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Level 6 – 2nd November 2026

Study finds majority of pilots nod off mid-flight

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https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

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Please try Levels 4 and 5 (they are easier).

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THE ARTICLE

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

A new report has raised serious concerns about pilot fatigue. The European Cockpit Association (ECA) conducted a survey of nearly 7,200 pilots across 32 countries. It discovered that exhaustion in the cockpit is a widespread and underreported problem. More than three-quarters of respondents said they had briefly dozed off while operating an aircraft in the month before the survey. Almost a quarter of them admitted they continued flying even when they were too tired. Furthermore, half said they had operated a flight when they should have declared themselves unfit for duty. Tiredness can result from long working hours, insufficient rest, and unpredictable schedules.

The pilots were very frank in their answers to the survey questions. Many said they were reluctant to report fatigue because they feared punishment or other negative reactions from their bosses. Captain Coen George, a director of the ECA, warned: "When pilots fear career consequences, fatigue goes unreported and the risk returns to the cockpit." Aviation safety experts say exhaustion can impair judgement, slow reaction times and prevent pilots from responding effectively to unexpected in-flight situations. The experts urged airlines to foster a culture in which pilots can report tiredness without fear of repercussions. Carriers should ensure that passenger safety is their top priority.

Sources: https://www.**fodors.com**/world/europe/experiences/news/european-pilots-are-accidentally-falling-asleep-in-the-cockpit
https://www.**euronews.com**/2026/10/28/more-than-half-of-pilots-say-they-flew-while-tired-as-trust-in-reporting-systems-remains-l
https://www.**theguardian.com**/business/2026/oct/26/quarter-europe-airline-pilots-fly-too-fatigued-to-work-survey

WARM-UPS

1. FATIGUE: Students walk around the class and talk to other students about fatigue. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

> serious concerns / pilots / fatigue / cockpit / doze off / aircraft / flight / duty / rest / frankness / reluctance / punishment / negative reactions / bosses / judgement

Have a chat about the topics you liked. Change topics and partners frequently.

3. AI: Students A **strongly** believe airplanes should be flown by AI; Students B **strongly** believe the opposite. Change partners again and talk about your conversations.

4. AIR SAFETY: What are the risks associated with these things? How can we make them safer? Complete this table with your partner(s). Change partners often and share what you wrote.

	Risks	Making Them Safer
Pilots		
Weather		
Other passengers		
Airplane engines		
Hijacking		
Air traffic control		

5. PILOT: Spend one minute writing down all of the different words you associate with the word "pilot". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. EXHAUSTING THINGS: Rank these with your partner. Put the most exhausting things at the top. Change partners often and share your rankings.

- Jet lag
- Commuting
- Shopping
- Overthinking
- Studying English
- Small talk
- Parenting
- Housework

VOCABULARY MATCHING

Paragraph 1

1.	concerns	a.	The place in a plane where the pilots sit and control the plane.
2.	fatigue	b.	Not easy to know or guess what will happen.
3.	conducted	c.	Worries about something bad that may happen.
4.	cockpit	d.	Organised and carried out an activity.
5.	respondents	e.	The feeling of being very, very tired.
6.	dozed off	f.	People who answer questions in a survey.
7.	unpredictable	g.	Fell asleep for a short time without planning to.

Paragraph 2

8.	frank	h.	Not wanting to do something.
9.	reluctant	i.	Things that happen because of an action or situation.
10.	consequences	j.	Help something to grow or develop.
11.	aviation	k.	Open and honest when saying what you think.
12.	reaction	l.	The most important thing to do or think about.
13.	foster	m.	The speed at which someone responds to something.
14.	priority	n.	The activity of flying planes and other aircraft.

BEFORE READING / LISTENING

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

1. The World Cockpit Association carried out a study on pilot fatigue. **T / F**
2. A study into pilot fatigue looked at 32,000 pilots in 72 countries. **T / F**
3. Three-quarters of pilots said they had never dozed off while flying. **T / F**
4. Half of the pilots said they flew even though they were too tired to. **T / F**
5. Many pilots are worried about reporting fatigue to their bosses. **T / F**
6. Aviation experts said fatigue leads to poor judgement. **T / F**
7. The experts urged airlines to make it easier for pilots to report fatigue. **T / F**
8. The article said pilot safety should be an airline's top priority. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

