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Level 1 – 26th November 2026

Governments asking people to prep for emergencies

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https://breakingnewsenglish.com/2611/261126-prepping-1.html

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Please try Levels 0, 2 and 3. They are (a little) harder.

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THE READING

From https://breakingnewsenglish.com/2611/261126-prepping-1.html

European countries want people to prepare for emergencies. They asked people to buy food and water to survive for 72 hours. The UK's message is called "Be Ready". Its advice is to store water, food, a wind-up radio, and sleeping bags. The advice is working. Sales of bottled water in the UK went up by 67 per cent. Sales of canned food increased by 37 per cent. A London shop owner said he was selling a lot of torches and camping cookers.

Governments are worried events like extreme weather and cyberattacks could stop people from getting things they need. Online attacks affect supermarkets, electricity, and other important services. Recently, there were cyberattacks on supermarkets. Stores had to throw away a lot of frozen food. Hackers could bring down the internet and ATMs. The UK said people should take "simple steps" to be ready and to stay safe.

Sources: https://www.**gov.uk**/government/news/households-encouraged-to-take-small-simple-steps-to-stay-prepared-in-an-emergency
https://www.**cbsnews.com**/news/prepping-comes-to-europe-government-advice-stockpile-food-water/
https://www.**theguardian.com**/world/2026/nov/20/rush-stockpile-emergency-supplies-sends-british-retail-sales-soaring

PHRASE MATCHING

From https://breakingnewsenglish.com/2611/261126-prepping-1.html

PARAGRAPH ONE:

1. buy food and water to survive	a. up radio
2. Its advice is	b. of bottled water
3. a wind-	c. for 72 hours
4. sleeping	d. cookers
5. sales	e. bags
6. canned	f. lot of torches
7. he was selling a	g. to store water
8. camping	h. food

PARAGRAPH TWO:

1. events like extreme	a. need
2. cyberattacks could	b. away a lot
3. getting things they	c. weather
4. online attacks affect	d. food
5. there were cyberattacks	e. supermarkets
6. Stores had to throw	f. stop people
7. frozen	g. steps
8. people should take simple	h. on supermarkets

LISTEN AND FILL IN THE GAPS

From https://breakingnewsenglish.com/2611/261126-prepping-1.html

European countries want people (1) _____ emergencies. They asked people to buy food and water (2) _____ 72 hours. The UK's message is called "Be Ready". Its (3) _____ store water, food, a wind-up radio, (4) _____. The advice is working. Sales of bottled water in the UK went up by 67 per cent. Sales (5) _____ increased by 37 per cent. A London shop owner said he was selling (6) _____ torches and camping cookers.

Governments are (7) _____ extreme weather and cyberattacks could stop people (8) _____ they need. Online attacks affect supermarkets, electricity, and (9) _____. Recently, there were cyberattacks on supermarkets. Stores had (10) _____ a lot of frozen food. Hackers could (11) _____ internet and ATMs. The UK said people should take "simple steps" (12) _____ and to stay safe.

PUT A SLASH (/)WHERE THE SPACES ARE

From https://breakingnewsenglish.com/2611/261126-prepping-1.html

Europeancountrieswantpeopletoprepareforemergencies.Theyaske
dpeopletobuyfoodandwatertosurvivefor72hours.TheUK'smessagei
scalled"BeReady".Itsadviceistostorewater,food,awind-upradio,an
dsleepingbags.Theadviceisworking.SalesofbottledwaterintheUKwe
ntupby67percent.Salesofcannedfoodincreasedby37percent.ALond
onshopownersaidhewassellingalotoftorchesandcampingcookers.Go
vernmentsareworriedeventslikeextremeweatherandcyberattacksco
uldstoppeoplefromgettingthingstheyneed.Onlineattacksaffectsuper
markets,electricity,andotherimportantservices.Recently,therewere
cyberattacksonsupermarkets.Storeshadtothrowawayalotoffrozenfo
od.HackerscouldbringdowntheinternetandATMs.TheUKsaidpeoples
houldtake"simplesteps"tobereadyandtostaysafe.

PREPPING SURVEY

From https://breakingnewsenglish.com/2611/261126-prepping-4.html

Write five GOOD questions about prepping in the table. Do this in pairs. Each student must write the questions on his / her own paper.
When you have finished, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student A: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

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WRITE QUESTIONS & ASK YOUR PARTNER(S)

Student B: Do not show these to your speaking partner(s).

a) _____

b) _____

c) _____

d) _____

e) _____

f) _____

WRITING

From https://breakingnewsenglish.com/2611/261126-prepping-1.html

Write about **prepping** for 10 minutes. Read and talk about your partner's paper.