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Level 2 – 16th July 2026

Knee surgery may do more harm than good

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<https://breakingnewsenglish.com/2607/260716-knee-surgery-2.html>

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Please try Levels 0, 1 and 3. They are (a little) harder.

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THE READING

From <https://breakingnewsenglish.com/2607/260716-knee-surgery-2.html>

Thousands of people have knee surgery. A new study from Finland says many of these people might be wasting their money. The surgeons who did the study said some knee surgery can make knee problems worse and not better. The surgeons spent 10 years studying knee operations. They found that surgery on knee cartilage rarely worked. The doctors said many of these operations were unnecessary. They added that some operations increased cartilage damage. One doctor said that patients who have this procedure "have more pain".

In happier knee news, doctors from a university in the USA have found a new way to help long-term knee pain. One doctor has performed simple operations. These involve reducing the flow of blood to painful areas in the knee. Less blood in those areas reduces swelling and pain. The doctor says her method is better than medicine and physical therapy. She also believes people can avoid knee surgery and knee replacements. She said her method could "provide years of relief" by reducing pain inside the knee joint. She said 70 per cent of patients have great results.

Sources: <https://www.sciencedaily.com/releases/2026/06/260622091502.htm>
<https://scitechdaily.com/this-tiny-bead-procedure-is-helping-patients-avoid-knee-replacement/>
<https://www.aol.com/articles/common-knee-surgery-may-more-090018699.html>

PHRASE MATCHING

From <https://breakingnewsenglish.com/2607/260716-knee-surgery-2.html>

PARAGRAPH ONE:

- | | |
|--|-------------------|
| 1. thousands | a. unnecessary |
| 2. A new study from | b. their money |
| 3. people might be wasting | c. problems worse |
| 4. surgery can make knee | d. procedure |
| 5. The surgeons spent 10 years | e. of people |
| 6. many of these operations were | f. damage |
| 7. some operations increased cartilage | g. Finland |
| 8. patients who have this | h. studying |

PARAGRAPH TWO:

- | | |
|--------------------------------------|--------------------------|
| 1. happier knee | a. relief |
| 2. doctors from a | b. have great results |
| 3. reducing the flow of blood | c. university in the USA |
| 4. better than medicine and physical | d. to painful areas |
| 5. people can avoid | e. joint |
| 6. provide years of | f. news |
| 7. reducing pain inside the knee | g. therapy |
| 8. 70 per cent of patients | h. knee surgery |

LISTEN AND FILL IN THE GAPS

From <https://breakingnewsenglish.com/2607/260716-knee-surgery-2.html>

(1) _____ have knee surgery. A new study from Finland says many of these people (2) _____ their money. The surgeons who did the study said some knee surgery can make knee problems (3) _____ better. The surgeons spent 10 years studying knee operations. They found that surgery (4) _____ rarely worked. The doctors said many of these operations were unnecessary. They (5) _____ operations increased cartilage damage. One doctor said that patients who have this procedure "(6) _____".

In (7) _____, doctors from a university in the USA have found a new way to (8) _____ knee pain. One doctor has performed simple operations. These involve reducing the (9) _____ to painful areas in the knee. Less blood in those areas reduces (10) _____. The doctor says her method is better than medicine (11) _____. She also believes people can avoid knee surgery and knee replacements. She said her method could "provide (12) _____" by reducing pain inside the knee joint. She said 70 per cent of patients have great results.

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2607/260716-knee-surgery-2.html>

Thousands of people have knee surgery. A new study from Finland says many of these people might be wasting their money. The surgeons who did the study said some knee surgery can make knee problems worse and not better. The surgeon spent 10 years studying knee operations. They found that surgery on knee cartilage rarely worked. The doctors said many of these operations were unnecessary. They added that some operations increased cartilage damage. One doctor said that patients who have this procedure "have more pain". In happier knee news, doctors from a university in the USA have found a new way to help long-term knee pain. One doctor has performed simple operations. These involve reducing the flow of blood to painful areas in the knee. Less blood in those areas reduces swelling and pain. The doctor says her method is better than medicine and physical therapy. She also believes people can avoid knee surgery and knee replacements. She said her method could "provide years of relief" by reducing pain inside the knee joint. She said 70 percent of patients have great results.

SURGERY SURVEY

From <https://breakingnewsenglish.com/2607/260716-knee-surgery-2.html>

Write five GOOD questions about surgery in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

- a) _____
- b) _____
- c) _____
- d) _____
- e) _____
- f) _____

WRITING

From <https://breakingnewsenglish.com/2607/260716-knee-surgery-2.html>

Write about **surgery** for 10 minutes. Read and talk about your partner's paper.

[illegible]