1. raised	a. work
2. conducted	b. harm
3. briefly	c. unwilling
4. admitted	d. carried out
5. duty	e. confessed
6. frank	f. encouraged
7. reluctant	g. brought up
8. impair	h. prime concern
9. urged	i. candid
10. priority	j. momentarily

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

1. A new report has raised serious	a. in their answers
2. a widespread and	b. dozed off
3. they had briefly	c. in-flight situations
4. they should have declared themselves	d. rest
5. insufficient	e. concerns about pilot fatigue
6. The pilots were very frank	f. top priority
7. Many said they were reluctant	g. impair judgement
8. exhaustion can	h. underreported problem
9. responding effectively to unexpected	i. to report fatigue
10. passenger safety is their	j. unfit for duty

GAP FILL

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

A new report has (1) _____ serious concerns about pilot fatigue. The European Cockpit Association (ECA) (2) _____ a survey of nearly 7,200 pilots across 32 countries. It discovered that exhaustion in the (3) _____ is a widespread and underreported problem. More than three-quarters of respondents said they had briefly (4) _____ off while operating an aircraft in the month before the survey. Almost a quarter of them (5) _____ they continued flying even when they were too tired. Furthermore, half said they had operated a (6) _____ when they should have declared themselves unfit for (7) _____. Tiredness can result from long working hours, (8) _____ rest, and unpredictable schedules.

dozed

conducted

flight

insufficient

cockpit

admitted

raised

duty

The pilots were very (9) _____ in their answers to the survey questions. Many said they were (10) _____ to report fatigue because they feared punishment or other negative reactions from their (11) _____. Captain Coen George, a director of the ECA, warned: "When pilots fear career consequences, fatigue (12) _____ unreported and the risk returns to the cockpit." Aviation safety experts say exhaustion can (13) _____ judgement, slow reaction times and prevent pilots from responding effectively to (14) _____ in-flight situations. The experts urged airlines to foster a culture in which pilots can report tiredness without (15) _____ of repercussions. Carriers should ensure that passenger safety is their top (16) _____.

bosses

impair

fear

frank

priority

reluctant

goes

unexpected

LISTENING – Guess the answers. Listen to check.

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

1) exhaustion in the cockpit is a widespread _____
   a. end underreported problem
   b. and underreport it problem
   c. and underreported problem
   d. and underreported problems
2) More than three-quarters of respondents said they had _____
   a. briefly dazed off
   b. briefly dozed off
   c. briefly dazzled off
   d. briefly dizzied off
3) Almost a quarter of them admitted they continued flying even when they _____
   a. were two tired
   b. were too tide
   c. were too tried
   d. were too tired
4) they had operated a flight when they should have declared themselves _____
   a. unfit for duly
   b. unfit for duty
   c. unfit from duty
   d. unfit form duty
5) result from long working hours, insufficient rest, _____
   a. and unpredictable schedules
   b. and unpredictable schedule
   c. end unpredictable schedules
   d. and unpredicted schedules
6) reluctant to report fatigue because they feared punishment or _____
   a. other negative reaction
   b. other negatively reactions
   c. another negative reactions
   d. other negative reactions
7) When pilots fear career consequences, _____
   a. fatigues go unreported
   b. fatigue go unreported
   c. fatigues goes unreported
   d. fatigue goes unreported
8) prevent pilots from responding effectively to unexpected _____
   a. end-flight situations
   b. non-flight situations
   c. on-flight situations
   d. in-flight situations
9) foster a culture in which pilots can report tiredness without _____
   a. feared of repercussions
   b. fear of repercussions
   c. afear of repercussions
   d. afraid of repercussions
10) Carriers should ensure that passenger safety is _____
   a. their tops priority
   b. there top priority
   c. their top priority
   d. their atop priority

LISTENING – Listen and fill in the gaps

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

A new report has (1) _____ about pilot fatigue. The European Cockpit Association (ECA) (2) _____ of nearly 7,200 pilots across 32 countries. It discovered that exhaustion in the cockpit is a widespread and underreported problem. More than three-(3)_____ said they had (4) _____ while operating an aircraft in the month before the survey. Almost a quarter of (5) _____ continued flying even when they were too tired. Furthermore, half said they had operated a flight when they should have declared themselves (6) _____. Tiredness can result from long working hours, insufficient rest, and unpredictable schedules.

