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Huge rise in household waste over holiday period – 1st January 2026

Level 0

There are many holidays this time of year. People have parties. Christmas and the New Year can create lots of trash. Household waste goes up by 25 per cent over the holidays. We must separate what we throw away. It really makes a difference to recycle things correctly. A professor said we should stop creating waste.

Many experts gave advice on waste. We should be aware of recycling rules. One expert said we must be careful when we throw away electronics. Another expert said we should think ahead to cut waste. She said people could buy a concert ticket or digital cards as presents because they do not need packaging.

Level 1

There are many holidays at the end of the year. People have parties and get-togethers. However, Christmas and the New Year can create lots of trash. An environmental agency said that household waste goes up by 25 per cent over the holidays. A recycling company said we needed to separate what we throw away. It said it really makes a difference to recycle boxes, bottles and cans correctly. A professor said we should avoid producing waste.

Many experts gave advice on how to deal with waste. We should be aware of recycling rules. Different places have different rules. One expert said we should be careful when we throw away electronics. Another expert said we should think ahead to cut waste. She said people could buy a concert ticket as a present instead of a gift that comes in lots of packaging. She also recommended giving digital cards and gift cards.

Level 2

There are many holidays at the end of the year. People have parties and family get-togethers, and give gifts. However, Christmas, Hanukkah, Kwanzaa, and the New Year can create a lot of trash. A USA environmental agency said that household waste goes up by 25 per cent over the holiday period. The company Eureka Recycling said we needed to carefully separate what we throw away. It said: "It really does make a difference if you...put those boxes and those bottles and cans in the blue bin." A professor said we should avoid producing waste as much as possible.

Many experts have reported on how to deal with waste. They advised people to be aware of the recycling rules in their town. Different places have different rules. One expert said we should be careful when we throw away electronics and Christmas lights. Another expert said it was good to think ahead to reduce waste. She said people could buy "experiences over stuff". This means buying someone a concert ticket instead of buying a present that comes in lots of packaging. She also recommended giving people digital cards and gift cards.

Level 3

There are many holidays around the end of the year. These involve parties, family get-togethers, and the giving of gifts. However, celebrations for Christmas, Hanukkah, Kwanzaa, and the New Year can create a lot of trash. The USA's Environmental Protection Agency estimates that household waste increases by 25 per cent over the holiday period. Miriam Holsinger, co-president of Eureka Recycling, urges us to carefully separate what we throw away. She said: "It really does make a difference if you just take a little extra time to put those boxes and those bottles and cans in the blue bin." Engineering professor Dan Hoornweg said we should avoid producing waste as much as possible in the first place.

Various experts have reported on how best to deal with holiday waste. Professor Hoornweg advised people to be aware of and follow the recycling policies in their town. He said different places have different rules. Ms Holsinger asked people to be careful when they throw away things like electronics, toys, and Christmas lights. Other experts also offered great advice. One said it was good to think ahead to reduce waste. She said one idea was to buy "experiences over stuff". This means buying someone a ticket to see a play or concert, instead of buying a present that comes in lots of packaging and a cardboard box. She also recommended giving people digital cards and gift cards.