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Level 0 – 16th July 2026

Knee surgery may do more harm than good

FREE online quizzes, mp3 listening and more for this lesson here:

<https://breakingnewsenglish.com/2607/260716-knee-surgery-0.html>

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Please try Levels 1, 2 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2607/260716-knee-surgery-0.html>

Thousands of people have knee surgery. A new study says this might be a waste of money. Some surgery can make knee problems worse. Doctors spent 10 years studying knee operations. They found that a lot of them did not work. Some operations increased knee damage. A doctor said patients can "have more pain".

In happier knee news, doctors have found a new way to help long-term knee pain. A doctor does operations that lower the flow of blood to painful areas. This lowers knee pain. The doctor says her method is better than drugs and therapy. She said her method could "provide years of relief".

Sources: <https://www.sciencedaily.com/releases/2026/06/260622091502.htm>
<https://scitechdaily.com/this-tiny-bead-procedure-is-helping-patients-avoid-knee-replacement/>
<https://www.aol.com/articles/common-knee-surgery-may-more-090018699.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2607/260716-knee-surgery-0.html>

PARAGRAPH ONE:

- | | |
|-----------------------------|--------------------------|
| 1. Thousands | a. increased knee damage |
| 2. have knee | b. worse |
| 3. this might be a waste of | c. pain |
| 4. make knee problems | d. money |
| 5. Doctors spent 10 years | e. of people |
| 6. a lot of them did | f. surgery |
| 7. Some operations | g. not work |
| 8. patients can have more | h. studying |

PARAGRAPH TWO:

- | | |
|----------------------------------|-------------------|
| 1. happier knee | a. areas |
| 2. doctors have found a new | b. term knee pain |
| 3. help long- | c. better |
| 4. lower the flow | d. way |
| 5. painful | e. therapy |
| 6. The doctor says her method is | f. news |
| 7. drugs and | g. relief |
| 8. provide years of | h. of blood |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2607/260716-knee-surgery-0.html>

(1) _____ have knee surgery. A new study says this might be a (2) _____. Some surgery can make (3) _____. Doctors spent 10 years studying knee operations. They (4) _____ lot of them did not work. Some operations (5) _____. A doctor said patients can "(6) _____".

In (7) _____, doctors have found a new way to (8) _____ knee pain. A doctor does operations that lower the (9) _____ to painful areas. This lowers knee pain. (10) _____ her method is better than (11) _____. She said her method could "provide (12) _____".

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2607/260716-knee-surgery-0.html>

Thousandsofpeoplehavekneesurgery.Anewstudysaysthismightbea
wasteofmoney.Somesurgerycanmakekneeproblemsworse.Doctors
spent10yearsstudyingkneeoperations.Theyfoundthatalotofthemdid
notwork.Someoperationsincreasedkneedamage.Adoctorsaidpatien
tscan"havemorepain".Inhappierkneenews,doctorshavefoundanew
waytohelplong-termkneepain.Adoctordoesoperationsthatlowerthef
lowofbloodtopainfulareas.Thislowerskneepain.The doctorsaysherm
ethodisbetterthandrugsandtherapy.Shesaidhermethodcould"provi
deyearsofrelief".

SURGERY

From <https://breakingnewsenglish.com/2607/260716-knee-surgery-0.html>

Write five GOOD questions about surgery in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____

WRITING

From <https://breakingnewsenglish.com/2607/260716-knee-surgery-0.html>

Write about **surgery** for 10 minutes. Read and talk about your partner's paper.

[illegible]