The pilots were (7) _____ their answers to the survey questions. Many said they were (8) _____ fatigue because they feared punishment or other (9) _____ their bosses. Captain Coen George, a director of the ECA, warned: "When pilots fear career consequences, fatigue goes unreported and the risk returns to the cockpit." (10) _____ say exhaustion can impair judgement, slow reaction times and prevent pilots from responding effectively to unexpected in-flight situations. The experts urged airlines (11) _____ culture in which pilots can report tiredness without fear of repercussions. Carriers should ensure that passenger safety is (12) _____.

COMPREHENSION QUESTIONS

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

1. What is the name of the organization that conducted a survey?

2. How many pilots took part in a study?

3. How many of the pilots admitted to dozing off at the controls?

4. How many pilots said they flew despite being too tired?

5. What can cause fatigue besides long working hours and insufficient rest?

6. What were many pilots hesitant to report?

7. What did many pilots fear?

8. What did safety experts say exhaustion impairs?

9. What can fatigue prevent pilots from responding to?

10. What does the article say should be the top priority of airlines?

MULTIPLE CHOICE - QUIZ

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

1) What is the name of the organization that conducted a survey?
a) European Pilot Association
b) World Pilot Association
c) European Cockpit Association
d) World Cockpit Association

2) How many pilots took part in a study?
a) nearly 7,200
b) exactly 7,200
c) just over 7,200
d) a little fewer than 7,200

3) How many of the pilots admitted to dozing off at the controls?
a) around two thirds
b) more than three quarters
c) four fifths
d) seven eighths

4) How many pilots said they flew despite being too tired?
a) a fifth
b) a third
c) a quarter
d) half

5) What can cause fatigue besides long working hours and insufficient rest?
a) too much exercise
b) bad weather
c) unpredictable situations
d) east-west flights

6) What were many pilots hesitant to report?
a) alcohol consumption
b) fatigue
c) aches and pains
d) poor eyesight

7) What did many pilots fear?
a) hijackings
b) turbulence
c) losing their licence
d) punishment

8) What did safety experts say exhaustion impairs?
a) eyesight
b) judgement
c) landing skills
d) hand-eye coordination

9) What can fatigue prevent pilots from responding to?
a) terror threats
b) unexpected in-flight situations
c) mayday calls
d) medical emergencies

10) What does the article say should be the top priority of airlines?
a) passenger safety
b) pilot safety
c) profit
d) image

ROLE PLAY

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

Role A – Jet Lag

You think jet lag is the most exhausting thing. Tell the others three reasons why. Tell them why their things aren't as exhausting. Also, tell the others which is the least exhausting of these (and why): shopping, overthinking or parenting.

Role B – Shopping

You think shopping is the most exhausting thing. Tell the others three reasons why. Tell them why their things aren't as exhausting. Also, tell the others which is the least exhausting of these (and why): jet lag, overthinking or parenting.

Role C – Overthinking

You think overthinking is the most exhausting thing. Tell the others three reasons why. Tell them why their things aren't as exhausting. Also, tell the others which is the least exhausting of these (and why): shopping, jet lag or parenting.

Role D – Parenting

You think parenting is the most exhausting thing. Tell the others three reasons why. Tell them why their things aren't as exhausting. Also, tell the others which is the least exhausting of these (and why): shopping, overthinking or jet lag.

AFTER READING / LISTENING

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

1. WORD SEARCH: Look online / in your dictionary to find collocates, information on, synonyms for… the words 'pilot' and 'fatigue'.

pilot	**fatigue**

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning…?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

• raised • discovered • briefly • admitted • operated • result	• frank • feared • warned • impair • foster • top

FATIGUE SURVEY

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

Write five GOOD questions about fatigue in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

FATIGUE DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'pilot'?
3. Would you like to be a pilot?
4. What are the good and bad things about being a pilot?
5. What do you think when you see a pilot?
6. How much responsibility does a pilot have?
7. How often are you fatigued?
8. What can airlines do about pilot fatigue?
9. How often do you doze off?
10. What advice do you have for airline companies?

Study finds majority of pilots nod off mid-flight – 2nd November 2026
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FATIGUE DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'fatigue'?
13. What do you think about what you read?
14. What can pilots do to stay alert?
15. What do you do when you are fatigued?
16. What punishment might pilots get for flying while exhausted?
17. Has your judgement ever been impaired by exhaustion?
18. Do you worry about flying?
19. Should airplanes be piloted by AI?
20. What questions would you like to ask a pilot?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

LANGUAGE - CLOZE

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

A new report has raised (1) _____ concerns about pilot fatigue. The European Cockpit Association (ECA) conducted a survey of nearly 7,200 pilots across 32 countries. It discovered (2) _____ exhaustion in the cockpit is a widespread and underreported problem. More than three-quarters of respondents said they had briefly (3) _____ off while operating an aircraft in the month before the survey. Almost a quarter of them (4) _____ they continued flying even when they were too tired. Furthermore, half said they had operated a flight when they should have declared themselves unfit (5) _____ duty. Tiredness can result from long working hours, insufficient (6) _____, and unpredictable schedules.

