we throw away electronics. Another expert said we should think ahead to cut waste. She said people could buy a concert ticket or digital cards as presents because they do not need packaging.

Sources: <https://www.npr.org/2025/12/26/nx-s1-5649424/holiday-waste-recycling-tips-mistakes>  
<https://www.theguardian.com/lifeandstyle/2025/dec/26/five-things-to-do-with-holiday-waste>  
<https://www.cbsnews.com/minnesota/news/christmas-tree-holiday-garbage-disposal-tips/>

# PHRASE MATCHING

From <https://breakingnewsenglish.com/2601/260101-holiday-waste-0.html>

## PARAGRAPH ONE:

- |                               |                          |
|-------------------------------|--------------------------|
| 1. There are many holidays at | a. of trash              |
| 2. People have                | b. throw away            |
| 3. create lots                | c. correctly             |
| 4. goes up by 25 per cent     | d. parties               |
| 5. We must separate what we   | e. creating waste        |
| 6. It really makes a          | f. over the holidays     |
| 7. recycle things             | g. this time of the year |
| 8. we should stop             | h. difference            |

## PARAGRAPH TWO:

- |                             |                       |
|-----------------------------|-----------------------|
| 1. Many experts gave advice | a. be careful         |
| 2. We should be             | b. ahead to cut waste |
| 3. recycling                | c. packaging          |
| 4. One expert said we must  | d. concert ticket     |
| 5. when we throw away       | e. rules              |
| 6. we should think          | f. on waste           |
| 7. people could buy a       | g. electronics        |
| 8. they do not need         | h. aware              |

# LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2601/260101-holiday-waste-0.html>

There are many holidays (1) \_\_\_\_\_ of the year. People have parties. Christmas and the New Year (2) \_\_\_\_\_ of trash. Household waste (3) \_\_\_\_\_ 25 per cent over the holidays. We must (4) \_\_\_\_\_ throw away. It really makes a difference (5) \_\_\_\_\_ correctly. A professor said we (6) \_\_\_\_\_ waste.

Many experts (7) \_\_\_\_\_ waste. We should be (8) \_\_\_\_\_ rules. One expert said we must be (9) \_\_\_\_\_ throw away electronics. Another expert said we should (10) \_\_\_\_\_ cut waste. She said people (11) \_\_\_\_\_ concert ticket or digital cards as presents because they (12) \_\_\_\_\_ packaging.

# PUT A SLASH ( / ) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2601/260101-holiday-waste-0.html>

There are many holidays at this time of the year. People have parties. Christmas and the New Year can create a lot of trash. Household waste goes up by 25 percent over the holidays. We must separate what we throw away. It really makes a difference to recycle things correctly. A professor said we should stop creating waste. Many experts gave advice on waste. We should be aware of recycling rules. One expert said we must be careful when we throw away electronics. Another expert said we should think ahead to cut waste. She said people could buy a concert ticket or digital cards as presents because they do not need packaging.

# WASTE AND TRASH

From <https://breakingnewsenglish.com/2601/260101-holiday-waste-0.html>

Write five GOOD questions about waste and trash in the table. Do this in pairs. Each student must write the questions on his / her own paper. When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_
- d) \_\_\_\_\_
- e) \_\_\_\_\_
- f) \_\_\_\_\_

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## WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) \_\_\_\_\_
- d) \_\_\_\_\_
- e) \_\_\_\_\_
- f) \_\_\_\_\_

## WRITING

From <https://breakingnewsenglish.com/2601/260101-holiday-waste-0.html>

Write about **waste and trash** for 10 minutes. Read and talk about your partner's paper.

[illegible]