The pilots were very (7) _____ in their answers to the survey questions. Many said they were reluctant to report fatigue because they (8) _____ punishment or other negative reactions from their bosses. Captain Coen George, a director of the ECA, warned: "When pilots fear career consequences, fatigue (9) _____ unreported and the risk returns to the cockpit." Aviation safety experts say exhaustion can (10) _____ judgement, slow reaction times and prevent pilots from responding effectively to unexpected (11) _____-flight situations. The experts urged airlines to foster a culture in which pilots can report tiredness without fear (12) _____ repercussions. Carriers should ensure that passenger safety is their top priority.

Put the correct words from the table below in the above article.

1.	(a)	seriously	(b)	serial	(c)	series	(d)	serious
2.	(a)	so	(b)	for	(c)	what	(d)	that
3.	(a)	dizzied	(b)	dozed	(c)	dazed	(d)	dazzled
4.	(a)	admit	(b)	admission	(c)	admitted	(d)	admissions
5.	(a)	to	(b)	at	(c)	for	(d)	by
6.	(a)	rest	(b)	remainder	(c)	surplus	(d)	stand
7.	(a)	black	(b)	frank	(c)	frack	(d)	blank
8.	(a)	feared	(b)	scared	(c)	frightened	(d)	afraid
9.	(a)	comes	(b)	goes	(c)	flies	(d)	takes
10.	(a)	repair	(b)	despair	(c)	impair	(d)	prepare
11.	(a)	by	(b)	up	(c)	in	(d)	at
12.	(a)	by	(b)	in	(c)	at	(d)	of

SPELLING

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

Paragraph 1

1. in the ccpkito

2. three-quarters of sednrntpeos

3. they had readoetp a flight

4. cadldere themselves unfit for duty

5. nuceitsiffni rest

6. lbectuienpdra schedules

Paragraph 2

7. they were eltrucatn to

8. pilots fear career ocnsseueeqnc

9. iaivtaon safety experts

10. exsntoiahu can impair judgement

11. without fear of srrpeineussco

12. passenger safety is their top ytiorpri

PUT THE TEXT BACK TOGETHER

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

Number these lines in the correct order.

(***1***) A new report has raised serious concerns about pilot fatigue. The European Cockpit Association (ECA) conducted a

( ) and underreported problem. More than three-quarters of respondents said they had briefly dozed

( ) bosses. Captain Coen George, a director of the ECA, warned: "When pilots fear career

( ) consequences, fatigue goes unreported and the risk returns to the cockpit." Aviation safety

( ) effectively to unexpected in-flight situations. The experts urged airlines to foster a culture in which pilots can

( ) experts say exhaustion can impair judgement, slow reaction times and prevent pilots from responding

( ) of them admitted they continued flying even when they were too tired. Furthermore, half said they had

( ) off while operating an aircraft in the month before the survey. Almost a quarter

( ) operated a flight when they should have declared themselves unfit for duty. Tiredness can result from long

( ) reluctant to report fatigue because they feared punishment or other negative reactions from their

( ) report tiredness without fear of repercussions. Carriers should ensure that passenger safety is their top priority.

( ) survey of nearly 7,200 pilots across 32 countries. It discovered that exhaustion in the cockpit is a widespread

( ) The pilots were very frank in their answers to the survey questions. Many said they were

( ) working hours, insufficient rest, and unpredictable schedules.

PUT THE WORDS IN THE RIGHT ORDER

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

1. a cockpit Exhaustion in is problem widespread the .

2. aircraft an briefly dozed off operating They while .

3. continued even fatigued flying they They were when .

4. a flight had Half operated said they .

5. can from hours long result Tiredness working .

6. answers frank in pilots The their very were .

7. fatigue Many reluctant report said they to were .

8. Aviation can experts exhaustion impair judgement safety say .

9. A can culture in pilots report tiredness which .

10. Ensure is passenger priority safety that their top .

CIRCLE THE CORRECT WORD (20 PAIRS)

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

A new report has *arisen / raised* serious concerns about pilot fatigue. The European Cockpit Association (ECA) conducted a *survey / scurvy* of nearly 7,200 pilots across 32 countries. It discovered *what / that* exhaustion in the cockpit is a *widespread / widescreen* and underreported problem. More than three-quarters of respondents said they had briefly *dazed / dozed* off while operating an aircraft *on / in* the month before the survey. Almost a quarter of them admitted they continued flying *eventually / even* when they were too tired. Furthermore, *half / halve* said they had operated a flight when they should have declared themselves unfit for *duty / duly*. Tiredness can result from long working hours, insufficient rest, and *predictable / unpredictable* schedules.

The pilots were very *blank / frank* in their answers to the survey questions. Many said they were *reluctant / reluctance* to report fatigue because they feared punishment or other *negative / negatively* reactions from their bosses. Captain Coen George, a director of the ECA, warned: "When pilots *fear / fearing* career consequences, fatigue goes unreported and the *risky / risk* returns to the cockpit." Aviation *safety / safe* experts say exhaustion can impair judgement, slow reaction times and prevent pilots *from / for* responding effectively to unexpected in-flight *situation / situations*. The experts urged airlines to foster a culture *in / to* which pilots can report tiredness without fear of repercussions. Carriers should ensure that passenger safety is their *atop / top* priority.

Talk about the connection between each pair of words in italics, and why the correct word is correct. Look up the definition of new words.

INSERT THE VOWELS (a, e, i, o, u)

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

_ n_w r_p_rt h_s r__s_d s_r___s c_nc_rns _b__t p_l_t f_t_g__. Th_ __r_p__n C_ckp_t _ss_c__t__n (_C_) c_nd_ct_d _ s_rv_y _f n__rly 7,200 p_l_ts _cr_ss 32 c__ntr__s. _t d_sc_v_r_d th_t _xh__st__n _n th_ c_ckp_t _s _ w_d_spr__d _nd _nd_rr_p_rt_d pr_bl_m. M_r_ th_n thr__-q__rt_rs _f r_sp_nd_nts s__d th_y h_d br__fly d_z_d _ff wh_l_ _p_r_t_ng _n __rcr_ft _n th_ m_nth b_f_r_ th_ s_rv_y. _lm_st _ q__rt_r _f th_m _dm_tt_d th_y c_nt_n__d fly_ng _v_n wh_n th_y w_r_ t__ t_r_d. F_rth_rm_r_, h_lf s__d th_y h_d _p_r_t_d _ fl_ght wh_n th_y sh__ld h_v_ d_cl_r_d th_ms_lv_s _nf_t f_r d_ty. T_r_dn_ss c_n r_s_lt fr_m l_ng w_rk_ng h__rs, _ns_ff_c__nt r_st, _nd _npr_d_ct_bl_ sch_d_l_s.

Th_ p_l_ts w_r_ v_ry fr_nk _n th__r _nsw_rs t_ th_ s_rv_y q__st__ns. M_ny s__d th_y w_r_ r_l_ct_nt t_ r_p_rt f_t_g__ b_c__s_ th_y f__r_d p_n_shm_nt _r _th_r n_g_t_v_ r__ct__ns fr_m th__r b_ss_s. C_pt__n C__n G__rg_, _ d_r_ct_r _f th_ _C_, w_rn_d: "Wh_n p_l_ts f__r c_r__r c_ns_q__nc_s, f_t_g__ g__s _nr_p_rt_d _nd th_ r_sk r_t_rns t_ th_ c_ckp_t." _v__t__n s_f_ty _xp_rts s_y _xh__st__n c_n _mp__r j_dg_m_nt, sl_w r__ct__n t_m_s _nd pr_v_nt p_l_ts fr_m r_sp_nd_ng _ff_ct_v_ly t_ _n_xp_ct_d _n-fl_ght s_t__t__ns. Th_ _xp_rts _rg_d __rl_n_s t_ f_st_r _ c_lt_r_ _n wh_ch p_l_ts c_n r_p_rt t_r_dn_ss w_th__t f__r _f r_p_rc_ss__ns. C_rr__rs sh__ld _ns_r_ th_t p_ss_ng_r s_f_ty _s th__r t_p pr__r_ty.

PUNCTUATE THE TEXT AND ADD CAPITALS

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

a new report has raised serious concerns about pilot fatigue the european cockpit association eca conducted a survey of nearly 7200 pilots across 32 countries it discovered that exhaustion in the cockpit is a widespread and underreported problem more than threequarters of respondents said they had briefly dozed off while operating an aircraft in the month before the survey almost a quarter of them admitted they continued flying even when they were too tired furthermore half said they had operated a flight when they should have declared themselves unfit for duty tiredness can result from long working hours insufficient rest and unpredictable schedules

the pilots were very frank in their answers to the survey questions many said they were reluctant to report fatigue because they feared punishment or other negative reactions from their bosses captain coen george a director of the eca warned when pilots fear career consequences fatigue goes unreported and the risk returns to the cockpit aviation safety experts say exhaustion can impair judgement slow reaction times and prevent pilots from responding effectively to unexpected inflight situations the experts urged airlines to foster a culture in which pilots can report tiredness without fear of repercussions carriers should ensure that passenger safety is their top priority

PUT A SLASH (/) WHERE THE SPACES ARE

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

Anewreporthasraisedseriousconcernsaboutpilotfatigue.TheEuropeanCockpitAssociation(ECA)conductedasurveyofnearly7,200pilotsacross32countries.Itdiscoveredthatexhaustioninthecockpitisawidespreadandunderreportedproblem.Morethanthree-quartersofrespondentssaidtheyhadbrieflydozedoffwhileoperatinganaircraftinthemonthbeforethesurvey.Almostaquarterofthemadmittedtheycontinuedflyingevenwhentheyweretootired.Furthermore,halfsaidtheyhadoperatedaflightwhentheyshouldhavedeclaredthemselvesunfitforduty.Tirednesscanresultfromlongworkinghours,insufficientrest,andunpredictableschedules.Thepilotswereveryfrankintheiranswerstothesurveyquestions.Manysaidtheywerereluctanttoreportfatiguebecausetheyfearedpunishmentorothernegativereactionsfromtheirbosses.CaptainCoenGeorge,adirectoroftheECA,warned:"Whenpilotsfearcareerconsequences,fatiguegoesunreportedandtheriskreturnstothecockpit."Aviationsafetyexpertssayexhaustioncanimpairjudgement,slowreactiontimesandpreventpilotsfromrespondingeffectivelytounexpectedin-flightsituations.Theexpertsurgedairlinestofosteracultureinwhichpilotscanreporttirednesswithoutfearofrepercussions.Carriersshouldensurethatpassengersafetyistheirtoppriority.

FREE WRITING

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

Write about **fatigue** for 10 minutes. Comment on your partner's paper.

ACADEMIC WRITING

From https://breakingnewsenglish.com/2611/261102-pilot-fatigue.html

All pilots, train drivers, bus drivers, etc. should be tested for tiredness. Discuss.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. FATIGUE: Make a poster about fatigue. Show your work to your classmates in the next lesson. Did you all have similar things?

4. TIREDNESS TESTS: Write a magazine article about all companies being required to give their staff tiredness tests. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on fatigue. Ask him/her three questions about it. Give him/her three of your ideas on how to stay alert when you are tired. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1.	c	2.	e	3.	d	4.	a	5.	f	6.	g	7.	b
8.	k	9.	h	10.	i	11.	n	12.	m	13.	j	14.	l

TRUE / FALSE (p.5)

1	F	2	F	3	F	4	T	5	T	6	T	7	T	8	F

SYNONYM MATCH (p.5)

1. g	2. d	3. j	4. e	5. a
6. i	7. c	8. b	9. f	10. h

COMPREHENSION QUESTIONS (p.9)

1. European Cockpit Association
2. Nearly 7,200
3. More than three quarters
4. Half
5. Unpredictable schedules
6. Fatigue
7. Punishment
8. Judgement
9. Unexpected in-flight situations
10. Passenger safety

WORDS IN THE RIGHT ORDER (p.19)

1. Exhaustion in the cockpit is a widespread problem.
2. They briefly dozed off while operating an aircraft.
3. They continued flying even when they were fatigued.
4. Half said they had operated a flight.
5. Tiredness can result from long working hours.
6. The pilots were very frank in their answers.
7. Many said they were reluctant to report fatigue.
8. Aviation safety experts say exhaustion can impair judgement.
9. A culture in which pilots can report tiredness.
10. Ensure that passenger safety is their top priority.

MULTIPLE CHOICE - QUIZ (p.10)

1.	c	2.	a	3.	b	4.	d	5.	c	6.	b	7.	d	8.	b	9.	b	10.	a

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)